

THE MESSENGER

MARCH, 2023

The Spiritual Practices and the *Jesus Prayer*

Each year, the church enters the season of Lent, forty days of preparation to fully participate in the story of Jesus' life, death, and resurrection. Lent was, at one time, a time when Christians prepared new converts to enter the faith, and it was a time that those who had grieved the community were prepared to re-enter it. Lent is a holy time of turning away from what has been holding us back and turning towards God who restores and replenishes our life.

One of the ways that we turn towards God is to engage in prayer and spiritual practices. This Lent the preachers you will hear will introduce simple spiritual practices that you can engage in your daily life. These are prayers that can center you and help you turn toward God no matter what you are doing in the moment.

One particular prayer that has been especially valuable to me during the Lenten season is *The Jesus Prayer*. This is an ancient and simple prayer that can be used in many ways to turn toward God and allow God's mercy to embrace us.

To pray the Jesus prayer, you repeat this simple sentence: "Lord Jesus Christ, Son of God, have mercy on me."

I first encountered it in a Christian spirituality course, but it has featured prominently in my practice throughout my ministry. Over the years, it has meant a lot to me as a contemplative practice. It fills my mind when my wordy brain has taken over, grounds me in God's mercy when I feel unsure or overwhelmed, and brings me back down to reality when I am feeling impatient.

The prayer most likely originated with the Desert Fathers and Mothers, while some trace it as far back to scripture itself. We pray something similar in church on Sundays during Lent, when we sing the *Kyrie* instead of the *Gloria*. Over time, this prayer has become a central part of the Eastern Orthodox prayer tradition, spiritual wisdom from a place that is in deep turmoil as we speak. The prayer more recently came back into Western spiritual traditions through the work *The Way of the Pilgrim*, the story of a spiritual seeker who wanders Russia, Ukraine and Siberia in search of a way to pray without ceasing.

I hope that during our Lenten journey, you can try on the Jesus Prayer to see how it feels for you. I also hope you will engage the different spiritual practices that we will do together each week, and find something that helps you turn toward God as we go with Jesus to Jerusalem.



Peace,
Maggie

Notes of a Different Kind . . . Musings From The Musician

Dear Friends in Christ,

Shakespeare said, “If music be the food of love, play on.” While these are not particularly religious words, I do believe it is in song that we express our love for each other, for the world, for creation, and, most importantly, for God. It’s hard to be upset with someone when you sing with them. You have, at the very least, the common ground of song to bind you together. This is what I hear when we sing in church. I don’t know about you, but I find occasion to worry about a lot of things, on a global scale as well as in my day-to-day life. War and violence are a way of life for people in our own country and abroad. I was in Germany recently, and the anxiety over war was palpable on the streets. The trains are crowded with refugees from Ukraine and other places. There is so much that could silence the song of God’s people in this place, but we still sing together. Make no mistake, the song we sing is not devoid of awareness of the human condition. We sing to make justice happen in a world full of inequity, and our song is still a love song for each other and for the other. Our song is evidence of a God who loves all and wants so deeply for the world to know that. So sing out: sing your love songs, sing your lament, sing your anger, sing your justice. God is listening to our collective voice. Let music be the food of love.



In Christ,
Tom Hamilton,
Minister of Music

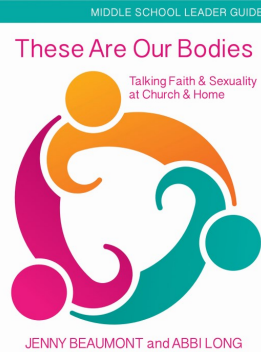
Middle School Faith Formation News

The middle schoolers meet every Wednesday evening, after the worship and dinner in the parish hall. The topic we are on now, until the end of the school year is Our Bodies. The curriculum, from Church Publishing Incorporated, has a fascinating range from “You are God’s Creation” to “You are Thoughtful.”

In January we visited with a funeral director who told us about various burial practices among different faiths.

We started February with a set of questions. We completed questions such as What is your favorite movie/tv show? What is your least favorite? Where is your favorite place to travel? Where is your least favorite? We had a list with a dozen questions on favorite and least favorite. The kids wrote down their answers and crumpled up their papers to make them unidentifiable. Then we enjoyed trying to guess which answers were from which person.

Another week we examined photos and advertisements



and identified whom the photos were targeting.

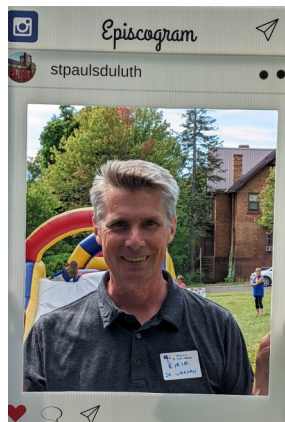
We will spend time discussing body images, with our tendencies to have poor self-images. We will talk about responsibilities with our bodies as they age. What is the respectful timeline to take on more and more adult responsibilities? We will talk about knowledge with many recent scientific discoveries. We will learn about and practice using Thoughtful

Responses as these middle schoolers make their way through the world.

Thank you for supporting the youth in this congregation. Before we know it, they will be the ones singing in the choir, serving on the Vestry, or walking up to the baptismal font with their babies.

Respectfully submitted,
Natalie Constance,
Middle School Faith Guide

From Your Vestry



Vestry gathered for a three-hour retreat in the Olcott Room on Saturday, February 11. I have served the Vestry for six of the last seven years and I cannot remember ever doing this. I enjoyed getting to know not only our new Vestry members, but also the ones who I have been serving with the last two years. Everyone had unique

and inspiring stories on what has kept them coming back to St. Paul's. Community and faith seemed to be a common theme among us all.

As we did at the Annual Meeting and do at all committee meetings, we devoted time for **Dwelling in The Word** and discussed Isaiah 42. This practice has helped ground us in a spiritual understanding in how and why we serve St. Paul's. Rev. Maggie also had us read the foreword from a book called People of the Way: Renewing Episcopal Identity by Dwight J. Zscheile, who happens to be a former associate of Maggie's. It was insightful in how we re-envision the role of the Anglican Church in changing times. As a Vestry, we are witnessing the change of a benefactor model to support our church mission. This book draws on traditional Anglican practices to reach out to our com-

munity in a meaningful way. Many of us look forward to reading the entire book.

Afterwards, we devoted time to wander the church prayerfully to notice things that stood out and then discussed it when we reconvened. We covered the boiler room and undercroft of the church, then to the church main floors and magnificent stained glass windows up high. And finally, we went to the classrooms and youth meeting areas on the top floors. I enjoyed showing the access point to the roof and bell tower as well as the door to the organ pipes (please don't tell Tom Hamilton I did this!)

There is no new business to report at this time, as our February meeting has been pushed back a week so to not conflict with the annual Shrove Pancake Supper and Talent Show. But I do want to say **thank you** to all who attended and contributed to our Annual Meeting, especially those who shared a moment of gratitude for a kind act done in the past year and during the pandemic. It was very moving to celebrate our capacity for kindness and service to each other in a difficult time.

Faithfully submitted,

Eirik Rennan
Senior Warden

Landscape Committee

Let's get a LANDSCAPE COMMITTEE together! Who is on the landscape committee? Answer: anyone who has even a little interest or some ideas about how we maintain and continue to improve the gardens and grounds around our lovely building. Everyone is welcome!

Interested? Contact Carol at carol_andrews@hotmail.com This fall Confirmation class planted four new shrubs so there's been a *little* more progress. The following information from the January 2020 annual report provides an idea of where we left off:

"2019 saw installation of a formal garden with new trees and shrubs on the Superior Street side of the church outside the narthex. This is the first phase of landscaping planning efforts that began in 2015. We envision this new

landscaping makes a statement about St. Paul's, telling the world our church is alive and growing. It shares beauty with people passing by and wildlife habitat. The committee will meet this winter to finalize plans for 2020. Some options include, but are not limited to: replacing plants in existing landscaped areas or planting native shrubs and plants on a portion of the hillside above the main church parking area to reduce the size of lawn requiring mowing and provide erosion control and wildlife habitat."

Respectfully submitted,
Carol Andrews,

Christian Formation

The month of February was one which contained a number of important transitions for the children and youth of St. Paul's. Confirmands, their parents, and adult mentors (a total of 26 people) gathered for an orientation meeting as the formal mentoring program has started. Children "buried alleluias" at the Sunday service preceding Lent, marking the entry to a season of solemnity and introspection. Shrove Tuesday likewise encouraged our community to symbolically clean out our larders of excess and make space for time in the wilderness.

During this season of Lent, young people will be encouraged to consider various practices of prayer, reflection and intentionality in their daily actions. On Sunday, March 5, our whole community will witness and participate in a blessing of the confirmand/mentor relationships. Happily, we can announce that a date has been set for a Confirmation service! We hope that the whole community can come together to support and celebrate our confirmands on Sunday, August 6 at 4:00 pm.

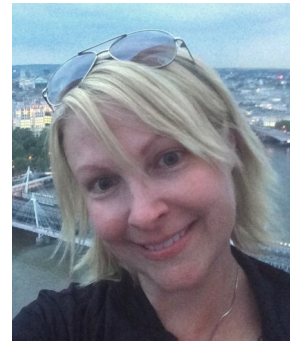


On Sunday, March 12 from 4:00-6:00 pm, all families with kids in grades 3-12 are invited to attend **Family Game Night**. This is also a great opportunity to invite

friends or family to experience the community of St. Paul's in a relaxed and informal manner. The more, the merrier! Just remember to bring a favorite game or two, a side dish, and to sign up in advance, if possible, to make sure we have plenty of pizza.

Families with children, make sure to check out the library in the parish hall. It is now easy to spot, thank you to the recent contribution of bright blue bean bags. Wendy Saliin, with the assistance of her mother, Phyllis Saliin, has been working for months to cull

through the hundreds and hundreds of books which were present, to identify those which are current, relevant, balanced in representation of different groups (for example, gender and race), and with a broad range of topics important for the spiritual



and personal growth of our young ones. There are also books appropriate for middle schoolers on an upper right shelf. This has truly been a labor of love, with a great deal of intention, care and many, many hours invested. While it may seem counterintuitive to remove some books from the library, it has actually been very helpful to the children, as they are more easily able to see and select books of interest. Now, the library is organized by topic, and the spines of the books will soon be color-coded by category to allow for easy reshelving. All are invited to come and check out the new system! Interested in learning about the saints? Cultural diversity? Creation care? World religions? The parables? Emotional development? Wendy has you covered! Children are able to take books home on the honor system, and there is no formal checkout required. Books can just be returned to a bin in the library.

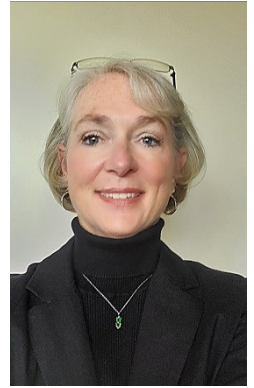
Please know that any books that are no longer in circulation have been re-homed with community families who may not be able to afford quality books for their own children, or donated to other social service organizations. Should you wish to gift books to the St. Paul's library, please contact Wendy for information about topics and areas of current need.

Peace,
Amy Gustafson,
Interim Director of Christian Formation

From Your Bookkeeper

Dear Parishioners,

January 2022 financials will be presented to the Vestry at their February 2023 meeting. Here is a summary of the January **General Fund** results.



MONTHLY FIGURES: January	This Month	Year to date
Total Pledges collected	\$61,088.93	\$61,088.93
Prior year pledges	\$313.00	\$313.00
Total non-pledged collection	\$2,563.65	\$2,563.65
Investment support	\$7,880.93	\$7,880.93
Total Collected	\$71,846.51	\$71,846.51
Expenses	\$57,166.03	\$57,166.03
amount over/(short)	\$14,680.48	\$14,680.48

*The pledge collection amount for January was \$2212.63 over budget.

*Unpledged regular giving is *under* budget \$977.82 year-to-date.

*Total collected from parishioners was over budget \$47.81 for the year.

Expenses were \$763.26 over budget for the month of January, which should get back in line with budget in February.

Our bottom line, income over expenses for January, is a surplus of \$14,680.48, which is \$543.62 under budget.

If you have any questions, comments, or suggestions, please call my office or email me at bookkeeper@stpaulsduluth.org.

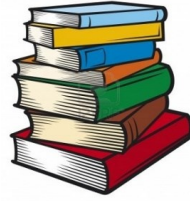
Christine Melone, Bookkeeper

Deadline for submissions to the April issue of *The Messenger* is
8:00 am, Tuesday, March 21, 2023.

Please email items to:
office@stpaulsduluth.org

Available in the Olcott Library

A summary of some recent books that have been added to the Olcott Library:



1. And Don't Call Me a Racist! A Treasury of Quotes on the Past, Present and Future of the Color Line in America Selected and arranged by Ella Mazel. Includes over 1,000 quotes from Frederick Douglass, Arthur Ashe, Lillian Smith, James Baldwin and Martin Luther King among hundreds of others.
2. Approaching the Qur'an: The Early Revelations introduced and translated by Michael Sells. This book consists of 35 suras, or short passages, from the chief holy book of Islam, the Qur'an. These suras are poetic and intensely beautiful meditations, comparable in many ways to the Psalms of David. An introduction to the book as well as commentary to each sura is included as well an audio CD of the Qur'an reciters.
3. Bible and Book of Common Prayer This small hand-size book contains the 1928 approved Book of Common Prayer. The King James Bible includes the dedication of the translators to King James which is

fascinating reading.

4. An Episcopal Dictionary of the Church: A User Friendly Reference for Episcopalians edited by Don S. Armentrout and Robert Boak Slocum. The editors have compiled terms of interest and importance from the history, liturgy, organizations and theology of the Episcopal Church. Also included are entries concerning important people, places and events from the history and life of the Episcopal Church. The editors hope that this reference serves an important starting point for people with questions about the Episcopal Church and its terminology.
5. The Jewish Annotated New Testament This version of the New Testament, annotated by Jewish scholars, presents Judaism before, during and after the time of Jesus and his immediate followers. It offers a new view of the Jewish contexts in which the New Testament and the community of Jesus followers arose.

Respectfully submitted,
Faye M. Witt, Librarian

The Deacon's Stoop



A few updates from Chum for everyone at St. Paul's:

- Minnesota Homeless Day on the Hill: Wednesday, March 8. Ride with your friends from Chum to visit our legislators in St. Paul to advocate for shelter and affordable housing in Duluth. Register on the Chum website:

www.chumduluth.org

- Second Saturday: March 11 at Peace Church (1111 N 11th Ave E, Duluth). This event is hosted by the youth group from Peace. We will be stitching up cotton sacks to fill with rice to make microwavable heating pads, and baking breakfast goodies for the Warming Center.
- March Food Share: During 2022, the Chum Food Shelf distributed 572,349

pounds of food (21% increase over 2021) to 15,691 people in Duluth. We need more food and more money, but for every \$1 donation, Scott can buy \$3 worth of food.

- Laundry Love — still looking for volunteers and contributions.

Also, Nelson Thomas is looking for a few more volunteers to help at the Damiano Soup Kitchen for the St. Paul's shifts. See page 8 for more information. If you are interested, please call Nelson at 218-525-5785.

Blessings,
Deacon Pat

Email: Deacon@stpaulsduluth.org

Phone: 218-724-3535, ext. 206



Lent at St. Paul's 2023



Ways to Engage with Your Faith Community This Lent

Lent is a time of introspection, graceful attention, and re-focusing on God. We observe particular practices in Lent that can help us get focused, following Jesus to Jerusalem to complete his work on the cross.

Worship

Wednesday Eucharists | 5:30 pm

Friday Stations of the Cross via Zoom | 5:30 pm

Sunday Morning | 8 am and 10 am

Palm Sunday | April 2 | 8 am and 10 am

Maundy Thursday | April 6

Good Friday | April 7

Great Vigil of Easter | April 8

Easter Sunday | 8 am and 10 am

Prayer

Sermon Take-Aways Each Sunday

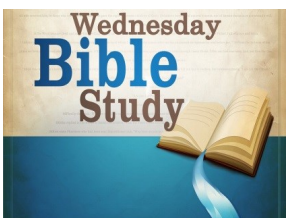
Each Sunday at church, the preacher will invite you to enter a new spiritual practice that you can take home with you and engage in throughout the week. You will learn simple practices that can sustain your soul in daily life.

Zoom link for Friday Stations of the Cross: <https://us02web.zoom.us/j/83154660967?pwd=bIMvS1B3MDNMREiLeVdoSmtSVncrQT09>

Study

Wednesdays at 12 noon

On Wednesdays at noon, Maggie invites you to a conversational bible study that will en-



gage the gospel text for the coming Sunday. This year, our Lenten Gospels are powerful stories of Jesus' ministry from the Gospel of John. Dig into stories like the Samaritan Woman and the Raising of Lazarus, learn a bit more about the Gospel of John and its relationship to the other three gospels, and share your experience of these texts in your own life. *An RSVP is not required, but helps us plan. Please RSVP to Maggie at rector@stpaulsduluth.org If participants are willing to volunteer to provide a simple lunch for one of the sessions, we may be able to provide a meal. Otherwise, brown-bag lunches are most welcome.*

New Member Cohort



On Wednesday evenings, following our supper, all new members of the St. Paul's community are invited to join a cohort. Whether you are a brand new Episcopalian, or an or-

derained clergyperson, this gathering has something to offer you. Based in conversation and connection, we will reflect together on questions like: What drew you here? Why Jesus? Why do we worship this way? And, What does it mean to you to join a faith community? This will also be an opportunity to learn from long-term members of the parish and get connected here. This group will meet five times in Lent, and formally join the church following Easter. Please sign up by RSVPing to Maggie at rector@stpaulsduluth.org.

Help Needed at the Damiano Center

For forty years, members at St. Paul's have volunteered at the Damiano Center (206 W 4th Street) preparing and serving food in the Community Kitchen. It is very rewarding work. Now, Damiano is returning to its pre-pandemic meal schedule, and they need more folks to help. Damiano provides **lunch** on Mondays, Wednesday, Friday, Saturday and Sunday; and they provide **supper** on Friday, Saturday, and Sunday. No meals on Tuesday or Thursday.

First shift is from 8:30 am—1:00 pm; second shift is from 1:30—6:00 pm.

For safety reasons, volunteers must be 16 years of age or older.

The Damiano Center needs help serving meals on the following days each month:

- Third Wednesday of the month, 1st shift (starting in April)
- Second Sunday of the month, 1st shift
- Fourth Sunday of the month, 1st and 2nd shifts
- First Friday of the month, 1st and 2nd shifts
- First Saturday of the month, 2nd shift
- Second Saturday of the month, 2nd shift
- Third Saturday of the month, 2nd shift



On March 15, 1982, the Community Kitchen was the Damiano Center's founding program. This is currently the largest on-site meal program in Northeastern Minnesota, serving sixteen meals each week.

No questions are asked of the people who come for a meal, and everyone is welcome to eat. In addition, they make available day old bakery products and produce for people to take home.

If you're interested in volunteering, call Zabelle Stodola 218-728-8048 or Nelson Thomas 218-525-5785 for more details.

Day after day, year after year, I have been transcribing these small spiritual messages. It makes me think about a powerful spiritual asset: persistence. Some might say, perseverance. Either way, being faithful to a spiritual practice over a long period of time is leaving the door open to heaven. A sacred persistence digs the furrows of faith deeper. Whatever practice you follow, stay with it. It is taking you somewhere sages want to go.

— Steven Charleston

A New Ministry - Dean of Northern Minnesota



As most of you now know, Bishop Loya has asked me to serve as Dean of the NE and NW Mission Areas of the diocese. This encompasses most all of the congregations north of the Twin Cities – roughly 28 in all. The exact “job description” for this position is a “work in progress,” but the Bishop has outlined several broad areas of ministry for this position as Dean of northern Minnesota:

- Convene monthly clericus meetings
- Coordinate with elected mission area representatives to plan and lead Mission Area Gatherings
- Provide pastoral support to faith communities around conflict, leadership development, congregational vitality, and transition when requested
- Regularly communicate with the Bishop about the needs, challenges, and ministries of congregations in the northern region of the diocese.
- Meet regularly with the Bishop
- Attend some meetings and retreats with the diocesan staff and other leaders of the diocese to coordinate all diocesan efforts in the northern area of the diocese
- Make occasional Sunday visitations to congregations.

This Dean’s position is part-time position and should not require more than one-third of my working time. This will allow me to continue to work on the pastoral care, liturgical, educational, and other “duties as assigned” that Rev. Maggie has asked me to fulfill here at St. Paul’s. I will continue to be able to be with you at St. Paul’s on most Sundays for worship and fellowship and will continue to

maintain the office hours/time that Rev. Maggie and the Vestry have asked me to fulfill as Associate Rector.

In my discussions with Bishop Loya about this new position, we have discussed the benefits to both the congregations served throughout northern Minnesota as well as the benefits to St. Paul’s itself in having me here at St. Paul’s serving both as Assistant Rector and as northern Dean of the diocese. It is felt by both the Bishop and myself that establishing strong communications throughout northern Minnesota as well as strong bonds of understanding and affection between St. Paul’s and greater northern Minnesota can only help to support the ministry of everyone throughout this region of the state.

I look forward to this new challenge that the Spirit has led me to and blessed me with.

Lenten Friday Stations of the Cross

I am also excited to announce that I will offer an online participatory Stations of the Cross liturgy via Zoom each Friday at 5:30 pm during Lent. This is a very meaningful liturgy for the season of Lent. There are scriptural readings and prayers for each of the fourteen Stations together with very thoughtful and thought provoking reflections for each Station. Here is the Zoom link: <https://us02web.zoom.us/j/83154660967?pwd=bIMvS1B3MDNMREILeVdoSmtSVncrQT09>



I hope you will consider joining us Fridays during Lent.

Faithfully,
Fr. Rick

Scholarship Committee

Applications for new college scholarships for the 2023-2024 school year from St. Paul’s Church Scholarship Fund must be submitted to the Scholarship Committee c/o St. Paul’s Church by March 15, 2023. Application forms are available in the Parish Office.

Respectfully submitted by Bill Dinan, Scholarship Committee Chair



Lost Treasures from the Archives

The following article was published in Duluth News on March 5, 1900.

At St. Paul's

Self Denial and Restraint

Was Dr. Ryan's Theme

"Lent" was the subject of the sermon preached yesterday by Dr. Ryan, of St. Paul's Episcopal church. His discourse was in part as follows:

"But the days will come then the bridegroom shall be taken away from them, and then shall they fast in those days," *St. Mark II:20*.

St. John the Baptist came denying himself all the comforts and luxuries of life in order that he might better commend his message to men. Christ came eating and drinking like other men "in the world, but not of it." The master's disciples did not fast and this astounded the Jews, and they asked how this could possibly be. Then our Lord declared that while he, the bridegroom, is with them they should not fast but they would fast when he was taken away. In the sermon on the mount he lays down the precept that when his people fast they are to do it before God and not men. One kind of evil possession was only to be removed by prayer and fasting. Our Lord fasted forty days, following the example of Moses and Elijah, to prepare himself for his great ministry. We read in the Old Testament of Daniel, Esther and the Ninevites fasting always with beneficial results. St. Paul declares that he was in fasting often and he says that his ministry was approved by his fasting. Hence we may naturally conclude that fasting and abstinence have a very large portion in Christian discipline. Even the Christian word "temperance" has in it the conception of abstinence and this in every direction of human appetite and activity.

The early Christians seem to have felt that everything which belonged to the external of Christianity they should do at regular times. They prepared to make a business of doing their duty. There were regular times for baptism. The Lord's supper was celebrated at least once in the week, on the Lord's day. Sunday was kept as a weekly memorial feast for Christ's resurrection; so

Friday was a weekly memorial of his crucifixion and a fast. At a very early time, apparently at the very first, there was a fast, with multiplied services, instructions and private prayers, preparatory to the great Easter festival. There was a great difference in the observance of this fast. Some kept forty hours from the time of Christ's crucifixion to the time of his resurrection. Others kept forty days before Easter. Irenaeus, writing late in the century, speaks as though the fast had been observed from the beginning. Tertullian also mention the fast and origin; seems to think that is necessarily covered forty days. The church was under grievous persecution in those days. Little wonder if differences sprang up. At last under Gregory the Great, uniformity was reached and since then universally Lent has covered at least forty days.

Our church does not lay down any hard and fast rules for Lenten observance. In this she follows primitive custom. Socrates, the historian, shows how various was the method of fasting as to foods and times. Climate, temperament, work and purpose, all would seem proper to be taken into consideration.

The main end to be gained is "self-discipline." Our self denial does not add any to the happiness of God, but it goes a good ways towards establishing our mastery over ourselves. We have no right to call any food "common or unclean." But certainly people eat and drink more than is good for them and our weakness lies in certain directions. It is said sometimes that certain people are the slaves of their appetite and that they cannot control themselves. He who has never learned to control his lawful appetites certainly cannot marvel if he cannot control his unlawful inclinations.

Respectfully submitted,
Bob Silverness, Archivist



The Rev. A. W. Ryan was rector of St. Paul's from 1893-1922. This was a lengthy term of service, during a period of tremendous growth for our church and for Duluth.

LAY MINISTRY SCHEDULE –MARCH 2023

Please find a sub if you are unavailable for your scheduled date.

	March 5	March 12	March 19	March 26	April 5
ALTAR GUILD	J HARVEY	C CONRAD	C MILLER	J JARNIS	J HARVEY
	S Cox	S M Anderson	A Gustafson	R Ballou-Buck	S Cox
	S Sommer	S Hall	L Hultkrantz	D Kolquist	S Sommer
		A Sadowski			
LECTOR 8:00 am	N Diener	A Mackenzie	M Gustafson	J Pastor	A Mackenzie
LECTOR 10:00 am	R Butler	J Stromquist	Z Stodola	K Smith	N Diener
CHALICE	R Butler	J Stromquist	Z Stodola	K Smith	N Diener
BEARERS	J Pastor	K Baumgarten	P Enenbach	P Enenbach	R Butler
	S M Anderson	N Diener	J Pastor	M Gustafson	S M Anderson
ACOLYTES	M Butler	L Fellman	A Barthel	A Dodge	E Erspamer
	L Gustafson	J Shambour	E Barthel	J Bauer	G French
	C Gustafson	I Denny	A Keto	C Butcher	O Morin-Swanson
LIVESTREAM	J Austin	D Clanaugh	R Lyle	J Austin	J Austin
COFFEE HOST	W Copeland & M Chilson	Erspamer Family	B & K Silverness	Fait-Rennan Family	K Smith & T Halverson
USHERS	D Morin	R Lyle	B Dinan	M Brown	D Morin
	K Swanson	G Olson	C Dinan	S Brown	K Swanson
	D Barthel	P Waite	N Schuldt	D Kolquist	D Barthel
		M Gustafson			
LOCK UP	J Austin	D Pederson	C Fellman	M Brown	T Diener

Altar Guild Other Duties for March:

March Linens:

C Miller, E Killen

Subs: C Conrad, C Miller

Weekly Team Subs:

G Bouschor, E Killen

March/April Brass Cleaning—

Date TBD:

D Kolquist, A Abraham, A Slattery

Sub: C Miller

Wednesday Evening Services:

3/1—Team 1

3/8—Team 2

3/15—Team 3

3/22—Team 4

3/29—Team 1



St. Paul's Episcopal Church
1710 E. Superior St.
Duluth, MN 55812

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Visit our website:
www.stpaulsduluth.org



St. Patrick's Day Irish Ceili March 17

Loaves and Fishes Community will host their annual Irish Ceili at St. Paul's Episcopal on Friday, March 17 to celebrate St. Patrick's Day and to raise funds for neighbors experiencing homelessness. The Ceili will feature live Irish music by the Zenith City Ceili Band and easy traditional group dances, called by Terrence Smith. The Ceili is open to people of all ages and abilities. No partner is necessary and all dances are taught. Dance instruction begins at 7 pm and the dancing

starts at 7:30 pm. A suggested donation of \$10 per person (\$5 low-income) or \$25 per family benefits the work of the Loaves and Fishes Community.

Ceili is a Gaelic word that means "party", and traditional ceilis bring together entire communities to dance and let go of their worries. For over 40 years, Duluth's St. Patrick's Day Ceili has continued this tradition while raising funds for local community programs. For more information, contact Loaves and Fishes at 218-260-7343.