

THE MESSENGER

JUNE –JULY, 2024

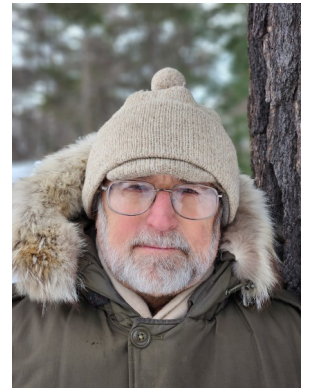
My Grandmother's Altar Flowers

On Saturday afternoons, when I was growing up, my grandmother and her friends visited each other's flower gardens. My grandmother and her friends were members of the Rosary and Altar Society, the Catholic equivalent of the Episcopal Altar Guild. The flowers picked from their gardens were destined for the altar for next morning's Mass. Besides attending church the next morning, these Saturday visits were their social occasion of the week. The smiles on their faces as they greeted each other, complimented each other about their gardens, and exchanged advice about what to do about caterpillars and other bugs showed how much they enjoyed this break from the vegetable gardening, canning, cooking, and other chores that occupied the rest of their weeks.

Their flowers were old-fashioned species and varieties, such as delphiniums, gladioli, zinnias, hollyhocks, irises, lilies-of-the-valley, peonies, and old-time roses, among many others. Gladioli were my grandmother's specialty and her pride and joy. Their tall spikes glowed apricot and yellow on the altar in August like the sunset later that day. My grandmother was a modest woman, but she beamed whenever anyone complimented her on her flowers, especially her gladioli.

The women brought the flowers by the armful into the church late on Saturday afternoon, arranged them in vases for the altar, and then knelt in the pews and prayed the rosary. Overnight and next morning, these flowers emitted heavenly fragrances that filled the small church they and their husbands built by hand many years before, after most of them had emigrated from Hungary.

The arranging of the flowers, followed by praying the rosary, was a worship service not found in any prayerbook, but for the women it was their time together with each other and with God. The flowers were a gift from these women's gardens, but more importantly they were a gift from their spirits which lifted us all.



Respectfully submitted,
John Pastor

During the summer, we are experimenting with highlighting essays from parish members who have unique spiritual stories to tell. This month I'm pleased that John Pastor agreed to tell us about one of his mother's summer spiritual practices: cutting local flowers for the altar. During the summer, we will use flowers cut from members' gardens for our altar flowers. John also tends our Celtic Garden and helps provide local flowers as needed. — Maggie

Summer Calendar at St. Paul's

Sunday, June 2

- ◆ New Member Welcome Sunday
- ◆ Forum with Visiting Bishop Craig Anderson

Sunday, June 9

- ◆ Feast of St. Enmegahbowh

Sunday, June 23

- ◆ Outreach Team Meeting (*After the 10 am service*)

Sunday, June 23 – Friday, June 28

- ◆ General Convention of the Episcopal Church, Louisville KY

Please pray for the Rev. Rick Swenson and Olivia Morin-Swanson who are attending as delegates. This convention will also elect the next Presiding Bishop of the Episcopal Church, so please pray for a discerning election.

Sunday, June 23 – Thursday, June 27

- ◆ Episcopal Youth Camp

Please pray for St. Paul's youth and leaders who are serving at ECMN youth camp this year.

Sunday, July 14

- ◆ Visiting Preacher: the Rev. Paul Nancarrow

Week of July 14-20

- ◆ Church Work Week—See p. 4

Sunday, July 21

- ◆ Lake Superior Sunday—Joint Service on the Beach at St. Andrew's, Park Point (*see back cover*)

Sunday, September 8

- ◆ Rally Day

Join Us For Wear Orange

Friday, June 7, 6:00 pm, Canal Park

Sponsored by Moms Demand Action

Honor victims and survivors by wearing orange, as we work together to end gun violence. Join us for speeches, group photo and a walk across the Lift Bridge out to the Light-house. Meet at the tug boat in Canal Park, rain or shine. For more info email: info@momsdemandaction.org

—Elisabeth Sederberg Gibbons

New Member Welcome (see p. 7)

Sunday, June 2, 10:00 am

Next Sunday we will feature a special liturgy officially welcoming six new households to the church! Some have been with us for a while and are formally joining. Others are recent to the community and would love your support and connection. Please welcome:

- Chris Meehan & Eric Jundt;
- Doug & Ann Melander;
- Annalisa & Peter Peterson (Sigrid and Astri);
- Ann Wallin Harrington;
- Jordan & Adam Sundberg (Silje and Tova);
- and Katie & Nick Timmerman (Eloise and Elliot).

Reflections on Ecumenical Leadership: Forum with Retired Bishop Craig Anderson

Sunday, June 2, 11:30 am, Parish Hall

This summer, St. Paul's will have a special guest, a visiting retired bishop from South Dakota. Bishop Craig Anderson was bishop of South Dakota from 1984 to 1993. He was the president of General Theological Seminary from 1993 to 1998, and became president of the



The Rt. Rev. Craig Anderson and his wife, Liz Anderson

in 1995, where he served in leadership until 2001. He currently serves Lutheran congregations in SW Minnesota. With such an extensive background on church leadership, both within the Episcopal Church and across denominations, we will host a forum after church where we can ask Bishop Anderson about his experiences. What are the biggest challenges facing the church today, and how have they changed? What gifts does ecumenical ministry bring to the average congregation? This promises to be an interesting and informative hour of good conversation!

Vestry Notes

First, I would like to thank so many of you for the good wishes, prayers, cards and emails I've received while I recuperate from an accident that happened when I was in Mexico to see the total solar eclipse. The accident resulted in a broken tibia/tibial plateau and knee damage which required surgery. As of this writing, I am still 'homebound' and non-weight bearing on my right leg. Hopefully, I will be back at church in person and vertical very soon.

Next, I want to give a special shout out to the hardworking folks who made the rummage sale happen. Led by the talented Susan M. Anderson and Jim Sontag, this event raised over \$13,000! This is an astonishing result, as typically the rummage sale brings in \$3,000-\$5,000. Part of the purpose of the rummage sale is to raise money for service organizations allied with our community outreach efforts. This year, it was decided to share our good fortune and give essentially a "double tithe" (20%) to Safe Haven, or \$2,800.

In the past two months, there has been a lot of activity at St. Paul's. Some of it we easily see, like Easter Sunday, choir, bells and musicians, Bible studies, Wednesday night programming, kids church, and the rummage sale. Other activities are not as visible, the work that clergy, staff and

volunteers do behind the scenes, meetings, caring for our beloved building, caring for individual members, planning and discerning about the future of St. Paul's. In the last Vestry meeting, Maggie posed thoughtful questions to spark discussion about future planning. The idea was to imagine the Parish Hall filled with timelines of our history, including pictures and narratives about what happened in and through our church history. Maggie asked what might we envision would be included for the time periods 2020-2025 and 2025-2030? A robust discussion followed. I pose the same scenario to all of our members. What might you wish for St. Paul's in the next 5-10 years? Feel free to share any thoughts or ideas with me or any of the members of the Vestry.



Respectfully submitted,
Nancy Diener, Senior Warden

Church Night at Wade Stadium

You are enthusiastically invited to come to Wade Stadium in Duluth to cheer on the Duluth Huskies!



Wade Stadium,
101 N. 35th Ave. W, Duluth
Sunday, July 7, 5:05 pm
Duluth Huskies vs. Thunder Bay
Border Cats

We will purchase advance group tickets so we can all sit together and socialize throughout the game. These seats (aka box seats) are benches with a back on them, located along the first base line. We are getting a Group Rate of \$11.00 per person.

Call or email Rita in the Parish Office by July 1 to reserve your tickets. Feel free to invite family, friends and neighbors, too. Please reserve early, we would

love to have everyone together in one section, so the earlier we can confirm it the better. Pay Rita by cash, check, PayPal or Venmo.

And July 7 is "Christmas in July" Day at the Wade! They haven't told us yet what that means, but since everybody at St. Paul's loves Christmas, it sounds pretty great!

218-724-3535 office@stpaulsduluth.org



Respectfully submitted,
Rita Rosenberger, Parish Secretary

Two of St. Paul's own: Charlie Sutherland and Joe Vos, are playing for the Huskies this summer — let's cheer them on!

Summertime at St. Paul's

Hello!

I've really had a hard time deciding what to write about this month- I think that's a sign that I should just write about what's happening over the summer, and what you can expect to see from Youth Faith Formation as far as communications go. I am looking forward to a few months of quiet preparation for the 24-25 Programming Year. I think this year has been successful, and I have a much better idea about what to do (and how) next year! In the meantime, here are some ideas about activities happening at St. Paul's and around Duluth that might be of interest to you.

Super Rhubarb Fest - Support Chum and find some delicious goodies! Saturday, June 29, 9:00 am to 3:00 pm at 2802 East 4th Street, Duluth

Wednesdays at St. Andrews/Beach time - 5 pm, June 19, July 3, July 17, August 7, and August 21. 2802 Minnesota Ave., Duluth. Gather at St. Andrews for outdoor fellowship. Bring your family, beverages, and beach gear. I will bring beach friendly foods. This is a chance to visit, the kids to play, beach pickup, and see God in the lake. Weather permitting. More info to come.

St. John of the Wilderness Intergenerational Visitor Group - June 17-20. A group of 20 people is coming up from White Bear Lake to stay in Duluth for the week. They will be doing outdoor adventures, engaging in service projects, and enjoying fellowship. They are staying at St. Andrews and are interested in partnering with families at St. Paul's, but they are still solidifying plans. If you are interested in getting involved email kids@stpaulsduluth.org for more information.

Kids Wilderness Adventure for Teens - July 21-23, Brad Brunfelt, Jason Butcher, and Rector Maggie will be leading a group of teens from St. Paul's on a manageable loop just outside of the BWCA. Please register ASAP.

Teen Camp ECMN- June 23-27. Green Lake Bible Camp, Spicer MN. <https://episcopalmn.org/events>

Family Camp July 28th-Aug 1- Shores of St. Andrews, New London, MN. The Spehar family will be attending. There are still spaces available, as are scholarships. If you are interested in hearing more about family camp, please contact Sophie for more information.

Other events around town that I hope you check out:

Concerts on the Pier-Wednesday nights at Glensheen. These events are free, fun, and open to the public. Happening 5:00-8:00 pm, Wednesdays in July and August.

Music in the Park Tuesdays in Chester Bowl - Same as above! But on Tuesdays in Chester Bowl, 1801 E. Skyline Pkwy. Start time is 6:30 pm, June 18-August 13.

Taste of Greece - June 15-16. Sponsored by Twelve Holy Apostles Greek Orthodox Church. Listed here because it's for a good cause and I LOVE Greek food.

And as Always, checking Perfect Duluth Day is a great way to stay current on events happening around Duluth. Information on the above events and more can be found there.

<https://www.perfectduluthday.com/duluth-events/>

Look for information about:

Registration for your Child for next year. We will be sending registration forms in the mail for your kids interested in participating in kids programming for the 24-25 year. This will help St. Paul's plan for confirmation, middle school, elementary and nursery volunteer needs.

St. Paul's Work Week: July 14-20. This will be a chance to get our church shined up and ready for the coming year. Projects include painting, cleaning, organizing, sorting, sprucing and landscaping. Save the dates on your calendar, volunteer opportunities will be flexible and low stress. Signups coming in June.

Lastly, I want to thank you again for a great first year. It was bumpy, it was fun, it was surprisingly transformative! I am excited to use the momentum that's been created to keep growing, learning, and praising!

I hope for peace, blessings, and blueberries for you and yours.

See you in the pews,

Sophie Gray Spehar,
Faith Formation Coordinator



The Deacon's Stoop

On the day of Pentecost, God's wild, reckless, uncontrollable love set the early church on fire, igniting in the first Christians a singular passion to fold the whole hurting world into the healing arms of God's love. Every Pentecost is an invitation to allow God to rekindle that fire in us, renewing our own passion to join God's project to knit together the beautiful spectrum of human diversity into a communion of perfect love, reflecting how the very heart of God, the three in one, is difference without division and unity without uniformity. In an election season that both features and plays out against the backdrop of what seems like a never-ending assault on the vulnerable, the poor, and the marginalized, with a dangerous white Christian nationalism threatening both the fabric of our common life and the integrity of the church's public voice, the gift and fire of Pentecost are as urgently needed right now as they have ever been.

— Bishop Craig Loya

This week we noted the close of the 2024 Minnesota Legislative session. Our area senators and representatives have worked passionately for the people making their homes here, living their lives here amid increasing challenges. While I applaud their efforts, I'm also saddened by what we *didn't* accomplish. We didn't see constitutional amendments safeguarding the human rights and dignity provided in the Equal Rights Amendment, or the amendment to remove barriers to homeownership, to make our rental housing safe and affordable, and to protect our vulnerable households and communities from displacement and homelessness. We didn't see funding to provide shelter for the hundreds of people living outside year-round in Duluth. We need the gift and fire of Pentecost to knit us together into a communion of perfect love.

This week Chum co-hosted the Affordable Housing Listening Event at Peace Church, where we heard the stories of our neighbors struggling to find housing in Duluth. We heard from a young couple who are both working full time to support themselves and their baby, who worked diligently for three months without success to find housing they could afford, and had to settle for a place that is distant from work and childcare at a cost that is \$400 over their budget at a time when food prices have increased by 25% in the past year.

We heard from our neighbors at Loaves & Fishes, who daily offer a home to those who have nowhere else to go. We heard from

Stepping On Up and One Roof about the housing stats in Duluth. We heard about City Council members discerning how to spend \$3.9M in remaining funds from the American Rescue Plan Act that have to be used or returned by the end of the year. So many needs make these hard choices.

In 2019, Duluth sponsored a study by Maxfield Research to assess the housing needs of our community. Their analysis revealed the need of 1031 market rate units and 3509 affordable and senior housing units in Duluth by 2030. Affordable in this context is tiered, beginning with a single person household earning \$50,000 or less.

More than half of all Duluthians are cost-burdened by housing costs, paying more than 30-50% of their income on housing. Most citizens in Duluth don't make more than \$50K/year, which is considered 80% of the Area Median Income. This leaves people with little capacity to address other needs that support a healthy life. Ramen fills a stomach without providing any nutrition. Hungry kids in school can't focus, and it affects the ability to learn. Hungry employees don't perform as well on the job. And all of this diminishes their ability to respond to the unpleasant and costly surprises life can bring, from a car breakdown to a medical bill. One little crisis can be enough to break them because they have no capacity to build savings or resilience. The Covid shutdown revealed just how vulnerable people are, and by March of 2022 eviction rates in the Duluth area reached 150% increase above historical averages.

To date, Duluth has over 5000 market rate units going up or completed (much more than the need of 1031). In stark contrast, less than 1000 affordable and senior housing units have been added (much less than the 3509). This gives us a shortfall of more than 2500 affordable housing units in the pipeline.

St. Paul's Outreach is working and standing with our neighbors in need. We host a 2nd Tuesday Laundry Love team at Spin City Laundry and offer two free loads to people with low/no income to offer them the dignity of clean clothes. Twice a month, teams from St. Paul's work at Damiano Center to prepare and serve free meals to folks who are hungry.

We are a "food staple" congregation supporting the Chum Food Shelf, collecting pasta year-round to feed our hungry neighbors. We facilitate a food rescue program, picking up frozen trays of food leftovers from the



Continued on page 12

WHAT DO WE NEED?

There are many ways to get involved at St. Paul's.
Here are some of the ministries that are looking for help.

Participate in Worship

Acolytes	Lectors / Readers	Altar Guild
<p>Acolytes are teens and young folks who carry the cross and candles. Acolytes also help with communion and the offering.</p>	<p>Lectors read from the scriptures at the 10 am service. The lessons are emailed ahead of time.</p>	<p>The Altar Guild prepares all aspects of the sanctuary for worship, caring for the linens, communion items, and more.</p>
<p>Acolytes serve in teams of three, about once per month.</p>	<p>Lectors serve once every six weeks or so.</p>	<p>Guild members serve once a month and on holidays in teams of 3-5.</p>
<p>Contact: Holly Hansen hlhansen13@gmail.com</p>	<p>Contact: Nancy Diener nancymcdiener@gmail.com</p>	<p>Contact: Lynnea Hultkrantz lynneajh@mac.com</p>

Get Involved in Our Ministries

Bake Rhubarb Scones	Lay Pastoral Visitors	Receptions Team
<p>St. Paul's contributes hundreds of rhubarb scones to Chum's annual Rhubarb fest. Baking takes place at church in June. See page 8.</p>	<p>Lay Pastoral Visitors ensure that our homebound elders and people in the hospital have a connection with their church. Safe Church training is required.</p>	<p>When we host a funeral or a celebration, a team of dedicated volunteers cares for the kitchen and provides hospitality.</p>
<p>Annually in June: chop rhubarb after church on June 23, then prep, bake, box and deliver on June 27 and 28.</p>	<p>Visitors usually have one or two people to visit, and may choose weekly or monthly visits.</p>	<p>Serve as needed, typically on Fridays or Saturdays.</p>
<p>Contact: Sue Brown spb55803@gmail.com</p>	<p>Contact: Natalie Constance natcon2@msn.com</p>	<p>Contact: Marilyn Minter mminter815@gmail.com</p>

Serve Duluth With Your Church

Laundry Love	Damiano Center	Rhubarb Fest
<p>Help people in need do their laundry for free at a local laundromat.</p>	<p>Serve a meal monthly to folks who utilize the Damiano Center.</p>	<p>Chum's biggest fundraiser of the year is Rhubarb Fest on June 29. Volunteer support is needed all day.</p>
<p>Monthly on Tuesday Mornings</p>	<p>Serve monthly on the first Monday or the third Wednesday.</p>	<p>One Time Ask: June 29, 2024</p>
<p>Contact: Pat Benson deacon@stpaulsduluth.org</p>	<p>Contact: Zabelle Stodola kzstodola@ualr.edu</p>	<p>Sign Up Genius at https://www.chumduluth.org/rhubarbfestival</p>

New Member Cohort Introduction

Ann W. Harrington: Ann grew up in Omaha, Nebraska in a very Swedish & German Lutheran family/faith/farming community. She found her way to Minnesota in 1973 for her first job as a Speech Language Pathologist for the Rochester, MN Public School system. Ann holds a Bachelor of Science degree in Education and a Master's degree in Speech/Language Pathology. It was in Rochester that Ann met her husband Steve at a church picnic.



Since arriving in Duluth in 1977, Ann has worked as an SLP, been active as a group leader in Community Bible Study, became a Life Coach, learned how to cross-country ski, had two children and started her own consulting/training business around sharing the language/connection concepts of Nonviolent Compassionate Communication (NVC). Currently, she meets with Ann Harrington Training & Consulting (annwharrington.com) clients at their workplace or other locations. She views her work in "conflict transformation" as a calling and a privilege. Ann was originally invited and introduced to St. Paul's Episcopal Church through St. Paul's Parish Nurse at that time, Linda Paulsen. As close friends they celebrated everything from the pipe organ to the liturgy and more!

Chris Meehan & Eric Jundt: We are recent transplants to Duluth as of November 2023, spending the last five years in Grand Marais. We have been together since 2011 and were married in 2018 on the shores of Lake Superior. Eric is a physical therapist, currently working as a regulatory and compliance consultant for Optum. Chris is a director of workforce scheduling for CVS Caremark. We are both excited to be in a new city with our dog Odin and to continue our faith journey together at St. Paul's!



Ann and Doug Melander: Both born and raised in the Duluth area. Doug came into their marriage with three children (Paige, Phillip and Stewart) and they have two boys together (Andrew and Jonathon). Doug was a downtown men's clothing



merchant for 27 years and currently works in Sales and Leasing for the Kolar Automotive group. Ann works for Stryker Corporation

in their Sustainability division. They love spending time with family and friends. Doug loves to spend time on the water when he gets the chance and Ann loves to spend time with her horse. They are very excited to become a part of the St. Paul Episcopal community.

The Peterson Family: Annalisa, Peter, Sigrid (10) and Astri (7) Peterson have attended St. Paul's since 2018, and are very excited to be formally becoming church members. Peter grew up in Poplar, Wisconsin, and Anna grew up in Duluth. They lived in Illinois and California before moving back to the Northland in late 2014. Peter is a member of the Computer Science faculty at UMD, and Anna works as an Ombudsperson for Johns Hopkins University. Sigrid and Astri are part of the Misaabekong Ojibwe Language Immersion program at Lowell Elementary.



The Sundberg Family: We are Adam, Jordan, Silje (9) and Tova (6) Sundberg. We're Hillsiders who love our beautiful city, the people and stunning nature with it. We also love this church and its beautiful people. The girls especially love the giant pieces of communion bread.



The Timmerman Family: Nick and Katie Timmerman live in Duluth with their two children Eloise (7) and Elliott (4) and their shelter pup, Margot. Originally from Michigan, Katie and Nick moved south to earn advanced degrees and explore work opportunities. Deeply missing the Midwest, they were thrilled for the opportunity last summer to move back closer to family and the Great Lakes. Nick is a history faculty member at Fond du Lac Tribal and Community College (FDLTCC) and Katie works remotely as a vice president of people & operations for a public relations firm. Outside of work, their family enjoys playing board games, hiking, biking, and traveling to new places.



welcome

From Your Bookkeeper



Dear Parishioners,

Like many organizations, we incur a significant expense in credit card processing fees. Each individual credit card transaction incurs a separate charge. *For example:* A \$25 gift incurs a processing fee of \$1.15; times four, that \$100 gift costs \$4.60 in fees. A \$50 gift incurs a processing fee of \$1.87; times two, that \$100 gift costs \$3.74 in fees. A \$100 gift incurs a processing fee of \$3.29. Thus giving \$100 over four transactions is \$1.31 more costly. Over many transactions in a month or year, this has an impact on our expenses. Please consider this when setting up your online contributions.

April 2023 financials were presented to the Finance Committee and Vestry at their May 2024 meetings. Here is a summary of the April **General Fund** results:

MONTHLY FIGURES: April	This Month	Year to date
Total Pledges collected	\$33,783.78	\$150,089.55
Total non-pledged collection	\$18,841.03	\$33,275.69
Investment support	\$7,483.77	\$29,822.48
Total Income	\$60,108.58	\$213,187.72
Total Expenses	\$53,874.75	\$195,403.98
amount over/(short)	\$6,233.83	\$17,783.74

*The pledge collection amount for April was over the budgeted amount.

*Expenses were under budget for the month of April.

*Our bottom line, income over expenses, for April was \$6233.83, largely due to the successful Rummage Sale. Year-to-date we have a surplus of \$17,783.74.

If you have any questions, please call me at Church (218-724-3535) or email me at bookkeeper@stpaulsduluth.org.

Christine Melone, Bookkeeper

Bake Scones for Rhubarb Festival

Chum is hosting the annual Rhubarb Festival on June 29 at the Holy Rosary School parking lot, 2802 E 4th St. It is a tradition that St. Paul's bakes rhubarb scones for this event. Bakers and non-bakers are welcome to be a part of St. Paul's "Festival Crew".



Got Rhubarb to donate? Great! Just bring whole stalks of rhubarb (no leaves) in paper bags to the refrigerator in the Parish Kitchen by Sunday, June 23. Please do not cut it up.

Our preparation and baking will take place in St. Paul's Kitchen on the following days:

- **Sunday, June 23** — Chopping rhubarb in the church kitchen starting after the service
- **Thursday, June 27** 9:00 am to 5:00 pm — Making scones, putting boxes together and labeling them
- **Friday, June 28** 8:00 am to 5:00 pm — Baking scones, packaging them and delivering to Holy Rosary

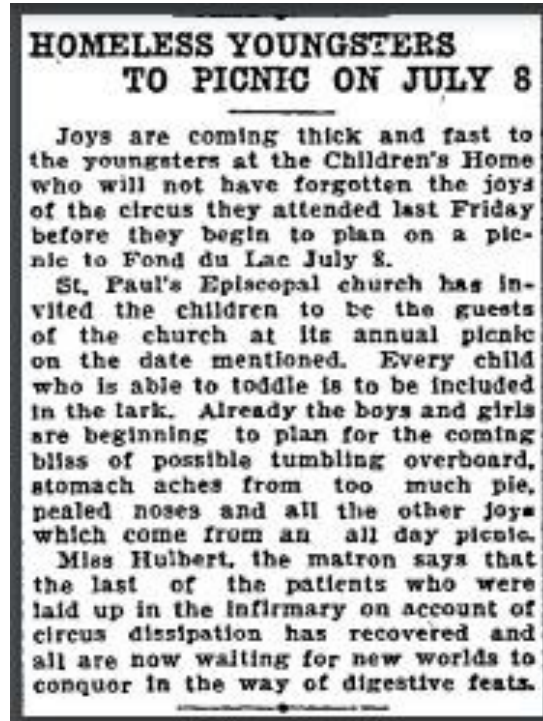


Feel free to contact Sue Brown with any questions or to make cash donations for the ingredients.

Thanks,
Sue Brown

Lost Treasures From The Archives

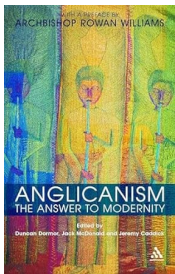
Published in the Duluth News on
June 30, 1908:



Respectfully submitted,
Bob Silverness, Archivist

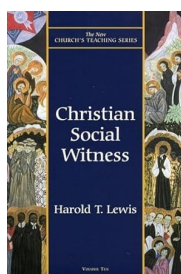
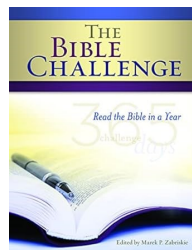
Olcott Room Library

The following books have been added to the Olcott Room Library recently:

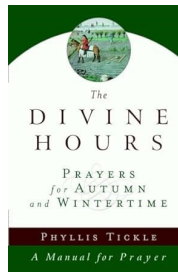


Anglicanism: The Answer to Modernity, edited by Duncan Dormor, Jack McDonald and Jeremy Caddick. This book explores the credibility, wisdom, and coherence of Anglican answers to biblical, moral, philosophical and social issues.

The Bible Challenge: Read the Bible in a Year edited by Marek P. Zabriskie. This book sets out 365 days of bible readings along with a meditation, questions and a prayer to accompany the bible reading for the day.

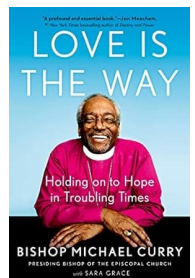


Christian Social Witness by Harold T. Lewis. Surveys the teachings and witness of Anglicanism and the Episcopal Church concerning the Christian vision of a righteous social order and examines the challenges of the new millennium.



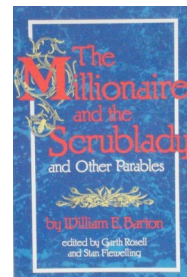
The Divine Hours by Phyllis Tickle. A manual for prayer containing prayers for autumn and wintertime.

Love is the Way by Bishop Michael Curry. Bishop Curry talks about holding on to hope in troubling times.

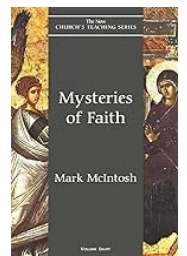


The Millionaire and the Scrubladly and Other Parables by William E. Barton.

This book uses the storytelling style of an ancient philosopher experiencing life in the twentieth century, finding timeless truths in daily incidents.



Mysteries of Faith by Mark McIntosh. This book on theology introduces the doctrines of creation, revelation, incarnation, and salvation all held together by the doctrine of the Trinity.



Respectfully submitted,
Faye Witt, Librarian

Messages from Our Graduating Seniors

We had a wonderful Graduation Sunday on Pentecost, May 19. St. Paul's has TEN seniors graduating from high school. We enjoyed hearing from six of the seniors at church that day. For those of you who missed it, here is what they shared with us:

Agnes Barthel:



Good morning! I'm Agnes and I'm graduating from Harbor City International School in a couple of weeks. I have been a member here at St. Paul's my whole life. I was baptized here by Fr. Bill Van Oss, spent my Sunday mornings in the nursery, then in Sunday school with Sue, then in church as an acolyte, and eventually

as a choir member and occasionally an organist. At St. Paul's I've always felt so loved and supported by my church family, especially by my parents David and Rita, my godparents Beth and Eirik, my incredible organ mentor Tom Hamilton, and my many faith mentors, especially Bill and Sue, Natalie Constance, Karen Allison, Carol Andrews, Brad Brunfelt, and Laura Budd, who have all left a great impact of my faith and my life. And, I am also incredibly grateful to every single one of you for your endless support, whether that's been supporting a fundraiser I ran for my school or listening to me play in church, or just being part of this big wonderful church community.

In the fall I'm heading off to St. Olaf College in Northfield, where I'll be studying Organ and Environmental Studies. I am both excited and terrified to move away from the place I've lived my whole life, but I'm comforted by the knowledge that I will always be able to return to St. Paul's and be welcomed by my church family with open arms. I'm going to miss this church very much, especially singing in choir every Sunday, chatting at coffee hours, and spending time with my church friends. But, I plan to come back and visit often. Thank you all again for your support and for being such a loving community.

Arna Rennan:

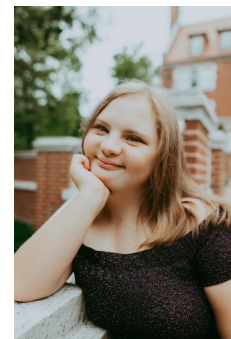


Good morning! My name is Arna Rennan and I'm a senior at Duluth East. I've been going to St. Paul's for my entire life. I was baptized and confirmed here. I've played just about every role in the Christmas pageant, from Jesus, to the star, to Mary. I grew up going to just about every single camp that St. Paul's offered, like Vacation Bible School, Hands Across Duluth, and Episcopal

Youth Music Camp, but most of my favorite memories from church are from Wednesday nights. When I was little I would watch my older siblings go up to the fourth floor to their confirmation classes on Wednesdays, and I couldn't wait until I was old enough to do that, too. When I was finally old enough, it did not disappoint. No matter what was going on at school or in my life, I knew I'd be able to come to church on Wednesdays and have a great time with my friends. I remember one Wednesday several years ago, it was the middle of winter and I had an indoor soccer game right after school on a Wednesday. I didn't think I was going to make it to church that night, so I didn't bring a change of clothes or anything. After my game, my mom informed me that I would be able to make it to church, but I was not happy to hear that because I just wanted to go home. We argued about it in the car all the way to church, and in the parking lot for a while before she eventually made me go inside. I was only wearing shorts and t-shirt under my winter jacket, and I was very cold and angry. I went into church with a mission to ignore everyone and just sit in silence until I got to go home. My plan worked for a little bit, but as soon as we went upstairs to our class, it only took about one minute for someone to say something that made me laugh, and I forgot all about my bad mood. I feel so lucky that I was able to grow up with a community like St. Paul's. I want to say thank you to Natalie Constance and Karen Allison for leading those Wednesday night classes and always providing a safe and fun space for me to grow my faith. I also want to say thank you to all of you for supporting me throughout my faith journey.

Tanis Halverson:

Good morning. I am Tanis Halverson. I am graduating from Proctor High School. I love St. Paul's. I like hanging out with my friends, singing, Music Camp, and food! I will be going to the Duluth T12 Program in the Fall.



Gabe French:

Hi, My name is Gabe French and I am currently a senior at Marshall but I'm excited to be starting at Michigan Tech in the fall. I would like to begin my speech by saying thank you to all the people here who have supported me on my journey. I would not be the same person I am today without the people of the St. Paul's community. First I would like to thank all of the friends that I made during my time here. I am so



happy that I got to share this part of my life with all of you and you are easily one of the biggest highlights of my time here. Secondly, I would like to thank the people who have taught me in one way or another: In particular, my Sunday school teachers, Karen my confirmation teacher, and Charlie Orsak my confirmation mentor, who all provided much-needed guidance and support as I went through my faith journey. Finally, I would like to say thank you to all of you, for making St. Paul's so welcoming and giving me a community where I felt like I was valued and respected.

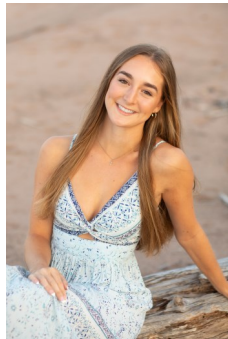
My experiences at St. Paul's have formed and reinforced many important values that have helped me both academically and throughout my life outside of school. I have been an acolyte since seventh grade. As an acolyte, I strengthened my leadership skills, teamwork, and ability to effectively communicate. It was thanks to skills like these that I have been able to do well in school and additionally, were a big part of what led to me becoming captain of our varsity soccer team. Last summer I got to travel to the University of Maryland for the Episcopal Youth Event, which was a gathering of episcopal youth from all over the U.S. as well as delegations from other countries. It was an amazing experience and I got to see so many different versions of what it means to be an Episcopalian.

I am very grateful for everything I've gotten to do and learn here at St. Paul's. I know that all of it will continue to help me succeed as I move forward.

Audrey Dodge:

My name is Audrey Dodge and I am graduating from Marshall High School.

Growing up at St. Paul's has shaped my life in profound ways. Since I have been little, this church hasn't just been a place of worship to me but a space where I've learned morals and values. Here I have learned the importance of compassion, community and service.



This Church is my family, not related by blood, but bound together in our faith. I have many fond memories in this Church. I went to Sunday school when I was little, was at camper at Vacation Bible School before becoming a counselor, and have acolyted here since I was old enough to do so. I've made friends through the church and have met a lot of wonderful people. I am so grateful to have grown up here surrounded by loving people in a holy place.

I want to give a special thanks to Karen Allison. She is a wonderful lady who led me through Confirmation, has been a dear friend to my family, and she's a very kind person that I'm grateful to have met through Church. Also, I want to thank Maggie. Since become a part of St. Paul's, she's been an excellent leader and a friendly face I'm glad to see on Sundays. Final-

ly, I want to thank everyone at St. Paul's who has supported me and my peers in one way or another. St. Paul's is an important piece of my life and I will miss being here when I'm at the University of Wisconsin for college on the pre-business track. Thank you all for everything.

Lucy Fellman:

My name is Lucy Fellman and I will be graduating from Duluth East High School this June. My family has been a part of St. Paul's for as long as I can remember and I have created some great memories here. The most important point I would like to make with my comments is thanking some of the great people here that have made an impact on my life and have shaped me who I am today. First off, I would like to thank Bill and Sue Van Oss, even though they are not at this church anymore, they taught me lessons about my faith as a kid that have stayed with me and will stay with me in my future. I would also like to thank Karen Allison, my confirmation teacher, you are someone who has also taught me important lessons about my faith and life in general and I will always be grateful to have you in my life. Also, to my church classmates, congratulations to all of you and good luck on all your future endeavors ahead, I appreciate you and all the time we spent together in the various different classrooms here and great events like Hands Across Duluth. I would also like to thank Maggie, you have become a big role model to me after you came to this church and I can say for all of St. Paul's that we cannot thank you enough for your leadership. Lastly, I would like to thank my family, I would not be where I am without the guidance of my grandma, parents, and siblings. My memories connected to this church are directly connected to my family.



My memories of St. Paul's and lessons that I have learned at church will also last forever. Growing up in faith at St. Paul's has guided me thru many difficult situations and decisions. Without my faith I learned here at St. Paul's, I never would have made it through them successfully. What I learned here goes beyond learning about God and faith, it has become the foundation of who I am, how I value all people, and is the single most important aspect in my development as a leader at this point in my life. After graduation, I will be attending the United States Military Academy at West Point and joining the military. I am excited for this, but also a bit nervous. I will take everything I have learned here at St. Paul's with me through the good and bad moments and I am certain my faith and my memories of St. Paul's will get me through those challenging times.

Thank you.

Chum SUPER Rhubarb Festival

Are you ready to join the fun and make a difference at Chum's SUPER Rhubarb Festival? We're looking for passionate volunteers like you to bring the spirit of our beloved festival to life! We still need hundreds of volunteers to make this festival a success.

Get ready to immerse yourself in a day filled with laughter, camaraderie, and the sweet taste of community involvement. It's an incredible opportunity to meet new friends, build connections, and create memories; all while contributing to the heart of our community. Whether you're a fan of distributing signs, an artist with face paint, a lemonade stand aficionado, or a cleanup champion, there's a role for you! There are opportunities to get involved before, during, and after the festival.

So, dust off your volunteer spirit and join us on Saturday, June

29, from 9 am - 3 pm at 2802 East Fourth St., for a day of rhubarb-infused fun. Click this link: <https://www.signupgenius.com/go/10C0B4EA5A82AA7FDC61-48154235-rhubarb#/> to view volunteer opportunities and sign up! If you've already signed up, thank you. Please invite your friends to do the same!



Happy Trails to Judy Harvey

We wish the best to Judy! As a St. Paul's parishioner for 52 years, Judy has held many leadership positions here, including Vestry, Altar Guild, Usher, and more. Now she has moved to the Twin Cities to be closer to her daughter and grandchildren there. We will truly miss her!

Continued from page 5

Benedictines at St. Scholastica and deliver it to Chum Shelter twice a week, every week. Rummage Sale proceeds this year helped Safe Haven, and every year a portion goes to Outreach. We take leftovers from our events down the street to our neighbors at Loaves & Fishes, and serve up root beer floats at the Jefferson Street Block Party. We offer hundreds of volunteer hours to make raffle quilts for Chum twice a year, and bake scones for the Rhubarb Festival, and make baskets for Rhubarb and Gala, and host tables at the Gala, and contribute of ourselves and our lives in so many different ways. We make annual donations to Loaves & Fishes, Chum, and more. Like the legislators, we can applaud our efforts – and yet also recognize it is not enough, insufficient to the need.

And so we wait and work and watch and learn and let our voices be heard, in advocacy, in support, and in prayer, for ***the gift and fire of Pentecost are as urgently needed right now as they have ever been.*** Jesus is the light of the world, our light, and the darkness has not and will not overcome us!

Join us around a table in the Parish Hall during coffee hour on June 23 for an Outreach Team meeting. You are welcome to share needs you know of, explore opportunities to get involved, discern with us where to offer funds to support ministries.

*Blessings,
Deacon Pat*

STEP ON OUT

For Stepping On Up!



Stepping On Up is a 10-agency collaborative plan to address the needs of the unhoused in our community.

June 15
3-9 pm

415 Hawthorne Road

Music by Windjammers, Blue Water Big Band and the Randy Lee Quintet

\$40 donation includes Music, Food, Beverages, Ice Cream Treats
Pay at the gate by cash, check to Stepping On Up, or Venmo
Please bring your own chair

Park at Ordean-East School, corner of Fourth Street and Hawthorne Road,
and enter via the iron gate at 415 Hawthorne Road

Call or text question to Paul Helstrom 218-260-8019
or Mark Brown 218-391-5044

LAY MINISTRY SCHEDULE – JUNE 2024

Please find a sub if you are unavailable for your scheduled date.

	June 2	June 9	June 16	June 23	June 30
ALTAR GUILD	K Leonard	C Conrad	C Miller	S M Anderson	C Conrad
	S Cox	S Hall	L Hultkrantz	D Kolquist	S Hall
		A Sadowski	C McConnell	S Sommer	A Sadowski
		K Timmerman			K Timmerman
LECTOR 8 am	M Gustafson	A Mackenzie	M Gustafson	A Mackenzie	J Pastor
LECTOR 10 am	D Rogers	Z Stodola	N Constance	K Smith	R Butler
PRAYER LEADER	L Brunfelt	O Morin-Swanson	J Groth	J Sundberg	M Gustafson
VERGER	K Smith	K Smith	K Smith	K Smith	K Smith
CHALICE	R Butler	J Stromquist	N Constance	S M Anderson	R Butler
BEARERS	P Enenbach	Z Stodola	J Pastor	N Constance	P Enenbach
	S M Anderson	M Chilson	M Gustafson	K Smith	M Gustafson
ACOLYTES	L Fellman	A Rennan	E Barthel	G French	M Butler
	C Butcher	E Erspamer	J Bauer	C Butcher	L Gustafson
	A Keto	J Shambour	T Halverson	J Shambour	C Gustafson
LIVESTREAM	J Austin	D Barthel	R Lyle	E Barthel	R Lyle
COFFEE HOST	J & M French	L & B Brunfelt	S Anderson, N Constance, M Hirman, H Schreck	B Fait & E Rennan	W Copeland & M Chilson
USHERS	M Brown	D Barthel	G Olson	B Dinan	M Brown
	S Brown	D Morin	P Waite	C Dinan	S Brown
	D Kolquist	K Swanson	M Gustafson	N Schuldt	D Kolquist
		J Sontag	R Lyle		
LOCK UP	D Pederson	B Stapp	C Fellman	M Brown	T Diener

Deadline for submissions to the August issue of *The Messenger* is 8:00 am, Thursday, July 18, 2024.

Please email items to:

office@stpaulsduluth.org

Other Altar Guild Duties for June

June Linens:

C Miller, K Leonard

May/June Brass Cleaning:

C Conrad, SM Anderson, P Markert

Bread-Baking:

A Rouse, M Dragich

LAY MINISTRY SCHEDULE – JULY 2024

Please find a sub if you are unavailable for your scheduled date.

	July 7	July 14	July 21	July 28	August 4
ALTAR GUILD	K Leonard	C Conrad	C Miller	S M Anderson	K Leonard
	S Cox	S Hall	L Hultkrantz	D Kolquist	S Cox
		A Sadowski	C McConnell	S Sommer	
		K Timmerman			
LECTOR 8 am	M Gustafson	A Mackenzie	J Pastor	M Gustafson	A Mackenzie
LECTOR 10 am	J Pastor	Z Stodola	K Smith	N Constance	M Gustafson
PRAYER LEADER	S Sommer	L Brunfelt	O Morin-Swanson	J Groth	A Sundberg
VERGER	K Smith	K Smith	K Smith	K Smith	K Smith
CHALICE	J Pastor	Z Stodola	K Smith	N Constance	M Gustafson
BEARERS	N Constance	P Enebach	M Gustafson	J Pastor	S M Anderson
	J Stromquist	S M Anderson	M Chilson	P Enebach	Z Stodola
ACOLYTES	E Erspamer	C Butcher	C Gustafson	J Shambour	E Barthel
LIVESTREAM	J Austin	D Barthel	R Lyle	E Barthel	J Austin
COFFEE HOST	M & C Bauer	B & K Silverness	M & M Gustafson	S G Spehar Family	J & V Groth
USHERS	D Barthel	G Olson	B Dinan	M Brown	D Barthel
	D Morin	P Waite	C Dinan	S Brown	D Morin
	K Swanson	M Gustafson	N Schuldt	D Kolquist	K Swanson
	J Sontag	R Lyle			J Sontag
LOCK UP	J Austin	D Pederson	B Stapp	C Fellman	M Brown

Fill the Chum Shopping Cart with Pasta!

St. Paul's is a "food staple congregation" for the Chum Food Shelf. While you are welcome to bring any nonperishable food item, our goal is to supply the food shelf with pasta.



This is especially important in summer months when kids are out of school. In May we delivered 60 pounds of pasta to Chum Food Shelf. Please help refill the cart! Located on the ground floor by the elevator.

Other Altar Guild Duties for July

July Linens:

L Hultkrantz, Z Stodola

July/August Brass Cleaning:

C Miller, S Hall, G Lyle

Bread-Baking:

A Rouse, M Dragich

— Deacon Pat



St. Paul's Episcopal Church
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Duluth, MN 55812

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Visit our website:
www.stpaulsduluth.org

Lake Superior Sunday

Sunday, July 21, 10 am

**St. Andrew's by the Lake Episcopal Church
2802 Minnesota Ave, Duluth**

Mark your calendars for worship on the beach, Sunday, July 21. Our 10 am service will be held jointly at St. Andrew's by the Lake on Park Point.

We will worship on the beach in good weather, or in the St. Andrew's Sanctuary if the weather is rainy. Please note that there will not be a 10 am Eucharist service at St. Paul's on July 21. We will have the 8 am service in the Chapel for any who wish to worship at St. Paul's.

