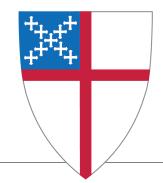
ST. PAUL'S EPISCOPAL CHURCH, DULUTH, MN



THE MESSENGER

August, 2024

General Convention 2024

Hello, everyone! I hope that this summer so far has been enjoyable for you and your families. I'm Olivia Morin-Swanson and many of you might know me as Jack's twin, but I'm also Diane and Karen's daughter, and a sister to Sophia who graduated in 2022. I had the absolute pleasure of being accepted to join the Official Youth Presence of the 81st General Convention for the Episcopal Church in Louisville, Kentucky. General Convention is a huge conference that happens every three years, and is made up of four lay and four clergy members from every diocese of the Episcopal Church (roughly 800 members of the House of Deputies, and about 100 bishops in the House of Bishops).

This time around, we spent eight days debating and voting on different resolutions that were presented by the different legislative committees. Some resolutions addressed antigun violence policies, and how the church could begin to help stop these dreadful occurrences. Some highlighted our role in the Holy Land wars, and what we could do moving forward to end the violence. Others that I was especially interested in included rights for our siblings of Christ that are disabled, and how we could make their church experience just as impactful as it is for us. For instance, there was an idea to create a guide to educate ushers on how to best accommodate people with different abilities during the ser-

This Month's Feature Article

This summer, the feature article for the Messenger is being written by lay folks telling stories about interesting work they are doing. This month's article is by Olivia Morin-Swanson, a St. Paul's high school student who was a part of the official Youth Presence at General Convention back in June.

vice so that they can feel as included as us neurotypical folk do. One of the places where I noticed the Holy Spirit working was through the passion that people brought to legislating when a topic was important to them. This was very impactful to witness since I often struggle with listening to what the Holy Spirit is telling me to do.



As one of the youth, I had seat and voice but couldn't vote. The main purpose of the youth delegation was to be a voice for the youth of our church, explaining what we want and need from our leaders and community. I learned that just by youth being present, people naturally had a brighter outlook on the future of our church. Another thing that I learned during this adventure was that these types of democratic processes take longer than I anticipated to become complete, especially since there were so many resolutions written up. We would spend about four hours on the floor at a time discussing just one single resolution of almost 300 resolutions that subsequently came to the floor.

I also had the privilege of witnessing the Election of the Presiding Bishop, which only happens every three conventions. The way that the Presiding Bishop Nominees presented themselves with poise and kindness made sure that everyone remembered that this wasn't a political campaign, but rather a decision that was for the future of our church. Any one of those candidates would have been exceptional, but Presiding Bishop-Elect Sean Rowe was the almost unanimous choice amongst the other bishops. We got to meet him after it was announced that he won, and he was probably one of the most honest yet humble leaders that I have

Save the Date: The 2024-2025 Event Calendar is Shaping Up

Please mark your calendars for our exciting events this Fall. This is a 'firm draft' which you can use for planning your own ministries and calendars going into the fall. Some items are subject to change. A final calendar and Spring dates will be included in the September Messenger.



Sunday, September 1: Labor Day Weekend, 10 am Service Only

Sunday, September 8: Rally Day and Godly Play Kick-Off

Wednesday, September 11: "The Spirituality of Gardening" and Youth Formation Kick-Off; Wednesday Eucharist returns at 5:15 pm

Sunday, September 15: Celebration of St. Hildegard and Blessing of the Backpacks

Wednesday, September 25: "The Spirituality of Baking" and Youth Formation



Sunday, October 6: Feast of St. Francis and the Blessing of the Animals

Wednesday, October 9: "The Spirituality of Caring for Animals" and Youth Formation

Sunday, October 13: Annual Giving Campaign Kick-Off

Thursday, October 17 - Saturday, October 19: MEA and Fall Diocesan Youth Event

Sunday, October 20: Feast of St. Luke

Wednesday, October 23: "The Spirituality of Healthcare Professions" and Youth Formation

Sunday, October 27: Annual Giving Campaign Celebration Sunday

Sunday, November 3: Feast of All Saints



Tuesday, November 5: Election Day

Wednesday, November 6: "The Spirituality of Public Service" and Youth Formation

Thursday, November 7 - Saturday, November 9:

Diocesan Convention (Bemidji)

Sunday, November 17: Celebration of St. Cecelia and Music Appreciation Sunday

Wednesday, November 20: Advent Forum and Youth Formation

Thursday, November 28: Thanksgiving; Offices Closed on Thursday and Friday



Sunday, December 1: First Sunday of Advent

Wednesday, December 4: "The Spirituality of Making Art" and Youth Formation

Sunday, December 8: Second Sunday of Advent

Sunday, December 15: Third Sunday of Advent, Greening of the Church, and Lessons and Carols

Wednesday, December 18: "The Spirituality of Knitting" and Youth Formation

Sunday, December 22: Fourth Sunday of Advent

Tuesday, December 24: Christmas Eve

Wednesday, December 25: Christmas Day

Wednesday, December 25 through Wednesday, January 1: Offices Closed

Sunday, December 29: 10 am Service Only

Continued from page 2 PAGE 3



Sunday, January 5: Feast of the Epiphany

Sunday, January 12: Feast of the Baptism of Our Lord

Wednesday, January 15: "The Spirituality of Making Music" and Youth Formation

Sunday, January 19: Budget Meeting

Sunday, January 26: Feast of the Conversion of Paul & Applied Mosting

Annual Meeting

Wednesday, January 29: Outreach Speaker & Youth

Formation

Save the Date: Holy Week is Sunday, April 13 (Palm Sunday) through Sunday, April 20 (Easter) 2025

In the event of weather,
St. Paul's always follows the call of Duluth
Public Schools, ISD 709.

Giving Warmth Line

In case you are unacquainted with the term "Giving Warmth Line" — each winter St. Paul's has a clothesline with hats, mittens, gloves, socks, scarves and any other warm items. The items are free for the taking for people passing. The items hanging on the line come from all of us at St. Paul's.



Summer is a wonderful time to be noticing mittens, gloves in rummage

sales. I frequently purchase items for the Giving Warmth Line. When I mention where the clothing is going, many people reduce the price or give it for free!

Summer is also a wonderful time to notice yarn and fleece on sale. We can make scarves with the yarn and fleece. Some of you are knitters and have contributed your own creations.

Summer is another time to notice your mitten box clogging up your space. This is a great time to declutter and send some of your own supplies away to be hung this winter on the Giving Warmth Line.

Respectfully submitted, *Natalie Constance*

Continued from page 1

met. I had the pleasure of getting to ask the President of the House of Deputies Julia Ayala Harris and her parliamentarian about how prep for convention went.

My fellow youth delegates were equally as impressive; since the first day, we all got along great. It was such a surreal experience to be surrounded by all of these young adults who want to make change for the better in our church and the world around it. The relationships that I made were probably my favorite part, and I will cherish those experiences forever. I also got to meet The Most, Very, Cool, Awesome Reverend (or whatever his title is) Michael Curry who is just as personable one-on-one as he is in front of an entire country. All that I can say is, WOW! It was awesome to have our very own Rev. Rick as a delegate for ECMN, and our Bishop Craig Loya there, with whom I have developed a great relationship with ever since EYE in 2023 (Episcopal Youth Event). Additionally, the music that was

performed at the morning prayer or Eucharistic services was also one of my favorite parts. Music is where I notice God's light shine the brightest.

I can't put into words how grateful and honored I am to have been given this opportunity that I will never forget. This experience opened loads of doors for my future, and it was amazing to be able to experience the Episcopal Church delegation process. I am so lucky to have been given the resources to deepen my faith relationship. Still I have not forgotten that it is largely with the unending support and guidance that all of you at St. Paul's offer me which keeps me motivated to take these opportunities and to continue discovering what God's mission is for me in this huge world. To that I simply say, thank you.

Respectfully submitted, Olivia Morin-Swanson

Warm Fuzzies and Lots of Information

Greetings! I hope this summer finds you well and that you are enjoying it as much as possible! It's been a busy time for my family with birthdays, friends, camps, and sports. Things have been coming together behind the scenes at St. Paul's-and we're ready to launch our "soft schedule"- which includes plans for the programming year ahead. We are excited to get this information out, and are proud of the planning that's happened. I have a lot to tell you about Youth Faith Formation!

Elementary Aged Kids 3-12

I am delighted to announce that many of the same teachers will be returning to teach Children's Church on Sundays. This group is comprised of dedicated parents and musicians who did an amazing job collaborating and redesigning the experience last year. Children will continue to meet during the 10 am service on Sunday mornings- all are welcome to come forward for a blessing, then we will journey downstairs to the classroom adjacent to the Parish Hall. We will continue with Godly Play, which is a Montessori based curriculum that is calm, open ended, and includes simple manipulatives used to illustrate a story. Godly Play is inclusive, beautifully simple, and lets kids ask questions. The children will hear stories of the Old Testament in the fall and the New Testament in the spring. Children's Church will resume the week after Rally Day (September 15) and will continue until June 8.

Middle School Group 5th — 8th Grade

After MANY years of faithful service, Nat Constance is stepping away from her leadership of this group. Thankfully, she is willing to help me get this group up and running and acquaint me with the Re:form curriculum from Sparkhouse. The meetings will be discussion based with a focus on creativity, and the goal is to give kids a supportive and interactive space to talk about how their identity as young Christians can shape their world, and how they can creatively use this resource as they develop, and ask big questions.

This group will meet twice monthly on Wednesday evenings, and will run concurrently with Confirmation. Attendance is open to all kids in this age group, and will meet in the upper level classrooms of the building.



Confirmation Class 9th — 12th Grade

Karen Allison is back — and we are delighted! Karen is a seasoned and warm guide for this class. I am also so happy to report that Joanne Erspamer has agreed to co-teach. Confirmation is for young adults who are confident that they are seeking this, and requires

regular attendance. This is an intentional study that deepens ties to our own Church, and what it means to be an Episcopalian out in the world. We learn about sacraments, tradition, and philosophy. The Curriculum is "My Faith, My Life," which is designed to equip these students with resources, knowledge and understanding as they near Adulthood. This class



goes for two years and will require registration. Meetings will happen on Wednesday evenings twice monthly during the programming year. If your student is in high school but has already been confirmed, they are welcome to join Adult Formation or be a mentor in another youth group.

Registration

Please find and fill out the enclosed registration form (on pages 11-12) for the young people in your family. This is vital information for the church, as it gives us an idea of what to plan for. We'd like to know if your child is planning on participating in Faith Formation Activities, and a little bit about them. This also includes a photo release, what school they attend/grade, and minimal medical background information. We strive to be as inclusive and accommodating as possible. All children are invited to be a part of this growing group of young Episcopalians! Please mail the completed form back to St. Paul's, or return it in person on a Sunday morning to Sophie before Rally Day. Forms will be included in next month's Messenger, and will be available at Rally Day as well.

Rally Day

September 8! This exciting Sunday is the kick-off for our programing year. We will have the usual games in the Church yard that your kids can enjoy during the 10 am service, get-to-know-you activities, crafts, and opportunity for your kids to meet (or meet again) their teachers for the year. A meal will follow, and away we go! We hope you will attend.

BIG Thanks

Work week has been a success! The Children's room in the basement has been combed through, streamlined for simplicity, and is getting an overhaul largely due to the efforts of Phyllis Saliin, Natalie Constance, and the Sundberg Family. It takes consensus and courage to make changes, and I appreciate the support I've gotten in this effort. I'm writing this as the week continues, and have been floored by the willingness and dedication I've seen as we take ownership of our beloved building I've seen so far.

Celebrate St. Hildegard with Blessing of the Backpacks

Sunday, September 15 at 10 am

As a new year starts, we will celebrate a fascinating woman of faith, Hildegard of Bingen, who was a mystic, composer, writer, and scientist in the 12th Century. In her honor, all kids starting a new school year are invited to bring their backpacks to be blessed.



St. Paul's Needs Teens and Tweens to Serve

REMINDER - Parents of teens and tweens willing to serve as Acolytes are asked to contact Holly Hansen at hlhansen13@gmail.com to get signed up. St. Paul's is very much in need of more acolytes. Students in grades 6-12 are eligible to serve.

ACOLYTE TRAINING - on Sunday, September 29, after the 10 am service, there will be a lunch hosted by Terry Roberts in support of acolyte training that day by Kathleen Smith and Holly Hansen. New acolytes will also be fitted for robes. Thank you!

Respectfully submitted,

Holly Hansen

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Approaching my work joyfully and authentically is my goal for the year. I do my best to honor the mission of the Episcopal Church, and remind myself often of the Four Priorities outlined by our Diocese: Discipleship, Faithful Innovation, Justice, and Congregational Vitality. I've had a great time collaborating with folks from St. Paul's this summer, and have been pleasantly surprised at how many people show up when there's an invitation, whether it's for a beach session, baseball game, or putting in some elbow grease. We have some great things in place for the year ahead, and I hope you know how much your presence adds to the vitality and richness of this congregation!

Peace to you. See you soon!

Sophie Gray Spehar, Faith Formation Coordinator



See the back cover for information about Rally Day!



Outreach Work and Outreach Funds at St. Paul's

Time, talent, and treaure—we know that we can and should give back in these ways. And they all apply to outreach at St. Paul's. Let's focus on the money part of this trio, since some parishioners may not know the following information.

Some money for outreach comes from a line item in the church's annual budget, for example \$2,500 for Chum and \$1,000 placed into a separate Outreach Fund. For a number of years, additional dollars from various sources also accumulated in the Outreach Fund--\$15,343 to be exact as of January 1, 2023.

Recognizing that many local organizations desperately need funds, Deacon Pat and Reverend Maggie made disbursement a priority. An informal Outreach Committee—open to anyone involved in St. Paul's many outreach endeavors—formed in 2023 and invited parishioners to submit proposals for charitable gifts from the Outreach Fund on which the Outreach Committee voted and which went up the chain for Vestry approval. Accordingly, in 2023 and 2024, funds were disbursed to the following local groups, primarily to aid the homeless, hungry, and abused:

- Chum
- Damiano Center
- Gabriel Project

- Duluth Library Foundation
- Laundry Love (Spin City Laundry)
- Loaves and Fishes
- PAVSA (Program for Aid to Victims of Sexual Assault)
- Safe Haven

To date, according to the St. Paul's bookkeeper, \$11,585 in cash has been donated since 01/01/23, leaving \$3,758.

Several questions remain for the Outreach Committee to deal with, and the Committee invites your input:

- 1. How to disburse the remaining funds
- 2. How to replenish the Outreach Fund, for example through a larger annual allocation from the general budget and/or specific fund-raising events.

If you'd like to be more involved or would like more information, please contact Deacon Pat at deacon@stpaulsduluth.org

Respectfully submitted,

Zabelle Stodola



Laundry Love Help Needed

Tuesday, August 13, 8:15 -11:30 am

St. Paul's helps folks launder their clothing free of charge at Spin City Laundry, 232 Central Ave, Duluth. Contact Lara Hill if you are interested in learning more about this program. To sign up to be a volunteer, visit the Sign Up Genius link that was emailed in parish announcements: https://www.signupgenius.com/go/10C054AA9A62DA7FC1-48759102-laundry#/



Fill the Chum Shopping Cart with Pasta!

St. Paul's is a "food staple congregation" for the Chum Food Shelf. While you are welcome to bring any nonperishable food item, our goal is to supply the food shelf with pasta.



This is especially important in summer months when kids are out of school. In May we delivered 60 pounds of pasta to Chum Food Shelf. Please help refill the cart! Located on the ground floor by the elevator.

— Deacon Pat

The Deacon's Stoop

Engaging in Community Conversations as People of Faith

Like most US cities, Duluth is experiencing a growing crisis of unsheltered homelessness fueled in part by the opioid and methamphetamine epidemic, more people dealing with mental health and addiction issues that require support, extreme lack of affordable and subsidized housing, and long waiting periods. The numbers are staggering. In St. Louis County over the last ten years, overall homelessness has increased by 41% and chronic homelessness (homeless for more than a year or recurring periods adding up to a year) has increased by 157%. It is not a crime to be homeless.

Associated public safety concerns increase for everyone when homelessness rises, and we are looking for ways to better address these concerns. Criminalizing poverty is not the solution.

Violations of the proposed City ordinances involve a misdemeanor charge of up to \$1000 penalty and up to 90 days in jail. It costs much less to house a person than to send them to jail. In St. Louis County the taxpayer cost of holding someone in jail is \$177/day, or \$15,930 dollars for a 90-day sentence. We can house people for far less.

Some of the most critical parts of these proposed ordinances include:

Prohibiting camping on city property. A campsite is defined as any place where any tent, lean-to, shack, or other structure, any vehicle or part thereof, or any bedding, sleeping bag, or other sleeping material is placed, established, or maintained with the effect of establishing a temporary place of shelter.

When all shelters in Duluth are operating at or above capacity, what options are left for our neighbors who are living unsheltered?

Redefining abandoned property (this is property that can be confiscated) to include tangible personal property which has been left unprotected from the elements.

People living unsheltered and camping in Duluth leave their personal belongings outdoors or carry everything they own with them.



What happens when they enter treatment for 90 days? What happens when they get out, all their stuff is gone, and there is still no available housing?

<u>Disturbing the neighborhood</u> to include a meeting area which attracts people at times or in such a manner that their arrival or leaving or activities in the neighborhood result in an unreasonable disturbance of the usual peace, quiet, comfort or decency of the neighborhood.

A group of unsheltered persons gathering outdoors in a neighborhood where they don't own or rent a permanent home could be charged under this ordinance. What impact does a typical neighborhood have on determining the definition of "disturbance"?

Blocking passage of streets and sidewalks: No group or company of persons shall assemble together on any highway or sidewalk so as to obstruct the free passage thereof without a permit.

People who are without a house are not without neighbors and friends. While I have many options when I socialize, many of our neighbors do not. Even people with housing like to pull out a camp chair to gather with neighbors and friends outdoors. There was a group of eight in front of Greysolon Plaza out enjoying the sunshine today!

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Multi-Family Housing Developed Since 2019 (4/30/2024)

| Market Rate Housing | # of Units | Affordable Housing | # of Units |
|---------------------|------------|--------------------|------------|
| Built | 1,025 | Built | 298 |
| Under Construction | 408 | Under Construction | 225 |
| Proposed | 2,530 | Proposed | 315 |
| Total | 3,963 | Total | 838 |
| Maxfield | 1,031 | Maxfield | 3,509 |
| Gap | +2,932 | Gap | -2,671 |

Analysis provided by Noah Hobbs, One Roof Community Housing

Planning for Ministry: An Invitation to all Leaders of St. Paul's Ministries in 2024 - 2025

How to Plan An Event or Meeting At Church

We love hosting so many wonderful events at church! It's a gift to have so much going on. However, we need to take some key steps to ensure that we're not planning on top of each other.

<u>Step 1:</u> Check the 2024-2025 Calendar to ensure that something you want to plan is not taking place on a Formation Wednesday, a special Sunday, during Holy Week, or during another major event.

<u>Step 2:</u> Check the church Google calendar, which is where all of our space use commitments are listed. Please ensure that the room you want to use is not being used by another group. You can find this calendar by scrolling all the way to the bottom of the home page of our website.

Step 3: Call or email Rita (office@stpaulsduluth.org or 218-724-3535) to book the room and the event. All space use requests must go through Rita, to ensure correct communication.

Step 4: Email a bulletin announcement to Rita about your event at least one month ahead of time. In this announcement, please write out exactly what you want it to say. Include the day, date, time, and location, and a few key sentences about who might want to attend and why.

Step 5: If there is enough time, write a Messenger blurb about your event and turn it in via email to Rita by the appropriate deadline (see deadlines on this page). Please note that we are often working at least six weeks ahead on our Messenger publications.

---Maggie

St. Paul's Parish Messenger

Deadlines and Mailing Dates for 2024-2025

| Issue | Deadline | Bulk Mail Date |
|-------------------|----------|-------------------|
| September 2024 | 08/22/24 | 08/29/24 |
| October 2024 | 09/19/24 | 09/26/24 |
| November 2024 | 10/24/24 | 10/31/24 |
| December 2024 | 11/21/24 | 11/27/24 |
| January 2025 | 12/19/24 | 12/30/25 |
| February 2025 | 01/23/25 | 01/30/25 |
| March 2025 | 02/20/25 | 02/27/25 |
| April 2025 | 03/20/25 | 03/27/25 |
| May 2025 | 04/24/25 | 05/01/25 |
| June-July 2025 | 05/22/25 | 05/29/25 |

Please add these dates to your calendars and plan ahead.

Rita, office@stpaulsduluth.org

Wednesday Night Schedule for 2024 - 2025



Your church staff has been busily planning an excellent lineup of events for Wednesday nights in the coming year. Some events will happen every week, like Eucharist and Choir practice, while other programs will follow a bi-weekly schedule.

Every Single Week

Unless Canceled

5:15 pm Eucharist6:15 pm Choir Practice7:30 pm Bell Choir Practice

Location of Wednesday Gatherings

5:15 pm Eucharist – Sanctuary

6:00 pm Meal – Parish Hall
6:15 pm Choir Practice – Sanctuary
6:30 pm Adult Formation – Parish Hall
6:30 pm Confirmation – 4th Floor Youth Room A
6:30 pm Middle School Group – 4th Floor Youth Room B
7:30 pm Bell Choir Practice – Sanctuary

In the event of weather, St. Paul's always follows the call of ISD 709, Duluth Public Schools.

Every Other Week

On Dates Listed Below

5:15 pm Eucharist
6:00 pm Meal
6:15 pm Choir Practice
6:30 pm – 7:30 pm Formation:
6:30 pm Adult Forum
6:30 pm Confirmation
6:30 pm Middle School Youth Group
7:30 pm Bell Choir Practice

Bi-Weekly Wednesday Program Nights

September 11 September 25 October 9 October 23 October 30 (Halloween Party) November 6 November 20 - Advent Forum **December 4 December 18** January 15 January 29 February 12 February 26 March 4 & 5 - Shrove Tuesday & Ash Wednesday March 12 March 26 **April 9 – Holy Week Forum** April 13 – April 20 (Holy Week, No Wednesday) April 30 **May 14**

From Your Bookkeeper

Dear Parishioners,

Like many organizations, we incur a significant expense in credit card processing fees. Each individual credit card transaction incurs a separate charge. For example: A \$25 gift incurs a processing fee of \$1.15; times four, that \$100 gift costs \$4.60 in fees. A \$50 gift incurs a processing fee of \$1.87; times two, that \$100 gift costs \$3.74 in fees. A \$100 gift incurs a processing fee of \$3.29. Thus giving \$100 over four transactions is \$1.31 more costly. Over many transactions in a month or year, this has an impact on our expenses. Please consider this when setting up your online contributions.



June 2024 financials were presented to the Finance Committee and Vestry via email in July 2024. Here is a summary of the June **General Operating Fund** results.

| MONTHLY FIGURES: June | This Month | Year to date |
|------------------------------|--------------|--------------|
| Total Pledges collected | \$25,189.47 | \$191,257.40 |
| Total non-pledged collection | \$3,737.25 | \$40,191.79 |
| Investment support | \$11,197.23 | \$51,084.28 |
| Total Income | \$40,123.95 | \$282,533.47 |
| | | |
| Total Expenses | \$41,413.71 | \$283,821.37 |
| amount over/(short) | (\$1,289.76) | (\$1,287.90) |

^{*}The pledge collection amount for June was under the budgeted amount.

If you have any questions, please call me at Church (218-724-3535) or email me at bookkeeper@stpaulsduluth.org.

Christine Melone, Bookkeeper

Continued from page 7

It is important to provide police and fire with the tools they need to address the health and safety of the community. We are working together with city staff, elected officials, public safety officers and our partners to provide appropriate language in these ordinances to not only address concerns deserving of a misdemeanor offence, but to avoid criminalizing homelessness. The language will clarify where misdemeanors are necessary. At the same time the ordinance will provide appropriate options to the individual enabling them to avoid jail time by providing the time and tools to direct them into the programs and services they need to foster a more stable life.

We are working for the public safety of *all* our neighbors, because everyone deserves a peaceful, quiet, comfortable, and decent place to live.

Blessings, Deacon Pat

^{*}Expenses were under budget for the month of June.

^{*}Our bottom line, income over expenses, for June was -\$1289.76. For the first half of the year, we have a deficit of -\$1287.90.

Children and Youth Faith Formation Registration Form

| Family Last Name (s): | | |
|---|-------------------|--|
| Adult 1 Name and Phone: | Adult 1 email: | Adult 1 Address, City, Zip: |
| Adult 2 Name and Phone: | Adult 2 email: | Adult 2 Address (if different than Adult 1): |
| Child 1 Name: | Grade in 2024-25: | Birthdate: |
| Child 2 Name: | Grade in 2024-25: | Birthdate: |
| Child 3 Name: | Grade in 2024-25: | Birthdate: |
| Child 4 Name: | Grade in 2024-25: | Birthdate: |
| Any food or other allergies, medical or learning issues for anyone in the household? If so, please indicate their name, description and how we can assist them: | | |

I give permission to St. Paul's Church to use any photographs and video taken during any church activity that may include my minor children in any church publication including written materials, website and social media posts. I understand my child's full name will not be used unless specifically requested.

| Choose one: |
|---|
| O Yes |
| O No |
| Parent/Guardian Signature: |
| |
| I am interested in helping with Nursery, Sunday School, Wednesday nights, or church events: |
| O Yes |
| O No |

| Write in adult name below, then add check mark to the columns for the volunteer opportuni- ties that interest you | Nursery (Sundays) | Godly Play (Sunday School) | Middle School Youth Group (Wednesday night) | Confirmation (Wednesday night) |
|--|----------------------|-------------------------------|---|-----------------------------------|
| | | | | |
| | | | | |

Questions? Contact Sophie Gray Spehar 218-724-3535

kids@stpaulsduluth.org

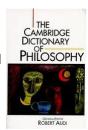
Please complete this form (both sides), and mail it back to St. Paul's: 1710 East Superior Street, Duluth, MN 55812, or return it in person on a Sunday morning to Sophie before Rally Day (09/08/2024).

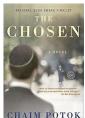


Olcott Room Library

The following books have been added to the Olcott Room Library recently:

The Cambridge Dictionary of Philosophy edited by Robert Audi. Includes coverage of rapidly developing fields such as the philosophy of mind and applied ethics (bioethics) and more entries on non-Western and non-European philosophy than any comparable volume, including African, Arabic, Islamic, Japanese, Jewish, Korean and Latin American.

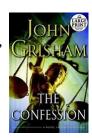




<u>The Chosen</u> by Chaim Potok, first published in 1967, follows the narrator and his boyhood friend as they grow up in the Williamsburg neighborhood of Brooklyn in the 1940s.

The Confession by John Grisham. In a small town in Texas,

an innocent man was convicted of a grisly crime. Now, nine years later, the man guilty of this crime is willing to confess and try to convince the lawyers, judges and politicians that they are about to execute an innocent man.





Gentle Closings: How to Say Goodbye to Someone You Love by Tom Menten. This book is about people who have said goodbye and how they did it.

Gracias: A Latin American Journal by Henri J.M.

Nouwen. The journal of the author's six month (Oct. '81 – Mar. '82) stay in Bolivia and Peru during which he discovered life in a new culture, met a variety of new people and



sought the answer to "Does God Call Me to Live and Work in Latin America?" During this time, he discovered the treasure of gratitude "that can help us break through the walls of our self-righteousness and prevent us from destroying ourselves and our planet."

Respectfully submitted, Faye Witt, Librarian

Lost Treasures From The Archives

Published in the Duluth News on October 30, 1915:

Ladies' Guild Hostess at Luncheon

Members of the Ladles' guild of St. Paul's Episcopal church were hostesses to the women of the congregation and strangers in the city who attend the church, yesterday at a delightful buffet luncheon. The hours were from 12 to 2 o'clock, so that mothers of families might come after the little ones had been safely returned to school. The beautiful guild room was filled throughout the time by guests who came and went.

Scrub oak boughs of russet and crimson with green brakes fresh from the woods, hung in wal! pockets against the golden yellow walls and glong the ledge of the English casement windows. The sunshine note was repeated in the loosely arranged bouquets of yellow button chrysanthemums on both the tables where circles served.

Mrs. Guilford G. Hartley, Mrs. Fred Reynolds, Mrs. John H. Dight and Mrs. George L. Chesebrough were at the tables. The members of the various guilds served.

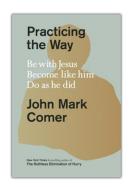
There was no program, the time being passed in renewing acquaintances
after the summer holidays. More
than 150 women attended.

Respectfully submitted, Bob Silverness, Archivist

More Opportunities for Faith Formation

Join Our Book Club

Thursdays, August 1-29, 4:30 pm



Bishop Craig Loya has invited us to a summer read of John Mark Comer's book, **Practicing the Way.** Our group will meet at 4:30 pm on Thursdays, August 1-29, in the Olcott Room. Description of book: Feel like there's more to life? You're right! Best-selling author Comer unpacks God's vision for the journey of our souls; reveals obstacles holding us back from authentically

following Christ; and suggests countercultural spiritual practices--like hospitality, simplicity, and community--that can connect us with a vibrant, lifelong faith. Rethink your assumptions about discipleship and embrace apprenticeship under Jesus!

If you have questions, please contact Deacon Pat. deacon@stpaulsduluth.org or 218-206-5349.

Scripture Study: The Book of Acts

- First half: 12 weeks beginning in September
- Second half: 12 weeks beginning in January

Study leaders for three sections include the Rev. Dr. Barbara Elliott, Brad Brunfelt, and the Rev. Deacon Patricia Benson. Please contact Deacon Pat to indicate your interest in leading or participating in one of the study groups. deacon@stpaulsduluth.org



Jefferson Street Block Party

Saturday, August 10, 2:00 -5:00 pm

St. Paul's will host our 3rd annual Root Beer Floats table! Come meet our neighbors and lend a hand scooping ice cream. Let's help our friends at Loaves & Fishes put on this wonderful event. Contact Deacon Pat for details and to sign up: deacon@stpaulsduluth.org or 218-206-5349.



LAY MINISTRY SCHEDULE – AUGUST 2024

Please find a sub if you are unavailable for your scheduled date.

| | August 4 | August 11 | August 18 | August 25 | September 1 |
|---------------|-------------|-------------------------|--------------|----------------|-----------------------|
| ALTAR GUILD | K Leonard | C Conrad | C Miller | S M Anderson | K Leonard |
| | S Cox | S Hall | L Hultkrantz | D Kolquist | S Cox |
| | M Malone | A Sadowski | C McConnell | S Sommer | M Malone |
| | | K Timmerman | | | |
| | | | | | |
| LECTOR 8 am | M Gustafson | A Mackenzie | J Pastor | M Gustafson | A Mackenzie |
| LECTOR 10 am | M Gustafson | K Smith | N Constance | M Chilson | Z Stodola |
| PRAYER LEADER | L Brunfelt | J Keto | C Miller | L Brunfelt | J Sundberg |
| VERGER | K Smith | K Smith | K Smith | K Smith | K Smith |
| | | | | | |
| CHALICE | M Gustafson | K Smith | N Constance | M Chilson | Z Stodola |
| BEARERS | Z Stodola | J Pastor | M Gustafson | P Enenbach | S M Anderson |
| | | | | | |
| | | | | | |
| ACOLYTES | E Barthel | A Keto | E Erspamer | J Bauer | E Barthel |
| | | | | | E Erspamer |
| | | | | | T Halverson |
| | | | | | |
| LIVESTREAM | D Barthel | J Austin | R Lyle | E Barthel | J Austin |
| | | | | | |
| COFFEE HOST | J & V Groth | H Hansen & C Butcher | M & S Brown | J & R Erspamer | C Meehan & E Jundt |
| | | | | | |
| USHERS | D Barthel | G Olson | B Dinan | M Brown | D Barthel |
| | D Morin | P Waite | C Dinan | S Brown | D Morin |
| | K Swanson | M Gustafson | N Schuldt | D Kolquist | K Swanson |
| | J Sontag | R Lyle | | | J Sontag |
| | | | | | |
| LOCK UP | M Brown | T Diener | J Austin | D Pederson | B Stapp |

Deadline for submissions to September issue of *The Messenger* is 8:00 am, Thursday, August 22, 2024.

Please email items to:

office@stpaulsduluth.org

Other Altar Guild Duties for August

August Linens:

L Hultkrantz, A Sadowski

July/August Brass Cleaning:

C Miller, S Hall, G Lyle

Bread-Baking:

A Rouse, M Dragich



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Visit our website: www.stpaulsduluth.org



Save the Date for Rally Day
Sunday, September 8 at 10 am
Join us for a picnic, boisterous worship

Join us for a picnic, boisterous worship service, kick off for Sunday School, and of course, the bouncy house!

Rally Day will be Sunday, September 8.

We need volunteers to help prepare food and set things up. Stay tuned for an email about how to help.

