

# St. Paul's Parish Messenger.

"BEHOLD, I HAVE SET BEFORE THEE AN OPEN DOOR."

## Calling

It has been more than a year since we accepted Vibrant Faith Initiative's ([vibrantfaith.org](http://vibrantfaith.org)) invitation to create a culture of calling at St. Paul's. Since then, we have made calling a major focus and offered various programs, activities and reflections like the "Everyday Callings" column you find each month in the Messenger. Personally, the emphasis on calling has helped me to see and hear callings all around me. Bible stories, peoples' stories, NPR features, news segments, billboards, advertisements, movies, everywhere I turn there is calling!

Episcopal Youth Music Camp (EYMC) performs a musical each summer. This year it was *The Greatest Showman*, the story of P.T. Barnum. P.T. Barnum was the son of a poor tailor who fell in love with and eventually married Charity, a rich girl from the other side of town. He always wanted to be rich and famous and to have his name in lights. He was very successful, founding "Barnum's Circus," with a collection of talented misfits who became family to each other.

In an attempt to increase his fame and fortune and to appeal to the upper class, Barnum lost his way. He went on the road to manage the career of famed Swedish singer Jenny Lind. The movie features a heart-wrenching scene where Barnum and Lind's carriage pulls away for their national tour as Barnum's daughters chase from behind. Eventually, he comes to his senses.

In a scene that features the song "From Now On" Barnum sings: "for years and years I chased their cheers, the crazy speed of always needing more. But when I stop and see you here, I remember who all this was for." He promises to live differently "from now on." He was called to change.

*The Greatest Showman* is the story of P.T. Barnum discerning his calling. Was he born to be rich and famous and to have his name in lights or to be Charity's husband and Caroline's and Helen's father? What is it that brings true joy? What is life all about?

It is possible to work for something your whole life and then achieve it only to discover that it does not bring the satisfaction you thought it would. And if this "success" comes at the expense of relationships, that is a hefty price to pay.

We will continue our focus on "Called to the Way of Love" this new school year. We are excited to welcome our coach from Vibrant Faith, Rev. Melissa Cooper, to St. Paul's September 19-22 for a site visit and more insights on calling. Keep your eyes, ears and heart open. Calling is happening all around, and perhaps even within, you.



Peace,  
Bill Van Oss, Rector

## EVENING BIBLE STUDY



Our evening Bible study group is now discussing Genesis, re-visiting the origin stories that ground Christianity and the other monotheistic faiths. We have been discussing Abraham and Sarah’s experiences, along with Isaac and his family’s adventures so far, and will continue with the Jacob stories as we go forward.

Dates for our upcoming meetings are **September 10, October 22, November 12 and December 10**. We meet 6:30-8:00—you are welcome to join us! Please call the office to learn about the sessions, or email Reverend Barb about it ([belliott@d.umn.edu](mailto:belliott@d.umn.edu)).

God’s blessings... --Barbara Elliott

## OPUS II

**OPUS II** welcomes all. We meet for an hour or so, and lunch following.

**SEPTEMBER:** Thursday, September 26 11:00 am, in the Parish Hall. **LOCAL AUTHOR: Mark Munger** will visit us to discuss his writing, his books and will introduce his latest book. Mark has served as Sixth Judicial Judge for about 40 years and remains extremely busy in his retirement. Come join us, Mark will also have books available for sale. My favorites are “Suomalaiset” and “Laman’s River”

**OCTOBER:** Thursday, October 31, 11:00 am, in the Parish Hall. **MUSIC FEEDS OUR SOULS**, Dr. Tom Hamilton will join us and give us a background on how and why our worship music is chosen. He will also talk about gospel music, some of its history, and we will be singing some of our old favorites.

—Respectfully Submitted by Rev. Alice Olson

# Safe Church

To ensure a safe, healthy, and life-affirming environment for all, a newly-revised Safe Church training is now required for everyone who volunteers with children, youth or vulnerable adults at St. Paul’s Episcopal Church, and everyone who has access to the building/property (keys, swipe card or code access).



The training will last approximately TWO hours; it will take place in the Parish Hall. The next training session will be Sunday, September 15, 11:15 am

Please register through our website ([www.stpaulsduluth.org](http://www.stpaulsduluth.org)) or by calling Rita in the parish office (218-724-3535). Thank you for your cooperation!

## St. Paul’s Episcopal Church Staff Directory Phone: 218-724-3535

### Clergy

The Rev. William Van Oss, Rector  
The Rev. Dr. Barbara Elliott, Assisting Priest  
The Rev. Margaret W. Thomas, Priest Emerita

[billvanoss@stpaulsduluth.org](mailto:billvanoss@stpaulsduluth.org)  
[belliott@d.umn.edu](mailto:belliott@d.umn.edu)  
[tmsnelmw@cpinternet.com](mailto:tmsnelmw@cpinternet.com)

### Parish Staff

Dr. Tom Hamilton, Director of Music  
Kathy Jurasek, Sexton  
Rita Rosenberger Parish Secretary  
Natalie Smith, Parish Treasurer  
Sue Van Oss, Director of Christian Formation

[tomhamilton@stpaulsduluth.org](mailto:tomhamilton@stpaulsduluth.org)  
[office@stpaulsduluth.org](mailto:office@stpaulsduluth.org)  
[natalie@stpaulsduluth.org](mailto:natalie@stpaulsduluth.org)  
[suevanoss@stpaulsduluth.org](mailto:suevanoss@stpaulsduluth.org)

## OUTDOOR MINISTRY

On June 14-16 St. Pauls brought a small group of kids to the Superior National Forest for some backwoods canoeing, portaging, and camping. It was a long first day, as campsites were not available, so there was more traveling to do. We finally found a campsite on the third lake (two portages later), thanks to the sharp eyes of Grace B.

We had good weather, and good company. There were a lot of good conversations to be had thanks to the firewood provided by the campers and Ben's amazing wood-splitting skills. There was a great hammock village and our high schoolers, tired from a long year of school, took full advantage by chilling out in them, big time. Sydney H, Ben A, and Hannah G even slept in their hammocks when it was in the 40's! There was plenty of canoe and kayak exploration too by Jamie J and Grace B. Rumor has it Jamie almost caught a fish...

Hannah G summed up our trip well by saying this: " I found interesting about this trip is that the Timber-Frear loop has many different lakes that connect to it but to get to each lake you need to portage. What surprised me the most is that in the beginning the portages were really easy, but then on the last day the last two portages were the longest. The best part of this trip was not being on my phone at all: it felt so good just to get off of my phone for a while and to spend time outside with friends. Another one would have to be sitting in my hammock most of the time and just looking out over the water and watching the sunset

and sunrise everyday that we were there. The wilderness helped me center myself because I really don't like being inside for long periods of time and for me to go outside it is like a breath of fresh air and it helps me center myself by being in nature"

It is good to take time out and reflect in nature and to take in the stark landscapes devoid of human creations. When we do that, when we simplify our existence to travel, food, sleep, and community, we find a unique piece of the Divine.

We are planning another trip next year, and everyone is on board. Thanks again to adult leaders Jason Butcher, Nancy Diener, and Leslie Brunfelt. All the adults thank all the teen participants who made the trip a fun and fulfilling experience!

*Respectfully submitted by Brad Brunfelt*




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## UPDATE FROM CHUM

### Most Wanted Item for CHUM Food Shelf

Beginning in September, we will once again join other Duluth communities of faith in the collection of a "most wanted item" for CHUM. These collections help to ensure that the Food Shelf remains well-stocked with a variety of nutritious foods! Each month, St. Paul's will collect a different soup. September's soup is **Minestrone**. You can bring your donation to Sunday or Wednesday services or drop it by the parish office. If you have any questions, please contact Jane Jarnis.

### CHUM Outreach Benefit Dinner and Auction, Thursday, October 17

You are invited to join Jane and Jack Jarnis who are hosting a table at the CHUM Outreach Benefit Dinner at the Greysolon Ballroom, on Thursday, October 17. At last year's event, \$41,000 was raised to help support the fine work of CHUM's Street Outreach Program. This program helps those in our Duluth community who are ex-

periencing homelessness. CHUM's social worker provides the necessary support to help folks move from homelessness to housed. Please let either Jane or Jack know if you are able to join us.

### Thank You for Helping to Make the CHUM School Backpack Drive a Success

This year, CHUM is giving away approximately 1600 backpacks to children in our community! St. Paul's joined other communities of faith in raising enough funds to purchase 1100 of those backpacks. Well done!

*Respectfully Submitted by Jane Jarnis*



## CHRISTIAN FORMATION NEWS

**2019-2020 Faith Formation:** Please go online to [www.stpaulsduluth.org](http://www.stpaulsduluth.org) and fill out this year's family faith plan so we can design small groups and match faith guides for our formation programs this year. Every household needs to complete a form, please!

### September Schedule at a glance:

**Sunday, September 8-** Rally Day-8 and 10 am services- Backpack blessing, KidsWord at 10 am, free lunch on the lawn, music, inflatables, games and ministry fair

**Wednesday, September 11** First Church Night: 5:30 pm service, 6:00 pm dinner 6:30 pm Formation for preschool through Confirmation and adults, Confirmation meeting for parents and teens, choirs

**Sunday, September 15** KidsWord, Safe Church training

**Wednesday, September 18** GIFT (Growing In Faith Together) Night for all ages "Called to Love with Harry Potter"

**Thursday, September 19-** Adult Night "Called to Love with Harry Potter"

**Friday, September 20 Saturday, September 21-** "Called to Love with Harry Potter" Youth Overnight

**Sunday, September 22** KidsWord and Bible Presentation Milestone

**Wednesday, September 25** Formation for preschool-Confirmation and Adults

**Sunday, September 29** KidsWord, Youth Leadership Team meeting

**Sunday, September 8 is Rally Day!** It's a homecoming of sorts, as we celebrate the start of a new academic year of faith formation and welcome back those who have been away during the summer. Join in the spirit-filled festivities at the 10 am service, picnic lunch, ministry fair, games and time to reconnect with friends, old and new! **Kids Word** will also resume on September 8.

**Wednesday, September 11** is our first **Wednesday Church Night** of the year! Formation for elementary, teens and adults will be held! It is also an important mandatory orientation meeting for parents and teens in 8<sup>th</sup> and 9<sup>th</sup> grade who will begin their **Confirmation** journey so one parent needs to attend with their child.

**New Safe Church Training on September 15 from 11:15 am-1 pm.** Want to learn the safety plans at church? Protect children from abuse both physical and online? Learn how we can ensure the safety of those with disabilities and special needs? Be more inclusive of LGBTQ+ persons? The new Safe Church Training is for everyone; and especially those who are faith guides, parents and grandparents. Please rsvp online or at the church office as lunch is provided and we need an accurate count.

**GIFT:** stands for Growing In Faith Together and provides all ages, individuals, couples and families, a way to explore God's love for them by sharing the gift of each other and the gift of faith. A different topic will be presented each month with fun activity stations set up in the hall for all ages! GIFT is on September 18 this month and will be Called to Love with Harry Potter! Our sequel to our popular event last year will explore how the 7 Way of Love Practices are revealed in the Harry Potter books/movies! Come for great fun and activities! Dress in your favorite Harry Potter character (the non-evil ones only, please).

**Called to Love with Harry Potter Adults Only Night Thursday, September 19** from 6:30pm-8pm. Come with an empty stomach as you indulge in the best appetizers, treats and butterbeer Hogwarts has to offer! Then enjoy the company of your fellow adult housemates as you explore how Harry Potter calls us to love in our world today. Melissa Cooper, a Harry Potter fan extraordinaire, will be joining us to share her Harry Potter calling reflections.

**Called to Love with Harry Potter Youth Overnight:** Friday, September 20, 5 pm through Saturday, September 21, 3 pm. What great fun we had last year and that was only the beginning as we play quidditch, compete in the Triwizard tournament, defeat dementors, create potions, eat chocolate frogs and more! Grades 6-12 are invited to attend Hogwarts for a night! Your invitation will be coming in by owl soon; so mark your calendars now!

**Refreshed Website:** August will also usher in our annual refreshed website and social media presence that provides 24/7 faith at your fingertips! Check it out [www.stpaulsduluth.org](http://www.stpaulsduluth.org), and subscribe/like our social media outlets!





## Opportunities for Families to celebrate the 150<sup>th</sup> Anniversary of St. Paul's:

**Wednesday, October 23: GIFT Night** will focus on our 150<sup>th</sup> with fun games/activities

**Friday, October 25: Gala Dinner** at Greysolon Plaza, tickets required online or in the office

**Saturday, October 26:**

**9 am History Walk:** grab the family and walk from the present St. Paul's to St. Luke's Hospital which we founded; if you are adventurous, continue your walk to the original site of St. Paul's downtown, or head back for a light breakfast and optional tours

**2-4 pm Children's Activities of 150 years ago:**

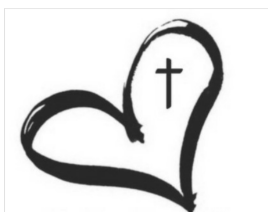
enjoy playing games that families would have played in 1869 and receive a game to take home

with you. Also, an elegant afternoon tea is being held in the parish hall; reservations required online or in the office.

**Sunday, October 27: Festive 10 am service** includes some hymns and prayers of 150 years ago, and a reception following in the Parish Hall.

*Blessings,*

*Sue Van Oss, Director of Christian Formation*



Called to the  
Way of Love

## Rally Day is a week away! Sunday, Sept. 8

Join in the fun as we kick off another programming year of faith activities on September 8!

- a festive 10 am service that includes a backpack blessing— if you are a student or educator— bring your backpack/briefcase and receive a blessing and symbolic gift (*don't worry if you forget your bag; everyone will still get a gift*)
- Lunch will be provided on the lawn— Sandwich wraps (turkey, ham, veggie or PB & J), salad, sides and beverages
- Fun games and activities
- A ministry fair that showcases the ways you can connect and serve; receive a special 150th Anniversary Cloth Tote Bag for visiting the booths!



## This weekend is Lake Superior Pride Festival!

**Bayfront Pride Festival** from 11 am-7 pm on Saturday, August 31, in Bayfront Park. There will be a booth sponsored by people of faith, and St. Paul's

will be represented. To volunteer, contact Susan M. Anderson.

**Parade at Noon on Sunday, September 1**, at Broadway and Banks (Turn right about five blocks over the high bridge on Broadway and Banks is straight ahead a few blocks. Park along the streets). Line up at 11:30 am. March at noon with vestments, church banners, etc. People of Faith together!

# Finding Faith in Harry Potter 2. 0

Save the Dates:

Sept. 18 BIFT Night (all ages) 6: 30- 7: 30pm

Sept. 19 Adults only night 6: 30- 8: 00 pm

Sept. 20- 21 Youth Overnight

Hogwarts (St. Paul's Duluth)

Step onto platform 9 3/4 for your transportation to Hogwarts where after being sorted, you will play quidditch, eat frogs (chocolate ones), select your wand to use, fight dementors, cast your own patronus, conquer evil and learn the many faith connections there are in the Harry Potter series!

Mark your calendars now! Each event will be different! If you love Harry Potter and would like to help plan any of the events please let Sue know.



HOGWARTS  
WILL ALWAYS BE THERE TO WELCOME YOU HOME

# Milestones for all Ages

**Allow God to enter into the special moments in life's journey!**

Birth, adoption, entering school, riding a bike, losing a tooth, getting braces on or off, a new pet, death of a pet, a new sibling, new sport, new job, graduation, wedding, anniversary, new or ending relationship, care giving of parents, serving in military, empty nest, and retirement are all special times that we can name, bless and gift with God's presence. Milestone kits for these occasions are available in the parish hall for you to pick whenever you reach another milestone. Celebrate it in your home with a simple, quick prayer, blessing and symbolic gift!

## **Milestone Celebrations @ church:**

**Come celebrate these milestones at the 10am services**

**ALL STUDENTS AND  
EDUCATORS ARE INVITED TO  
BRING THEIR  
BACKPACK/BRIEFCASE TO BE  
BLESSED AND RECEIVE A  
SYMBOLIC GIFT**

**BACKPACK  
BLESSING  
SEPT. 8**



**BIBLE  
PRESENTATION  
SEPT. 22**



**CHILDREN WHO HAVE NOT  
YET RECEIVED A BIBLE WILL  
BE GIFTED ONE AND 3RD/4TH  
GRADERS WILL RECEIVE A  
NEW BIBLE**

**BRING YOUR PET, LEASHED OR  
IN A CRATE TO SIT WITH YOU  
AND BE BLESSED  
(PHOTOS/STUFFED ANIMALS  
TOO) DURING OUR 10AM  
BLESSING OF THE ANIMALS  
SERVICE**

**BLESSING  
OF THE  
ANIMALS  
OCT. 6**



## UPDATE FROM YOUR VESTRY

The Vestry met Tuesday, August 21, 2019 after the break for July. The Financial reports for June and July were reviewed and approved. There were two resolutions passed by the Vestry, the first funding the budget shortfall for 2018 in the amount of \$43,852.97. This amount was in addition to the recommended funding from our investment reserves of 5% which was taken in the calendar year 2018. The second resolution was passed authorizing a 5% draw from the reserve in the amount of \$43,338.97, plus \$15,107.00, the remaining funds from the sale of "The House Next Door", for the general operating costs for 2019.

Other items covered in the meeting was a review provided by Sue Van Oss on the new Safe Church Training material, Christian Formation and the St. Paul internet presence work she has done with the website, Facebook and others. Mary Helf provided insight into the status of our current Financial and Membership software and future upgrade needs. Other items discussed were building repairs, the 150th Anniversary Celebration and Rally Day.

Bill Van Oss provided a report on Clergy activities.

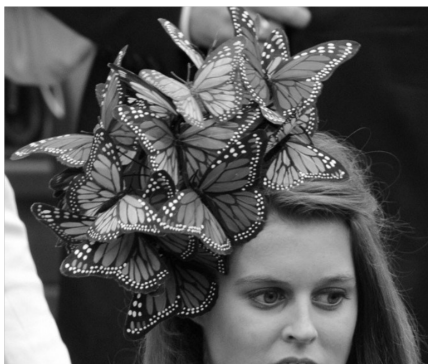
The September meeting will be held Tuesday September 17th.

Mark Brown, Senior Warden

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## WOMEN'S NIGHT: DIY FASCINATOR PARTY

When it comes to wearing fabulous hats, why should British royals be the only ones having all the fun?



In England, the hat tradition dates back centuries, particularly for women in church or at a special occasion. Among the royal family, it's a tradition that Queen Elizabeth has kept alive and well. For the rest of the population, an over-the-top hat these days has more to do with making a fashion statement than looking proper or ladylike.

With all the hoopla of St. Paul's 150<sup>th</sup> Anniversary celebration coming up in October, wouldn't it be fun to have a fancy hat or fascinator to wear to the festivities?! Come enjoy a craft night with your church friends and make one yourself! All the craft supplies will be provided, but feel free to bring special items you want to include. You can also bring your favorite beverage and/or a snack to share.

Join us Tuesday, September 24, 6:30 pm in the Parish Hall. There is no charge for this event. Even if you don't feel like crafting, you can still join us to socialize and have a fun evening!

*Submitted by Rita Rosenberger and Sue Van Oss*



Deadline for submissions to the next issue of *The Messenger* is 8:00 am, September 25, 2019. Please email items to: [office@stpaulsduluth.org](mailto:office@stpaulsduluth.org)

## Welcome Rev. Melissa Cooper



Early in 2018, St. Paul's was one of 24 congregations from throughout the country chosen to participate in a new initiative from Vibrant Faith ([vibrantfaith.org](http://vibrantfaith.org)). Vibrant Faith is an ecumenical faith formation organization.

The initiative is called ***Creating a Culture of Calling***. We have received a three-year grant "to promote a congregational culture of calling that helps Christians of all ages discover their callings throughout life and equips them to live their vocation in the church community, at home and in the world."

Diane Kolquist and Bill & Sue Van Oss have participated in two convocations. Together with Leslie Brunfelt, Patrick Eidsmo, and Glenn Maloney we are working to embed calling into our various activities and ministries. There is no cost to the parish, and we are receiving invaluable training, contacts and resources.

We are pleased to welcome our coach from Vibrant Faith, Rev. Melissa Cooper. Melissa has been working with us on "Creating a Culture of Calling." She is from Orlando, Florida and will visit with us September 19-21. We will have a special event on Saturday evening and Melissa will preach on September 22. Please give her a warm St. Paul's welcome.

## A PLACE TO HEAL

What if you were being released from the hospital and had no safe place to go? Until a year ago, that happened often in Duluth. People that were homeless had a medical issue, got it taken care of and then were back on the streets again whether they were medically stable or not.

Now there is a medical respite house in Duluth, Bob Tavani Medical Respite house at 2119 W. Second St. I am fortunate enough to volunteer there twice a month and I have been asked to share my experience.

The goal of the house is that people are healed when they leave. Kate and Kelly, the live-in volunteers, assist the residents in navigating housing barriers and help them to be in a better position before leaving. Some go to new permanent housing and some are reintegrated with their family.

My job as a volunteer? Depends on the residents there. Typically, I am there from 6 pm – 10 pm on a Thursday night. When I get there, supper is usually ready. We sit down and eat together as a family would and just talk about the day. After dinner, we clean up and get ready for the evening. When residents are newly discharged from the hospital, they often go to bed after supper. Otherwise, we watch TV together, play cards or work on

projects they are involved in. Sometimes we sit at the dinner table and talk - often about hopes and dreams for their future. Pretty much the same stuff any family would do.



I've been volunteering there for about a year. The house is a result of many people and organizations working together including First Covenant Church (the house belongs to them), CHUM (community partner), and Duluth Family Medicine program doctors. But they need us, also. If you are interested in volunteering, drop in any Saturday morning from 10 am-1 pm for homemade muffins, coffee, and the crossword puzzle. If this is not the time to volunteer, please like the Bob Tavani Respite Facebook page and consider becoming an "angel" for needed supplies. Their Facebook page is also where they post needed things like recently, they needed a blender for a guest who was moving on. Many hands are needed to carry on this mission – there are only three medical respite houses in Minnesota, the other two in the Twin Cities.

*Respectfully Submitted by Sue Stromquist*

## Church Nights Resume this Month!

Wednesday Church Nights resume this month. Church Nights have become the centerpiece of our Christian Formation program and include something for everyone.

Our 5:30 pm Eucharist is held in church. This is a great way to attend service if you are not able to make it on Sunday (or even if you are able!). We gather in the front pews. We are grateful that Brad Brunfelt leads our music on his guitar. This service is less formal and shorter than Sunday. We use the scripture readings for the coming Sunday.

Buffy Helstrom (and friends) prepare our simple suppers that begin at 6:00. Buffy does a wonderful job preparing a simple, healthy meal that we ask you to help support by making a donation toward defraying the cost. Check out the menu in this edition of the Messenger.

Church Nights meet three times per month with programming from 6:30-7:30 pm. Two Wednesdays, the children and youth have age-specific faith formation for grades pre-K through Confirmation. Faith formation is lifelong: both youth **and adults** have the opportunity to engage in programs, speakers and discussions on various topics. Please let me know if you have suggestions for speakers or programs.

One Wednesday we will be together for GIFT; Growing in Faith Together, which gives a chance for all ages to engage in fun faith activities together. We will have one Wednesday where we don't gather at church, instead that time can be used for focusing on faith at home. On the months where there are five Wednesdays, our church leaves the building and engages in a service project with a local social service agency or group.

### September Church Night Adult Programs:

**September 11 – Welcome back** and “**Called to the Way of Love**” Bill Van Oss will lead a discussion and refresher on our focus on being called to the Way of Love (see: [episcopalchurch.org/way-of-love](http://episcopalchurch.org/way-of-love))

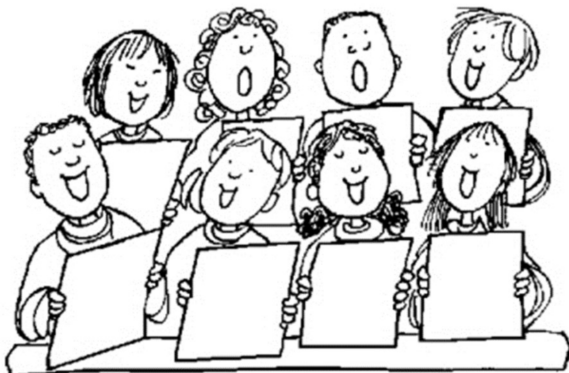
**September 18 – Our GIFT (Growing in Faith Together)** night will feature fun and creative ways to learn about **Harry Potter and the Way of Love**.

**September 25 – Our own David Clanaugh**, executive director of Western Lake Superior Habitat for Humanity will talk about the mission of **Habitat for Humanity** and some of the important work Habitat is doing in our community.



Hope to see you at Church Night!

Bill Van Oss, Rector



## got music?

*Come sing in Chancel Choir!!! This faithful group of friendly folks is always looking for new people to join us. We have a great time and work hard. Rehearsals are from 6:15 to 7:30 on Wednesday evening and will begin on September 4.*

**Questions? Call Tom Hamilton, Director of Music, 218-724-3535, or email [tomhamilton@stpaulsduluth.org](mailto:tomhamilton@stpaulsduluth.org).**

## CONVENTION UPDATE

The 2019 Annual Convention of the Episcopal Church in Minnesota (ECMN) will be held September 13 and 14 in Bloomington, Minnesota. The Delegates to Annual Convention are comprised of all Clergy canonically resident in ECMN and Lay Delegates elected for three-year terms from each faith community in ECMN. Lay Delegates elected from St. Paul's are: Nat Constance, Sue Meyer, Jill Peterman, and Rita Rosenberger. Our youth delegates elected by Northeast Mission Area to represent the Northeast Mission are both from St. Paul's as well: Sydney Hanna and Luisa Van Oss (alternate).

It should be noted that these same delegates, as well as the youth delegate and alternate elected by the NE Mission Area, are the same delegates who qualify to attend and vote at the special session of Annual Convention to be held on January 25, 2020 for the election of the 10<sup>th</sup> Bishop of ECMN -- location to be announced.

The Delegates at the September 13-14 Annual Convention of ECMN will be voting on several important matters, including:

- \* Procedures for the nomination of the 10<sup>th</sup> Bishop of ECMN and the transition and consecration of our new Bishop.
- \* Special Rules of Order for conducting the January 25, 2020 special session of Annual Conven-

tion at which the 10<sup>th</sup> Bishop of ECMN will be elected.

- \* ECMN Budget for the years 2020, 2021, 2022. ECMN not only budgets for the upcoming year (2020) but also establishes preliminary budgets for the following two years (2021 and 2022) as well.
- \* Several Constitutional and Canonical amendments
- \* Election of several Standing Committee members, Trustees, Commission on Ministry members, and other officers of ECMN (e.g., Treasurer, Secretary, Chancellor)
- \* Election of Deputies to the Episcopal Church's triennial General Convention. These Deputies are elected at ECMN's Annual Convention in September will attend the next session of General Convention in Baltimore, MD in the summer of 2021. General Convention is the fundamental governing body of the Episcopal Church comprised of two Houses: The House of Deputies (elected Clergy and lay Deputies from each Diocese of the Episcopal Church) and the House of Bishops. It is held every three years at a different location throughout the country.

*Respectfully submitted by Nat Constance,  
Council member*

## VIDEOTAPING YOUR ST. PAUL'S STORY

What comes to your mind when I ask how St Paul's has been an important part of your life? Perhaps you recall a project you worked on, or something memorable that was part of the Sunday School or youth group, or even a personal story that happened because of church.

This past month, I have begun videotaping our stories as part of our 150th celebration, especially focusing on things that have happened during these past 50 years. We each have our own history with this St. Paul's community, and the only way our Way of Love can be remembered into the future is if we record it.

Tim Metcalfe and I are videotaping conversations about these experiences and memories. We would love to record your experiences, too. Please contact Rita in the office or me to schedule a time and place for us to do the taping (maybe even just after church on a Sunday morning). Looking forward to doing this with you.

--Barbara Elliott ([bellott@d.umn.edu](mailto:bellott@d.umn.edu))



Our website now features a page to highlight all the events of the 150th Anniversary Celebration! Visit [www.stpaulsduluth.org](http://www.stpaulsduluth.org)

## Gala Anniversary Celebration The Way of Love 1869-2019

Next Committee meeting  
Sunday, September 22,  
11:15 am, Olcott Room  
Everyone is invited to  
participate in the planning!

Mark your calendars and make reservations for our 150th Anniversary Celebration!

### Friday, October 25

Gala Dinner in the Greysolon Plaza Moorish Room

6:00-7:00 pm Social hour (cash bar)

7:00 pm Dinner, featuring music by Jack Jarnis

Guest speaker: The Venerable Canon Benjamin Scott will share his delightful stories of being Episcopalian in Minnesota, in a talk titled "Who Will Be Sitting in My Pew in 2050?"

Cost: \$40.00 per person, sign up on website or in church office



### Saturday, October 26

9:00 am History Walk: Meet at the Church on Superior Street, walking from St. Paul's, past St. Luke's Hospital which was started by the women of St. Paul's, optionally continue to Lake Avenue & First Street—site of the original St. Paul's Episcopal Church, and back. Along the way you will be entertained by learning fun, historical facts. Refreshments will be served upon returning to St. Paul's. Fun for all ages!

10:30 am-12:00 pm Tours of the Church will begin in the Sanctuary and will highlight the unique features of St. Paul's.

2:00-4:00 pm Children's activities, featuring games from 1869. Children will enjoy games that would have been played 150 years ago and are still fun to play today; marbles, dominos, hoop games and more! Each child will get to take a special gift bag home with their own set of marbles! Nursery care will also be provided for infants and toddlers so parents can enjoy the afternoon tea while their children play.

2:00-4:00 pm Lovely historic tea in the Parish Hall, Sign up in the office or through website. The parish hall will be transformed into a beautiful setting to enjoy a special afternoon tea with delicious scones, tea sandwiches and cookies made using recipes from the treasured St. Paul's recipe books. Each table will be adorned with tea sets provided by table captains. Reservations are required and seating is limited. Free will offering will be accepted.

### Sunday, October 27

8:00 am Service in the Chapel

10:00 am Celebratory Service in the Church, Join us as we celebrate 150 years of St. Paul's Episcopal Church with a special worship service that will feature music and prayers from the past 150 years!

10:00 am service followed by a festive reception in the parish hall. Archbishop Mark MacDonald of the National Indigenous Anglican Church of Canada (and a son of St. Paul's!) will deliver the sermon.

Birthday Coffee hour will follow the 10:00 am service. ALL ARE WELCOME!

*Respectfully submitted by Terry Roberts, 150th Anniversary Chair*



## Everyday Callings



Called to the  
Way of Love

We have been talking about calling for the past year or so at St. Paul's. Like many others, I thought calling was reserved for people who served in the church, or maybe someone called to be a doctor. I didn't really know how the concept applied to all of us. As I have learned more about it, I am able to identify things in my own life that I consider callings.

My professional career is as an accountant. My first realization about calling is that my work does seem to be the intersection of something I am good at and something others need, perhaps a calling. As I learn more, I realize being an accountant has put me in places and with people where I have been called in another way.

Financial work with small business owners can be intimate. People tend to be very private about their financial situations, so as an accountant I am already in a trusted position. Combine the trust with a couple of key questions about how things are going for them and I have ended up listening to stories about sick parents, challenges with siblings, financial worries, death, divorce, and many other very intimate and sometimes painful things. I give people space and confidentiality that they expect regarding their financial information and they use that to share other things. I am not a trained counselor, so I don't do much more than listen and offer support. But I can't help but feel I am in the right place at the right time to help someone who may not feel comfortable reaching out to anyone else.

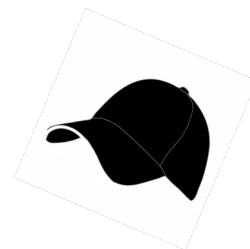
Callings happen outside of work, too. I am excited to share a story from last week. I was on a backpacking trip on the Superior Hiking Trail with my good friend, Beth Fait, and it seemed we were called to be on the trail at exactly that time to meet exactly the people we met. The first pair of backpackers we spoke to were a mother and daughter. The mother was thru hiking (doing the whole trail from the Wisconsin border to Canada – approx. 320 miles) and her daughter had joined her for a section. As we spoke with them, we found out that the mother's husband had died just a few weeks earlier from a long struggle with dementia. We asked a few questions and listened to her struggles. As we parted ways to continue our respective journeys, she called us "Trail Angels" and was inspired by Beth's last name (Fait – Fate?). We met another group along the way that had also suffered recent tragic losses. Again, we listened and offered support. Being together in nature without the distractions of everyday life already feels spiritual, but to be able to be there for others in that space was even more. It truly felt like we were called and had experienced (as one of our trail friends described it) "God winks."

Leslie Brunfelt

### DAMIANO SOUP KITCHEN

St. Paul's will be serving at the Damiano Soup Kitchen on **Monday, September 2**, from 8:30 am to 1:00 pm. Volunteers are always welcome; half-shifts are available. Let me know if you can help. Remember to bring a hat. Thanks!

Thanks, Nelson Thomas (218) 525-5785



### EPISCOPAL CHURCH WOMEN

**All are invited** to the 2019 Meeting of Episcopal Church Women at ECMN Fall Convention at the Doubletree in Bloomington MN on Friday, September 13 at 4 pm. Lindsay Hardin Freeman is our guest speaker. No need to register if the ECW Meeting is all you plan to attend. Just go to Registration to ask for the meeting location in the hotel. Questions? 612-978-4613.

Also save this date: 2020 ECW Spring Meeting: St. John's in St. Cloud on Saturday, May 9, 2020. (tentative)

# September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 8 am Service 10 am Service, Kids Word 11:00 am Picnic and Ministry Fair	2 <b>LABOR DAY</b> <b>Office Closed</b> 8:30 am Serve Meal @ Damiano Soup Kitchen	3 8:30 am Bible Study 10:00 am Staff Meeting	4 Church Night 5:30 pm Eucharist 6:00 pm Dinner, Parish Hall 6:15 pm Chancel Choir 6:30 pm Faith Formation 7:40 pm Handbell Choir	5	6	7
8 <b>RALLY DAY!</b> 8 am Service 10 am Service, Kids Word 11:00 am Picnic and Ministry Fair	9 1:00 pm Gentle Yoga, Children's Room	10 8:30 am Bible Study 10:00 am Staff Meeting 6:30 pm Bible Study, Call for details	11 Church Night 5:30 pm Eucharist 6:00 pm Dinner, Parish Hall 6:15 pm Chancel Choir 6:30 pm Faith Formation 7:40 pm Handbell Choir	12	13 ECMN Convention Bloomington MN	14
15 8 am Service 10 am Service, Kids Word 11:00 am Coffee Hour 11:15 am Safe Church Training	16 1:00 pm Gentle Yoga, Children's Room	17 8:30 am Bible Study 10:00 am Staff Meeting 6:00 pm Vestry Meeting	18 Church Night 5:30 pm Eucharist 6:00 pm Dinner, Parish Hall 6:15 pm Chancel Choir <b>6:30 pm Harry Potter Gift</b> 7:40 pm Handbell Choir	19 6:30 pm Harry Potter Program, for Adults 21+ only	20	21 5:00 pm Harry Potter Overnight Retreat for Middle School and High School students
22 8 am Service 10 am Service, Kids Word 11:00 am Coffee Hour with Rev. Melissa Cooper 11:15 am 150th Anniversary Planning Meeting, Olcott Rm	23 1:00 pm Gentle Yoga, Children's Room 6:30 pm PEO Chapter BR, Olcott Room	24 8:30 am Bible Study 10:00 am Staff Meeting 6:30 pm Women's Night, Parish Hall	25 <b>8:00 am Messenger Deadline</b> Church Night 5:30 pm Eucharist 6:00 pm Dinner, Parish Hall 6:15 pm Chancel Choir 6:30 pm Faith Formation 7:40 pm Handbell Choir	26 11:00 am OPUS II, Parish Hall	27 8:00 pm MN TEC Planning Meeting	28
29 8 am Service 10 am Service, Kids Word 11:00 am Coffee Hour 11:15 am Safe Church Training	30 1:00 pm Gentle Yoga, Children's Room					

## LAY MINISTRY SCHEDULE –SEPTEMBER

*Please find a sub if you are unavailable for your scheduled date.*

	September 1	September 8	September 15	September 22	September 29
ALTAR GUILD	K LEONARD	C CONRAD	J MARINAC	J JARNIS	J MARINAC
	J Fawcett	S Hall	J Elliott	D Kolquist	J Elliott
	J Harvey	S Hartley	P Markert	A Schliep	P Markert
	L Hultkrantz	S Meyer	C Miller		C Miller
		A Sadowski			
LECTOR 8:00 AM	M Gustafson	S Stromquist	A MacKenzie	J Pastor	N Diener
USHERS	J & H Ransom	B & C Dinan	J & S Dusek	G & K Bubalo	J & H Ransom
	D Kolquist	M & S Brown	D Morin	J Jarnis	D Kolquist
	P Waite		C Orsak	K Swanson	P Waite
ACOLYTES	See <a href="http://www.stpaulsfaithformation.org">www.stpaulsfaithformation.org</a> for current acolyte schedule				
LECTOR 10:00 AM	S Meyer	M Gustafson	N Diener	S Stromquist	J Pastor
CHALICE	G Maloney	Z Stodola	G Maloney	S Stromquist	J Pastor
BEARERS	K Halvorson	K Baumgarten	N Diener	J Stromquist	K Halvorson
	S M Anderson	M Gustafson	S M Anderson	M Gustafson	N Diener
FLORAL DELIVER	C Spencer	M & S Brown	Dragich & Pastor	J Chesser	B & C Dinan
COFFEE HOSTS	Fait & Rennan	J & R Erspamer	L & B Brunfelt	J & D Keto	Flammang & Orsak
LOCK UP	G Maloney	D Pederson	J Austin	M Brown	C Fellman

### Altar Guild Other Duties for September:

#### Wednesday Services

9/11 – Team 3  
9/18 – Team 4  
9/25 – Team 3

#### September Linens:

C Miller, L Hultkrantz

#### September/October Cleaning—Date TBD

S Hartley  
J Jarnis  
S Meyer  
A Abraham  
D Kolquist

### Substitutes:

Weekly Teams: G Bouschor, E Killen  
Wednesday Services: C Conrad, C Miller, N Brunfelt  
Linens: C Conrad, C Miller  
Brass: J Sederberg, C Miller

**St. Paul's Episcopal Church**  
**1710 East Superior Street**  
**Duluth, MN 55812**

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[office@stpaulsduluth.org](mailto:office@stpaulsduluth.org)

**Visit our website:**  
[www.stpaulsduluth.org](http://www.stpaulsduluth.org)

## Rally Day is a week away!

### Sunday, Sept. 8, 2019



**Called to the  
Way of Love**

Join in the fun as we kick off another programming year of faith activities on September 8!

- a festive 10 am service that includes a backpack blessing– if you are a student or educator– bring your backpack/ briefcase and receive a blessing and symbolic gift (*don't worry if you forget your bag; everyone will still get a gift*)
- Lunch will be provided on the lawn– Sandwich wraps (turkey, ham, veggie or PB & J), salad, sides and beverages
- Fun games and activities
- A ministry fair that showcases the ways you can get connect and serve; receive a special 150th Anniversary Cloth Tote Bag for visiting the booths!