



The Episcopal Parish of St. Paul  
Duluth, Minnesota

THIRD SUNDAY OF EASTER  
April 14, 2024  
Holy Eucharist

[Please join us for coffee hour in the Parish Hall after this service](#)



## Welcome to St. Paul's Episcopal Church

### I'm New

Welcome! If you'd like to stay in touch, please fill out a visitor card in the pew and place it in the offering plate after the announcements.

### About Our Worship Today

Worship in the Episcopal Church is participatory and embodied. We stand and kneel, make the sign of the cross at times, sing and breathe together, and walk forward for communion each week. You are welcome to participate at your own comfort level. You will likely see people engaging differently at different times. One of the gifts of the Episcopal tradition is that there are a variety of 'right' ways to participate.

### Restrooms

Exit at the side door at the front of the church and go down the hall.

### What do I do?

The service booklet will give you the words you need and instructions. The **bolded** words are said by everyone. Hymns can be found either in the booklet or in the blue or green hymnals in your pew.

### Can I have communion?

Yes. All may come forward to receive communion (or the Eucharist.) None are required to receive. We are serving both bread and wine. You may choose to receive at your own comfort level, both bread and wine or just bread. You may also come forward with your arms crossed over your chest for a blessing, or you may choose not to come forward at all. Children may receive at any age.

### Children's Church & Worshiping with Kids

Joyful noise is most welcome here. Many families find that sitting close to the front help children to see and engage better with the service. There is a staffed nursery located down the hall. We also have a rocking chair in the back of church for parents with infants.

### About St. Paul's

We are a community dedicated to following the Way of Love as shown to us by the life, death, and resurrection of Jesus of Nazareth. Together we practice curiosity, awe, and community to love God, love our neighbor, and love ourselves.

### The Liturgical Season

In the Episcopal Church, we follow a circular calendar with special seasons. We are currently in the season of Easter, which lasts seven Sundays or 50 days. During this season we celebrate the resurrection of Jesus, the appearances to his disciples, and God's power to conquer death and domination with love.

### Weekly Schedule

#### Wednesdays

6:00 pm, Community Meal  
6:15 pm, Chancel Choir  
6:30 pm, Episcopal 101 Program  
7:30 pm, Compline  
7:45 pm, Handbell Choir

#### Sundays

8:00 am  
Rite I  
  
10:00 am  
Rite II

### Stay in Touch

Find out more about St. Paul's, or get connected with one of our leaders by emailing Rita in the parish office at [office@stpaulsduluth.org](mailto:office@stpaulsduluth.org).

## Prelude

### Processional Hymn #205 — *Good Christians All, Rejoice and Sing!*

#### Opening Acclamation

Alleluia. Christ is risen!

**The Lord is risen indeed. Alleluia.**

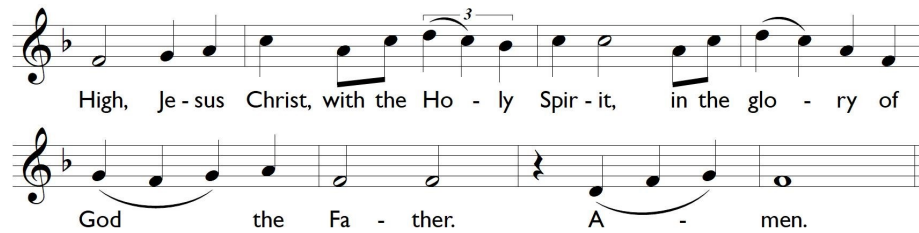
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

#### Children's Invitation

*Children are invited to come forward for a blessing, then go to Sunday School on the lower level, and return at the Peace.*

#### Gloria

Glo - ry to God in the high - est, and  
peace to his peo-ple on earth. Lord God, heav'n-ly King, al -  
might-y God and Fa - ther, we wor-ship you, we give you thanks, we  
praise you for your glo - ry. Lord Je - sus Christ, on - ly Son of the  
Fa - ther, Lord God, Lamb of God, you take a - way the  
sin of the world: have mer - cy on us; you are seat - ed at the  
right hand of the Fa-ther: re - ceive our prayer. For you a - lone are the  
Ho - ly One, you a - lone are the Lord, you a - lone are the Most



## The Collect of the Day

The Lord be with you.

**And also with you.**

Let us pray... *(Pause for Silent Prayer)* O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## First Reading

Acts 3:12-19

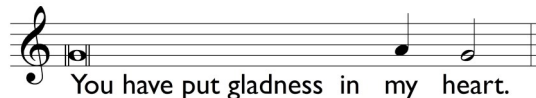
Peter addressed the people, "You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. But you rejected the Holy and Righteous One and asked to have a murderer given to you, and you killed the Author of life, whom God raised from the dead. To this we are witnesses. And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you.

"And now, friends, I know that you acted in ignorance, as did also your rulers. In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer. Repent therefore, and turn to God so that your sins may be wiped out."

The Word of the Lord.

**Thanks be to God.**

## Psalm 4



Answer me when I call, O God, defender of my cause;  
 you set me free when I am hard-pressed;  
 have mercy on me and hear my prayer.

"You mortals, how long will you dishonor my glory;  
 how long will you worship dumb idols  
 and run after false gods?"

Know that the LORD does wonders for the faithful;  
 when I call upon the LORD, God will hear me. **Refrain**

Tremble, then, and do not sin;  
 speak to your heart in silence upon your bed.

Offer the appointed sacrifices  
and put your trust in the LORD. **Refrain**  
Many are saying, "Oh, that we might see better times!"  
Lift up the light of your countenance upon us, O LORD.  
You have put gladness in my heart,  
more than when grain and wine and oil increase.  
I lie down in peace; at once I fall asleep;  
for only you, LORD, make me dwell in safety. **Refrain**

## Second Reading

1 John 3:1-7

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. And all who have this hope in him purify themselves, just as he is pure.

Everyone who commits sin is guilty of lawlessness; sin is lawlessness. You know that he was revealed to take away sins, and in him there is no sin. No one who abides in him sins; no one who sins has either seen him or known him. Little children, let no one deceive you. Everyone who does what is right is righteous, just as he is righteous.

The Word of the Lord.  
**Thanks be to God.**

## Sequence Hymn #193 stanzas 1, 2, and 3 — *That Easter Day with Joy Was Bright*

## Holy Gospel

Luke 24:36b-48

The Holy Gospel of Our Lord Jesus Christ according to Luke.  
**Glory to you, Lord Christ.**

Jesus himself stood among the disciples and said to them, "Peace be with you." They were startled and terrified, and thought that they were seeing a ghost. He said to them, "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate in their presence.

Then he said to them, "These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.

The Gospel of the Lord  
**Praise to you, Lord Christ**

## Sequence Hymn #193, stanzas 4 and 5 — *That Easter Day with Joy Was Bright*

*A brief contemplative silence is kept after the sermon.*

### The Prayers of the People

*Deacon:* Let us with all confidence bring before God the needs of all our world, asking God for renewal and peace as we follow Jesus.

*After each petition, the prayer leader says "For Christ is risen, so we pray." The congregation responds:*

**Lord, hear our prayer.**

*Celebrant:* Risen Lord our God, accept the prayers of your people; in the greatness of your mercy, look with compassion upon us and all who turn to you for help. For you are gracious, O lover of souls, and to you we give glory, now and forever: **Amen.**

### The Peace

The peace of Christ be always with you.

**And also with you.**

**Announcements**      *Those who are celebrating a birthday or anniversary will be invited forward after the announcements.*

### Birthday and Anniversary Prayer

**Dear Father, we thank thee that all the year through  
Thy goodness has blest them with gifts ever new.  
And, oh, wilt thou grant them a happy new year,  
Dear Father, we pray thee, be thou ever near. Amen.**

Walk in love, as Christ loved us, and gave himself for us, an offering and sacrifice to God.

### Offering

*Salmo 150  
Sung in Latin*

Ernani Aguiar

*Laudate Dominum in sanctis eius.  
Laudate eum in firmamento virtutis eius.  
Laudate eum in virtutibus eius.  
Laudate eum secundum multitudinem magnitudinis eius.  
Laudate eum in sono tubae.  
Laudate eum in psalterio et cithara.  
Laudate Dominum in sanctis eius.  
Laudate eum in firmamento virtutis eius.  
Laudate eum in timpano et choro.  
Laudate eum in chorda et organo.  
Laudate eum in cymbalis benesonantibus.  
Jubilationis. Omnis spiritus laudate Dominum. Alleluia.*

*Praise the Lord!  
Praise God in the firmament of God's power.*

### Offertory:

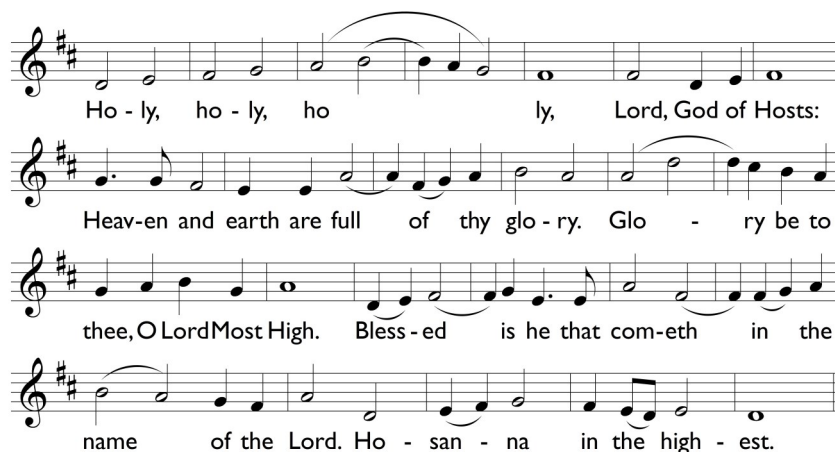
**Praise God, from whom all blessings flow: Praise him, all creatures here below;  
Praise him above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.**

## The Great Thanksgiving and Eucharistic Prayer



The Lord be with you. **And al-so with you.**  
Lift up your hearts. **We lift them to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. . . . Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho ly, Lord, God of Hosts:  
Heav-en and earth are full of thy glo - ry. Glo - ry be to  
thee, O Lord Most High. Bless-ed is he that com-eth in the  
name of the Lord. Ho - san - na in the high - est.

We give thanks to you, O God... Therefore, according to his command, O Father:

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all... By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to pray,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.**

**And forgive us our trespasses,  
 as we forgive those who trespass against us.  
 And lead us not into temptation,  
 but deliver us from evil.  
 For thine is the kingdom,  
 and the power, and the glory,  
 for ever and ever. Amen.**

O Lamb of God, that tak-est a - way the sins of the world, have  
 mer-cy up on us. O Lamb of God, that tak-est a -  
 way the sins of the world, have mer-cy up - on us.  
 O Lamb of God, that tak-est a - way the sins of the  
 world, grant us thy peace.

### The Breaking of the Bread and the Fraction Anthem

*Because we believe that we gather around the Lord's table,  
 all are welcome and encouraged to receive communion.*

*The bread is typically received in the hand. You may dip the bread or take a sip from the cup.*

*Low-gluten hosts (<.002%) are available for those with wheat sensitivities.*

### Communion Music

### Post Communion Prayer

Let us pray.

**Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

### Blessing

### Recessional Hymn —



## The Dismissal

Go in peace to serve the risen Christ. Alleluia. Alleluia.  
**Thanks be to God. Alleluia. Alleluia.**

## Postlude

### Copyright Acknowledgments

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# Announcements

## Pictures Please!

Do you have great pictures from this year at St. Paul's? Sophie Spehar is working on a little end of the year project that will celebrate all the things we've been up to since September. Please email them to Sophie at [kids@stpaulsduluth.org](mailto:kids@stpaulsduluth.org). Pictures will be displayed in the church, and will not be posted on the internet. Thank you!



## Laundry Love

**Second Tuesday of each month**

**8:15 am—12:00 pm**

**Spin City Laundry, 232 N Central Ave**

Laundry Love washes the clothes and bedding of low/no income people in Duluth. St. Paul's sponsors the team on the Second Tuesday of each month, brightening the lives of hundreds of people through love, dignity, and detergent. Sign up to volunteer at this link:

<https://www.signupgenius.com/go/10C054AA9A62DA7FC1-48759102-laundry>

## April 24

There will be no Wednesday night meal or programs in order to provide space for Rummage Sale Preparation.

## Youth Faith Formation Strategic Planning

**Thursday, April 25, 7:00 pm, Olcott Room**

Save the date! Please join us for a comprehensive Youth Faith Formation Strategic Planning meeting for the 2024-2025 year. This meeting is for any and all adults who are interested in designing and assisting Faith Formation. We will plan a family inventory, summer programming, and identify needs for Tweens, Teens, and Young Adults at St. Paul's. Email Sophie Gray Spehar with questions or ideas: [kids@stpaulsduluth.org](mailto:kids@stpaulsduluth.org),

## Our St. Paul's Rummage Sale

**Saturday, April 27, 8:00 am – 1:00 pm**

We have a stockpile of inventory that needs to be moved to the Parish Hall. Please stick around for a bit next Sunday, April 21, to help move boxes from the Carriage House garage. We're calling April 21 "Casual Sunday." Please donate your rummage to St. Paul's during the week of April 22-26, Monday through Friday, or call or text Jim Sontag (908.239.5596) to coordinate a special date and time.

We accept household items of all kinds, small appliances that work, decorations, toys, craft items, linens, etc. *Please do not donate clothing, cribs, carseats, or computers/TVs/etc. to this year's sale.*

Please spend a few hours sorting and pricing during the week of April 22-26, volunteer at the sale on April 27, and help deliver leftover goods to Saver's on Saturday afternoon. We have set up some shifts, but please feel free to drop in at any time that works for you. Sign up for shifts on the bulletin board in the stairwell or at this link:

<https://www.signupgenius.com/go/8050B4DA5AF22A57-48897127-stpauls>

Please save and donate newspapers to be used for wrapping up fragile items, too.

We will have a special "Members Only" pre-sale for our Parishioners on Friday night, April 26, from 5:30-7:00 pm. Great opportunity to find a special item without the crowds and lines!

## New Member Cohort

**Four Sessions: Sundays, April 28 – May 19**

**11:30 am – 1:00 pm**

**Lunch Included - Olcott Room**

Are you interested in officially joining St. Paul's? New members of the St. Paul's community are invited to join a cohort. Whether you are a brand new Episcopalian, or an ordained clergyperson, this gathering has something to offer you. Based in conversation and connection, we will reflect together on questions like: what drew you here? Why Jesus? And, what does it mean to you to be part of a church? This will also be an opportunity to learn from long term members of the parish and get connected here. Childcare arranged upon request. We will pick a date for a new member liturgy, based on availability, between June 2 and June 16. RSVP to Maggie at [rector@stpaulsduluth.org](mailto:rector@stpaulsduluth.org)

## New York New York Themed High Tea

**Saturday, May 4, 1:00 pm**

**Our Savior's Lutheran Church**

**4831 Grand Ave, Duluth**

This event features High Tea, Silent Auction and Raffle to benefit Chum. Advance Sales Only: \$25 each. Deacon Pat has reserved a table for St. Paul's — please contact her for a seat! [Deacon@stpaulsduluth.org](mailto:Deacon@stpaulsduluth.org)

## Prayers at St. Paul's

**PRAY** for The Anglican Church in Aotearoa, New Zealand and Polynesia.

**For the month of April**, please pray for the work of the House of Prayer and all spiritual directors serving in the Episcopal Church in Minnesota, and pray for all engaged in the Faithful Innovation process.

**For those who suffer and those in any trouble:**

Noreen	Victor S	Bob Sw	Charles B
JoEllen S	Jack J	Thomas S	Cash D
Bill D	Mike K	Tom P	Molly F
Mary C	Jim N	Wendy R	Christie S
Maureen M	Larry	Dorothy K	Stuart
Sam D	Sharon M	Judy D	Jenni & Family
Virginia M	Shawn F	Gary B	Andrea & Family
Michael K	Brian A	Laird	Baby Jack & Family

**For those serving in the armed forces:**

Meagan Rizzo, Nora Maddy, and Ricky Lyle

**For those who are in seminary or in discernment.**

**And for those who are in long-term care facilities or are homebound:**

JoAnn Chesser, Helen Gruba, Steve Hennessy, Joanne Marinac, Howard Martz, Anita Pollock, Robert Sederberg, Marcia Stephens

**For those who have died:**

Angela Smith, mother of Kathleen Smith

**The flowers on the altar are given to the glory of God in thanksgiving for:**

All of the St. Paul's Altar Guild members, past and present.



## **St. Paul's Episcopal Clergy and Staff**

**Phone: 218-724-3535**

### Clergy

The Rev. Maggie Nancarrow, Rector

rector@stpaulsduluth.org

The Very Rev. Rick Swenson, Associate Rector

associate@stpaulsduluth.org

The Rev. Deacon Patricia Benson

deacon@stpaulsduluth.org

### Parish Staff

Rita Rosenberger, Parish Secretary

office@stpaulsduluth.org

Sophie Gray Spehar, Faith Formation Coordinator

kids@stpaulsduluth.org

Tom Hamilton, DMA, Minister of Music

music@stpaulsduluth.org

Christine Melone, Bookkeeper

bookkeeper@stpaulsduluth.org

Bill Stapp, Sexton

bill.stapp@gmail.com

## **Electronic Giving**

You may donate checks or cash in the alms basins during the Offertory. If you prefer to donate to St. Paul's electronically, you may use this QR code to easily access our website donation page. **Thank you for your generosity.**



## **Serving Today**

Celebrant:	The Rev. Maggie Nancarrow
Assisting:	The V. Rev. Rick Swenson
Deacon:	The Rev. Patricia Benson
Altar Guild:	Carlyle Conrad, Sherry Hall, Amber Sadowski
Lectors:	Melody Chilson, Matt Gustafson
Prayer Leader:	Olivia Morin-Swanson
Chalice Bearers:	Melody Chilson, Matt Gustafson, Paul Enenbach
Acolytes:	Gabe French, Lexi Gustafson, Eliana Erspamer
Livestream:	Rick Lyle
Coffee Host:	Melody Chilson & Wanda Copeland
Ushers:	Diane Morin & Karen Swanson, Gary Olson, Paul Waite
Lock-Up:	Jay Austin