

THE MESSENGER

SEPTEMBER, 2024

Spiritual Curiosity Matters

Dear Friends of St. Paul's,

When I think about what matters most to me in a faith community, *curiosity* is a value that stands out. Religious tradition and spiritual practice are both multilayered, prismatic, full of twists and turns. There are endless ways to learn more, from discovering the stories in our scriptures, to engaging spiritual practices over the course of a lifetime, to learning about our religious history, to discerning values for our current contexts. Spirituality requires curiosity. Why do we do that? What is God like? What could that mean? What other ways might this be interpreted? How does this all fit together? Do I really *have* to believe *that*?

I have always perceived St. Paul's as a church that embraces curiosity as a value, offering crucial space for wondering and discovering God in multilayered ways.

That's why I'm thrilled about all of the opportunities to learn, discuss, and grow that are coming up this Fall. We are swiftly approaching the beginning of a new school year, which also signals the beginning of our educational year here at St. Paul's. There is a way that every member of the church, from the youngest to the oldest, can engage their spiritual curiosity both in practice and in discussion. In this issue of the Messenger, you will find all the details you need for fall education for all ages.

Here are some crucial things I'd like to highlight about this upcoming year:

Rally Day is Sunday, September 8. We will have an 8 am service and a 10 am service, with a picnic following the 10 am. The very popular bouncy house will return for kids! This is a favorite event when we gather in after our many adventures in the summer and celebrate being all together again.

Wednesday Evening Eucharist will be returning at 5:15 pm on September 11, with a discussion of the scriptures assigned for the upcoming Sunday. Eucharist

will meet every Wednesday, unless canceled for a holiday.

Wednesday Evening Education will move to a bi-weekly schedule, gathering for a meal, two youth groups, and adult forums twice a month, beginning with supper at 6:00 pm and program at 6:30 pm. A new confirmation cohort is beginning for teens in grades 9 – 12, and a middle school youth group will gather for grades 5 – 8. Please help us prepare for these groups by registering your children with the enclosed registration form. Exact dates for these programs can be found on pages 2 and 11.

Our meals will be shared among many teams of cooks this year. We will be looking for teams to sign up twice a semester or so to cook for up to 40. Recipe support will be provided, and some reimbursement will be available for those who need it. Sophie Gray Spehar is in charge of locating these teams, so please consider if your household, or you and a friend, might be able to serve in this capacity. Contact her at kids@stpaulsduluth.org.

A number of small groups for adults are also launching in September, including a group on Acts, on Christian Spirituality, and 2 Samuel. See details on these groups in Deacon Pat and Rev. Rick's articles.

I hope your summers were full of excitement, inspiration, and grace. I can't wait to see you on Rally Day and hear all about them.



Peace,
Maggie

Save the Date: The 2024-2025 Event Calendar is Shaping Up

Please mark your calendars for our events this Fall.



Sunday, September 1: Labor Day Weekend, 10 am Service Only

Sunday, September 8: Rally Day and Godly Play Kick-Off

Wednesday, September 11: Wednesday Eucharist returns weekly at 5:15 pm; "The Spirituality of Gardening" program at 6:30 pm; Youth Formation Kick-Off and Confirmation Family Meeting

Sunday, September 15: Celebration of St. Hildegard and Blessing of the Backpacks at 10 am

Wednesday, September 18: "Practicing the Way" Small Group begins, 6:00 pm on alternating Wednesdays

Thursday, September 19: Messenger deadline

Wednesday, September 25: "The Spirituality of Baking" and Youth Formation



Sunday, October 6: Feast of St. Francis and the Blessing of the Animals at 10 am

Wednesday, October 9: "The Spirituality of Caring for Animals" and Youth Formation

Sunday, October 13: Annual Giving Campaign Kick-Off

Thursday, October 17-Saturday, October 19: MEA and Fall Diocesan Youth Event

Sunday, October 20: Feast of St. Luke

Wednesday, October 23-Saturday, October 26: Photography Days for our new Parish Directory

Wednesday, October 23: "The Spirituality of Healthcare Professions" and Youth Formation

Thursday, October 24: Messenger deadline

Sunday, October 27: Annual Giving Campaign Celebration Sunday

Wednesday, October 30: Halloween Party at 6 pm



Sunday, November 3: Feast of All Saints; *Fall-Back Time Change*

Tuesday, November 5: Election Day

Wednesday, November 6: "The Spirituality of Public Service" and Youth Formation

Thursday, November 7-Saturday, November 9: Diocesan Convention (Bemidji)

Sunday, November 10: Choral Evensong at 6 pm

Sunday, November 17: Celebration of St. Cecelia and Music Appreciation Sunday

Wednesday, November 20: Advent Forum and Youth Formation

Thursday, November 21: Messenger deadline

Thursday, November 28: Thanksgiving; Offices Closed on Thursday and Friday



Sunday, December 1: First Sunday of Advent; Advent wreath-making after church

Wednesday, December 4: "The Spirituality of Making Art" and Youth Formation

Sunday, December 8: Second Sunday of Advent

Sunday, December 15: Third Sunday of Advent, Greening of the Church, and Lessons and Carols at 6 pm

Wednesday, December 18: "The Spirituality of Knitting" and Youth Formation

Thursday, December 19: Messenger deadline

Sunday, December 22: Fourth Sunday of Advent

Tuesday, December 24: Christmas Eve Family Service with Pageant at 4 pm; Christmas Eve Choral Service at 10 pm

Wednesday, December 25: Christmas Day at 10 am

Wednesday, December 25 through Wednesday, January 1: Offices Closed

Continued on next page

St. Paul's Discovery Tours



Recently, St. Paul's has revitalized its discernment team regarding our capital campaign to address issues with our building and programs to ensure a vital future. Several weeks ago, an engaged group of our parish leaders joined the discernment team and our consultant, Linda Buskirk, for a capital campaign discernment "retreat".

This involved a tour of the church building, inside and out, and a detailed look at the organ console and pipe chamber. Craig Fellman, Bill Stapp, and Tom Hamilton were able to provide significant details around facility priority needs and rough cost estimates. Afterwards, we had a guided discussion around how lives are impacted by what happens in these spaces, the "vocation" of our building, and how tackling these projects can reflect what people treasure most about St. Paul's.

The Building & Grounds Committee at St. Paul's manages a long list of projects necessary to maintain our grand old stone church building. While many of these projects can be planned and sequenced through our annual budgeting process, a number of them are far larger than an annual budget

can incorporate, and are being considered as part of a separate capital fundraising effort. A small discernment team (Sherry Hall, Tom Elliott, Jason Butcher, Chuck Sundquist, Brad Brunfelt, and Nancy Schuldt) has been meeting since early this year to discuss and prioritize building and facility needs, develop plans for reaching out to the parish for your input and ideas, and to create clear channels of communication about next steps.

We would like to extend an invitation to everyone in the parish to sign up for a similar tour: to see first-hand what has been "done and left undone", and to ask questions and offer creative ideas on how our building and its many spaces could be better used to further our mission and impact in the community. We will be finalizing dates – primarily Sundays after church services, and Wednesday evenings – for anyone interested in learning more about what our building needs and why it matters. We see tremendous potential in our beautiful building, and we are excited to share our hopes with you! You can sign up online on St. Paul's website, or directly with one of us on the discernment team, beginning on Rally Day.

Respectfully submitted,
Nancy Schuldt, Choir

Continued from page 2

Sunday, December 29: 10 am Service Only



Sunday, January 5: Feast of the Epiphany

Sunday, January 12: Feast of the Baptism of Our Lord

Wednesday, January 15: "The Spirituality of Making Music" and Youth Formation

Sunday, January 19: Budget Meeting

Thursday, January 23: Messenger deadline

Sunday, January 26: Feast of the Conversion of Paul; Annual Meeting

Wednesday, January 29: Outreach Speaker and Youth Formation



Sunday, February 2: Celebration of St. Brigid: Brigid's Cross Intergenerational Gathering

Saturday, February 8-Sunday, February 9: Diocesan Middle School Retreat

Wednesday, February 12: "The Spirituality of Science" and Youth Formation

Monday, February 17-Saturday, February 22: Duluth Schools Winter Recess

Wednesday, February 26: "The Spirituality of Sailing" and Youth Formation

Thursday, February 27-Saturday, March 1: Diocesan Clergy Retreat

**In the event of weather,
St. Paul's always follows the call of Duluth
Public Schools, ISD 709.**

*Save the Date: Holy Week is Sunday, April 13 (Palm Sunday)
through Sunday, April 20 (Easter) 2025*

A Summer Well Spent

Greetings! I'm writing on a crisp August night. I can hardly believe school begins in just a few weeks. Our family was lucky to have so many adventures this summer! The most recent was ECMN family camp in Sibley State Park by New London, MN. As a huge fan of summer camp, I was excited to go with my own kids for the first time. It was exactly what I was hoping for

— we met some new friends, ate many smores, fished, swam, paddled, hiked, worshiped joyfully, and slept like rocks.

We also visited an Episcopal Farm! Good Courage Farm is a smallish, biodynamic farm outside of Hutchinson that feeds a wide variety of people. They have goats, chickens, raspberries, pears, apples, and the coolest worship space I've been in: a concrete silo. The sound of children singing in a silo is something unforgettable.

I didn't know exactly what to say when families at St. Paul's asked me "what's camp like?" Having been there this year, I can now say that it was great! ECMN family camp is a wonderful time for kids and families to connect with their faith in a beautiful, low stress environment. I hope you will consider coming next year, and now I have the scoop if you want to know more!

I'm sending a condensed version of what I wrote last month — because it was a lot of information and I know you're busy!

Elementary Kids: Ages 3-12

Children will continue to meet during the 10 am service on Sunday mornings. All are welcome to come forward for a blessing, then we will journey downstairs to the classroom adjacent to the Parish Hall. We will continue with Godly Play, which is a Montessori-based curriculum that is calm, open ended, and includes simple manipulatives used to illustrate a story. Godly Play is inclusive, beautifully simple, and lets kids ask questions. Children's Church will resume the week after Rally Day (September 15) and will go until June 8.

Middle School Group: Grades 5-8

Meetings will be discussion based with a focus on creativity, and the goal is to



give kids a supportive and interactive space to talk about how their identity as young Christians can shape their world, and how they can use this resource as they develop, and ask big questions. The curriculum used is Re:form from Sparkhouse.

This group will meet twice monthly on Wednesday evenings, and will run concurrently with Confirmation. Attendance is open to all kids in this age group, and will meet in the upper level classrooms of the building.

Confirmation Class: Grades 9-12

It's back! Confirmation is for young Adults who are confident that they are seeking it, and requires regular attendance. This is an intentional study that deepens ties to our own Church, and what it means to be an Episcopalian out in the world. We learn about sacraments, tradition, and philosophy. The Curriculum is "My Faith, My life," which is designed to equip these students with resources, knowledge and understanding as they near Adulthood. This class goes for two years and will require registration. Meetings will happen on Wednesday evenings twice monthly during the programming year.



Registration: Please find and fill out the enclosed registration form (pages 13-14) for the young people in your family. This is vital information for the church, as it gives us an idea of what to plan for. We'd like to know if your child is planning on participating in Faith Formation Activities, and a little bit about them. This also includes a photo release, what school they attend/grade, and minimal medical background information. We strive to be as inclusive and accommodating as possible. All children are invited to be a part of this growing group of young Episcopalians! Please mail the completed form back to St. Paul's, or return it in person on a Sunday morning to Sophie before Rally Day.

Rally Day: September 8! This exciting Sunday is the kick off for our programming year. We will have the games in the Church yard that your kids can enjoy during the 10 am service, get to know you activities, crafts, and more! A meal will follow, and away we go! We hope you can attend.

I hope to see you soon!

*Sophie Gray Spehar,
Faith Formation Coordinator*



Notes of a Different Kind...

Dear Friends in Christ,

Fall is upon us once again, and what better time to consider getting more deeply involved in making music at St. Paul's? While we sing together every time we gather for liturgy, singing or ringing in a choir provides a deeper experience of community and leadership of God's people in song. St. Paul's has a long tradition of fine music, and I am honored to lead the music ministry. Yes, it requires some time commitment, but those who participate would tell you how rewarding it is to make music in community. Along the way, we develop friendships and care for one another deeply; and we laugh together a lot too.

The Chancel Choir sings every Sunday in addition to holidays and special occasions. We rehearse on Wednesday evenings from 6:15 to 7:30. We gather at 9:00 on Sunday morning to prepare for worship. In addition to our annual Festival of Lessons and Carols on December 15, in November, we will be singing a festive Anglican Choral Evensong to premiere a new hymn tune composed for George Herbert's text, *Let All the World in Every Corner Sing*. It promises to be a challenging but exciting fall season for the choir.

The Handbell Choir usually rings one Sunday a month and for Lessons & Carols. Some music-reading ability is helpful to

play in this group, but you usually only have two notes to worry about, so the rhythm is the more complicated piece. We rehearse on Wednesday evening from 7:35 until 8:30 pm. If you've never rung bells before, I'd be happy to meet with you outside of rehearsal time to teach you how it works. This is a great and talented group of folks who would love to have you join them.

The Brass Choir plays for high festivals and other times throughout the program year. We usually rehearse for two weeks before we play, often on Sunday after church. We always have space for more.

Last but not least, if you sing (but are unable to commit to choir) or play an instrument, please let me know. There is a place for you in the music ministry at St. Paul's. Now is the time for you to get involved. You are welcome.



Peace,

Tom Hamilton, Minister of Music

Acolyte Training and Lunch

ACOLYTE TRAINING - on Sunday, September 29, after the 10 am service, there will be a lunch hosted by Terry Roberts in support of acolyte training that day by Kathleen Smith and Holly Hansen. New acolytes will also be fitted for robes. Thank you!

Respectfully submitted,

Holly Hansen



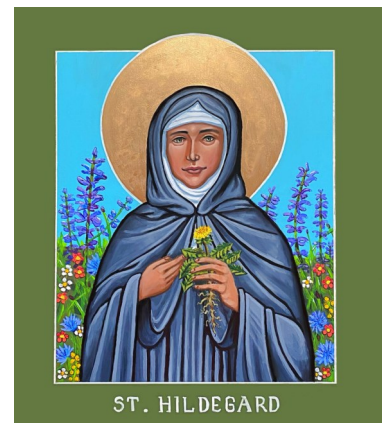
REMINDER - St. Paul's has excellent scholarship opportunities for teens who are involved in the life of the parish! The easiest way to get involved is to serve as an acolyte. Students in grades 6-12 are eligible to serve.

Parents of teens and tweens willing to serve as Acolytes are asked to contact Holly Hansen at hlhansen13@gmail.com to get signed up.

Celebrate St. Hildegard with Blessing of the Backpacks

Sunday, September 15 at 10 am

As a new year starts, we will celebrate a fascinating woman of faith, Hildegard of Bingen, who was a mystic, composer, writer, and scientist in the 12th century. In her honor, all kids starting a new school year are invited to bring their backpacks to be blessed.



More Opportunities for Faith Formation

Scripture Study: The Book of Acts

Fridays, 10:00 am, Olcott Room

Join a New Scripture Study - the book of ACTS. How did the first Christians learn to walk the Way of Jesus?

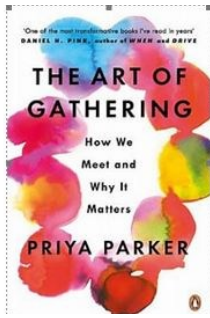


First half: 10 weeks on Fridays,
9/20/24 - 11/22/24

Second half: 8 weeks on Fridays,
01/10/25 - 2/28/25

Join Lara Hill, the Rev. Dr. Barb Elliott, and the Rev. Marta Maddy, for a study of the Acts of the Apostles.

Chum Book Club



Mondays, September 23 through

November 11, 4:30 pm, Parish Hall

We will read Priya Parker's book The Art of Gathering and discuss it for eight sessions. "How we meet and why it matters" is the subtitle for this book. Intrigued? Curious? Sign up to learn more! <https://www.tfaforms.com/5141980>

Practicing The Way

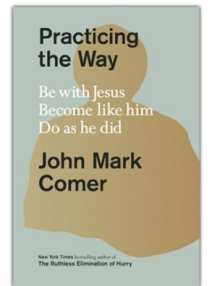
Wednesdays biweekly, begins September 18 (dates below), 6:00 pm, Olcott Room

Deacon Pat will lead the initial series of ten total sessions. The first session will allow participants to complete a personal spiritual assessment for their own awareness, plus one at the end to evaluate the process and where we go from there.

The nine practices have four lessons each, and after we complete the first sessions (going through the chapters of the book), we'll explore beginning the practices – as the Spirit leads us!

Please mark your calendars for these dates and meet in the Olcott Room:

- September 18;
- October 2, October 16, October 30;
- November 13, November 27;
- December 11;
- January 8, January 22;
- February 5



Laundry Love Help Needed

Tuesday, September 10, 8:15 –11:30 am

St. Paul's helps folks launder their clothing free of charge at Spin City Laundry, 232 Central Ave, Duluth. Contact Lara Hill if you are interested in learning more about this program. To sign up to be a volunteer, visit the Sign Up Genius link that was emailed in parish announcements: <https://www.signupgenius.com/go/10C054AA9A62DA7FC1-48759102-laundry#/>



laundry love.

Fill the Chum Shopping Cart with Pasta!

St. Paul's is a "food staple congregation" for the Chum Food Shelf. While you are welcome to bring any nonperishable food item, our goal is to supply the food shelf with pasta.



In May we delivered 60 pounds of pasta to Chum Food Shelf. The shopping cart was full again by August — thank you for your generosity and please keep refilling the cart! It is located on the ground floor by the elevator.

— Deacon Pat

The Deacon's Stoop

When Bishop Craig Loya invited the diocese to join together in reading John Mark Comer's book, Practicing the Way, I scheduled a book study in August. Little did I know...

This isn't a book you just read. It has drawn me into an examination of my spiritual life and challenged me to consider how I spend my time. I started adding up all the little things I was doing that just passed minutes by each day, and those minutes added up! I deleted a couple of apps on my phone, and am trying to discipline my use of Facebook. I'm finding ways to slow down and pay attention, less time scrolling through meaningless reels. I'm evaluating my schedule with the question: Is *this* what I planned to do with my one wild and precious life?

Comer talks about the hunger of our souls, our longing for community, our longing for happiness and how we search for it. Previously I've written here about the epidemic of loneliness the surgeon general warned about in America. While zoom kept us together a bit during Covid, many of us have become a people more accustomed to sound bites and texts than a lingering conversation in community over a meal. How often we do we see Jesus gathered around a table and sharing a meal?

Decades ago, when Jesus was just coming to my deeper attention I was deeply influenced by the book, A Long Obedience in the Same Direction, by Eugene Peterson. Comer brought that book back to my attention, reminded me of the spiritual practices that form us into followers of the Way of Jesus as we seek to "be with Jesus, become like him, and do as he did." Turning God into a habit, renewing my personal Rule of Life, transforming me into someone who becomes like Jesus, does what he did, loves like he loves us. Practicing the Way is transformational, and it takes time... a lifetime.

Practicing the Way isn't meant to be read alone. It's a community practice, a call to a way of life, a call to apprentice with Jesus. Jesus didn't apprentice a person, he gathered a group around him and called them his disciples. They learned together by being with him. This book offers an invitation to do the same. It awakens our hunger for a deeper, more meaningful life. Jesus told us he was the bread of life, and if we eat his bread we will never hunger. Practicing the Way gathers us around Jesus' table and provides us with the bread of life.

I invite you to join me this fall in becoming an apprentice of Jesus through the course, Practicing the Way. Following Jesus' example, we will gather around a simple meal together and listen to the teachings provided

online. Each lesson includes a habit to implement between gatherings, and our time together will include supporting each other as we together labor to strengthen the habits of Practicing the Way. Together we will watch curriculum videos online, followed by a simple supper and discussion around the table. We will meet on the alternate Wednesdays from the scheduled formation, and see where the Spirit leads us in our apprenticeship to Jesus.

Interested but want to know more? Join me on my porch for a personal chat, or visit https://www.youtube.com/watch?v=Xv_FKBmmMkk for a description of this 8 session course.



Blessings on your journey,

Deacon Pat

The Summer Day

Who made the world?
 Who made the swan, and the black bear?
 Who made the grasshopper?
 This grasshopper, I mean—
 the one who has flung herself out of the grass,
 the one who is eating sugar out of my hand,
 who is moving her jaws back and forth instead of up and down --
 who is gazing around with her enormous and complicated eyes.
 Now she lifts her pale forearms and thoroughly washes her face.
 Now she snaps her wings open, and floats away.
 I don't know exactly what a prayer is.
 I do know how to pay attention, how to fall down into the grass, how to kneel in the grass,
 how to be idle and blessed, how to stroll through the fields
 which is what I have been doing all day.
 Tell me, what else should I have done?
 Doesn't everything die at last, and too soon?
 Tell me, what is it you plan to do
 With your one wild and precious life?

—Mary Oliver

Fall Adult Formation Offerings

This fall I am looking forward to offering two adult formation opportunities for members of the congregation. The first will entail a look at the topic of Christian Spirituality, its history and practices; and the second will be an examination of Jesus' mother, Mary, and her significance in God's history of salvation and as an example of our call to discipleship.

The first offering looking more deeply at the history, traditions, and practices of Christian Spirituality is an outgrowth of work with St. Paul's Faithful Innovation Team earlier this year. As the Faithful Innovation Team grappled with the ideas and practices that the Rev. Canon Blair Pogue of ECMN and others were presenting to St. Paul's and the wider Diocese, we came to the conclusion that perhaps we needed to examine more closely the basic spiritual traditions and practices of our Christian faith.

After meeting sporadically last spring and looking at several published resources, we determined that there were two areas that needed more extensive examination and reflection: first, we needed a clearer understanding of the third person of the Trinity, The Holy Spirit, and our relationship with God; and second, we were lacking in our knowledge and understanding of the rich historical traditions and practices of Christian spirituality.

We will use two books to delve more deeply into both topics. For a look at the Holy Spirit and the significance of the Incarnation for our relationship to God, we will use a short book by a teacher, mentor, guide and friend of mine Fr. Richard J. Hauser, SJ titled *In His Spirit: A Guide to Today's Spirituality*. Early in his book Fr. Hauser makes the following simple but profound statement: *"The indispensable starting point for understanding Christian Spirituality is an acceptance of the view of person presented in the New Testament. The New Testament is emphatic in stressing the fact that human nature is different because of the resurrection of Jesus. The difference is the result of the sending of the Holy Spirit by Jesus and the Spirit's new presence in the world in those believing in Jesus."*

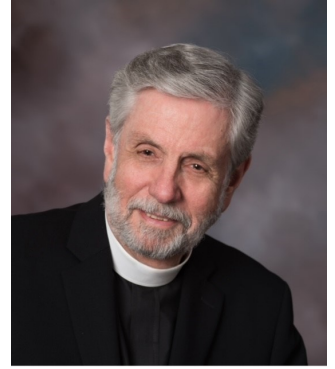


The second book, *"The Spiritual Way: Classic Traditions and Contemporary Practice"* by Philip Shel Drake, a renowned teacher and author of the history and traditions of Christian spirituality will

form the basis of our examination of the 2000-year history of Christian spiritual understanding and practices and how these traditions might engage with the contemporary spiritual quest.

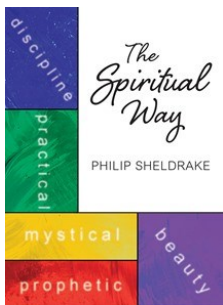
This "Spiritual Formation" group will meet bi-weekly on Mondays (time and location TBA) starting **Monday, September 16**. A very short preliminary meeting to gauge interest in this group so that the texts can be ordered and distributed and to establish a time for subsequent meetings will be held on **Sunday, September 8** right after the 10:00 service in the Olcott Room. If you are unable to attend this organizational meeting but are interested in this offering, let me know by emailing me at Associate@stpaulsduluth.org.

The second offering I will be facilitating this fall is a scriptural, theological, and historical look at the Virgin Mary. Meetings of this group will take place during the weeks of Advent. Because of what are viewed by many as excesses involving Marian piety and doctrine developed over the centuries, we of the "Reformation Churches" tend to downplay or in many instances ignore the theological and spiritual significance of Mary. I hope it will be useful to take a fresh look at the mother of Jesus, what part she played in his life and what part that she can play in our lives and in God's call to holiness. More information about this group and where and when the group will meet will be forthcoming as Advent draws near.



Blessings,

Fr. Rick



Update from the 2025 Annual Giving Campaign

As we enter into September, I would like to update you on the Annual Giving Campaign's activities as we prepare to kick off the 2025 campaign in October. The committee has been working hard finalizing the plans to bring you an efficient, well-organized, structured campaign utilizing multiple sources. This year's team, Holly Hansen, Jenny Keto, Glenn Maloney, John Pastor, Wendy Saliin, and myself, have been meeting on a regular basis since our last campaign, reviewing what went well and strategizing how to build on the success from last year.

It has been an exciting year for St. Paul's as we embraced growth in our congregation; saw an increase in participation in both our youth and adult education programs; the music programs grew and blessed each of our services with their talent; and we served our neighbors and community in multiple ways. Under the leadership of the Revs. Maggie and Rick, they have restructured the working committees that better serve the needs of our church. AND, every Sunday we hear incredible sermons that leave us with a message to take home.

As we prayerfully approach the 2025 campaign, we encourage you to think of all the things you are grateful for when thinking of St. Paul's. GRATITUDE is a powerful instrument in our lives that brings positive energy and hopefully generosity as you consider your pledge. Last year, our Annual Giving Campaign reached or exceeded most of our goals. Our goals this year are grounded in a well-planned budget and a wealth of information

gathered from you, our congregation. Our budget reflects who we say we want to be as a congregation. St. Paul's is cultivating a growing and loving community that is ready to assume more opportunities within the church, our neighborhood and the greater community.

Please look for and read the information our committee and church will disseminate during the month of October. If you have any questions, or need additional information, please do not hesitate to contact any member on our committee. We want to address any concerns you might have as you consider making your 2025 annual pledge.

Thank you all for your previous contributions and commitments to St. Paul's and we look forward to all the great things we can do in 2025.



Respectfully submitted,
*Kathy Leonard, Chair
Annual Giving Campaign*



Get Ready! New Website Coming Soon

We are launching a new parish website at <https://www.stpaulsduluth.org> just in time for Rally Day! Check it out and update your bookmarks.

From Your Bookkeeper



Dear Parishioners,

July 2024 financials were presented to the Finance Committee and the Vestry at their meetings in August 2024. Here is a summary of the July **General Operating Fund** results.

MONTHLY FIGURES: July	This Month	Year to date
Total Pledges collected	\$31,756.49	\$223,013.89
Total non-pledged collection	\$2,497.45	\$42,689.24
Investment support	\$7,396.97	\$58,481.25
Total Income	\$41,650.91	\$324,184.38
Total Expenses	\$51,110.35	\$334,931.72
amount over/(short)	(\$9,459.44)	(\$10,747.34)

*The pledge collection amount for July was under the budgeted amount.

*Expenses were under budget for the month of July.

*Our bottom line, income over expenses, for July was -\$9,459.44. For the first seven months of the year, we have a deficit of -\$10,747.34.

If you have any questions, please call me at Church (218-724-3535) or email me at bookkeeper@stpaulsduluth.org.

Christine Melone, Bookkeeper



The Rt. Rev. Craig Loya
and the Bishop's Committee and people
of St. Andrew's by the Lake
invite your prayers and presence at the
Celebration of New Ministry welcoming
The Rev. Wanda Copeland as Vicar.
Tuesday, September 3, 6:00 pm at
St. Andrew's By The Lake Episcopal Church,
2808 Minnesota Avenue, Duluth

Wednesday Night Schedule for 2024 – 2025

Your church staff has been busily planning an excellent lineup of events for Wednesday nights in the coming year. Some events will happen every week, like Eucharist and Choir practice, while other programs will follow a bi-weekly schedule.

Every Single Week

Unless Canceled

5:15 pm Eucharist
6:15 pm Choir Practice
7:30 pm Bell Choir Practice



Location of Wednesday Gatherings

5:15 pm Eucharist – Sanctuary
6:00 pm Meal – Parish Hall
6:15 pm Choir Practice – Sanctuary
6:30 pm Adult Formation – Parish Hall
6:30 pm Confirmation – 4th Floor Youth Room A
6:30 pm Middle School Group – 4th Floor Youth Room B
7:30 pm Bell Choir Practice – Sanctuary

Every Other Week

On Dates Listed Below

5:15 pm Eucharist
6:00 pm Meal
6:15 pm Choir Practice
6:30 pm – 7:30 pm Formation:
6:30 pm Adult Forum
6:30 pm Confirmation
6:30 pm Middle School Youth Group
7:30 pm Bell Choir Practice

Bi-Weekly Wednesday Program Nights

September 11

September 25

October 9

October 23

October 30 (Halloween Party)

November 6

November 20 – Advent Forum

December 4

December 18

January 15

January 29

February 12

February 26

March 4 & 5 – Shrove Tuesday & Ash Wednesday

March 12

March 26

April 9 – Holy Week Forum

April 13 – April 20 (Holy Week, No Wednesday)

April 30

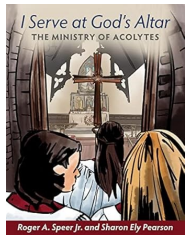
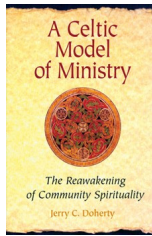
May 14

**In the event of weather,
St. Paul's always follows the call of Duluth
Public Schools, ISD 709.**

Olcott Room Library

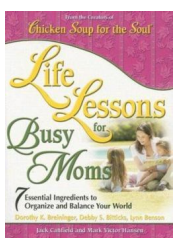
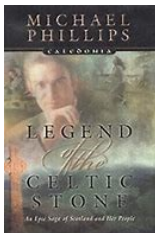
The following books have been added to the Olcott Room Library recently:

A Celtic Model of Ministry: The Reawakening of Community Spirituality by Jerry C. Doherty. This author proposes that a response to today's crisis of faith and lifestyle can be found in Celtic spirituality as practiced by the early Celtic Christians.



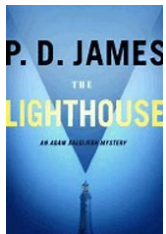
I Serve at God's Altar: The Ministry of Acolytes by Roger A. Speer Jr. and Sharon Ely Pearson. A guide helping acolytes prepare for and be present in the service. There are two copies of this book available.

Legend of the Celtic Stone by Michael Phillips. An epic saga of Scotland and her people.



Life Lessons for Busy Moms: Seven Essential ingredients to Organize and Balance Your World by Dorothy K. Breining, et. al. From the creators of Chicken Soup for the Soul, this book has realistic, doable and time-efficient tips to transform your life.

Letters from Home by Kristina McMorris. A World War II love story.



The Lighthouse by P.D. James. Adam Dalgliesh is sent to investigate a murder on Combe Island that serves as a retreat for over-stressed distinguished visitors that is violated when one of the visitors is bizarrely murdered.

Respectfully submitted,
Faye Witt, Librarian

Lost Treasures From The Archives

From October 27, 1915:

Has a Varied History.

The parish has had a varied history, feeling the many depressions in business and at all times being selfdependent in an extraordinary degree. St. Paul's has had largely to carry the mission work in the city and has shown remarkable zeal in erecting and maintaining a hospital for the public good. In the last ten years it has not done much for itself but has nevertheless carried a great burden. Unselfishly it has looked for others' good and not its own selfish ends. It paid a large indebtedness, it sacrificed itself to give absolutely vital help in raising the greater amount of endowment for a new bishop, when there was but little money in the city. Some of our leading men could not give money, but gave their notes for amounts totalling \$3500, when it looked as though the project for relieving Bishop Gilbert, of beloved memory, from his too great responsibilities was doubtful, and when it became imperative to build a new hospital, we put aside the selfish desire to have a new church, and all worked together to the end that we have one of the best western hospitals for fireproofing, for sanitary conditions, and for equipment. It marks a most unselfish career that though we well might have expended this money on building betterment, we passed our vanity by, and did what seemed best for the city at large.

One of our mission churches would have been sold for a mortgage, had not our parish stepped in and paid in large part the indebtedness. And always our people have given largely to every part of the church work in our midst. It should make us take courage that this is true and hope that St. Paul's, as in the past, will be one of the main factors in the spiritual upbuilding of our city.

October has been a fruitful month with us. It was Oct. 31 that the first set service was held, probably in our basement. It was in October that the hospital was started. It was about that time that we entered the building on Fourth street. It was in October, 1902, that we began work in our last noble building. It was in October that Bishop Barker was elected and a year after that the present rector took charge.

Respectfully submitted,
Bob Silverness, Archivist

Children and Youth Faith Formation Registration Form

Family Last Name (s):		
Adult 1 Name and Phone:	Adult 1 email:	Adult 1 Address, City, Zip:
Adult 2 Name and Phone:	Adult 2 email:	Adult 2 Address <i>(if different than Adult 1)</i> :
Child 1 Name:	Grade in 2024-25:	Birthdate:
Child 2 Name:	Grade in 2024-25:	Birthdate:
Child 3 Name:	Grade in 2024-25:	Birthdate:
Child 4 Name:	Grade in 2024-25:	Birthdate:
Any food or other allergies, medical or learning issues for anyone in the household? If so, please indicate their name, description and how we can assist them:		

Please complete this form (both sides), and mail it back to St. Paul's: 1710 East Superior Street, Duluth, MN 55812, or return it in person on a Sunday morning to Sophie before Rally Day (09/08/2024).

I give permission to St. Paul's Church to use any photographs and video taken during any church activity that may include my minor children in any church publication including written materials, website and social media posts. I understand my child's full name will not be used unless specifically requested.

Choose one:

Yes

No

Parent/Guardian Signature: _____

I am interested in helping with Nursery, Sunday School, Wednesday nights, or church events:

Yes

No

Write in adult name below, then add check mark to the columns for the volunteer opportunities that interest you	Nursery (Sundays)	Godly Play (Sunday School)	Middle School Youth Group (Wednesday night)	Confirmation (Wednesday night)

Questions? Contact Sophie Gray Spehar

218-724-3535

kids@stpaulsduluth.org

Please complete this form (both sides), and mail it back to St. Paul's: 1710 East Superior Street, Duluth, MN 55812, or return it in person on a Sunday morning to Sophie before Rally Day (09/08/2024).



LAY MINISTRY SCHEDULE – SEPTEMBER 2024

Please find a sub if you are unavailable for your scheduled date.

	September 1	September 8	September 15	September 22	September 29
ALTAR GUILD	K Leonard	C Conrad	C Miller	S M Anderson	C Miller
	S Cox	S Hall	L Hultkrantz	D Kolquist	L Hultkrantz
	M Malone	A Sadowski	C McConnell	S Sommer	C McConnell
		K Timmerman		T Jansen	
LECTOR 8 am	No 8 am service	A Mackenzie	M Gustafson	J Pastor	A Mackenzie
LECTORS 10 am	Z Stodola	M Gustafson	M Chilson	D Rogers	K Smith
		K Smith	J Stromquist	N Constance	A Harrington
PRAYER LEADER	J Sundberg	S Sommer	C Miller	L Brunfelt	H Hansen
VERGER	K Smith	K Smith	K Smith	K Smith	K Smith
CHALICE	Z Stodola	M Gustafson	M Chilson	N Constance	K Smith
BEARERS	S M Anderson	J Pastor	J Stromquist	M Gustafson	K Baumgarten
	N Diener	K Baumgarten	S M Anderson	P Enenbach	W Copeland
ACOLYTES	E Erspamer	C Butcher (H)	J Bauer (H)	E Barthel (H)	C Gustafson (H)
		C Gustafson	E Erspamer	C Butcher	A Keto
		R Saliin-Wall	J Shambour	T Halverson	S Keto
LIVESTREAM	J Austin	E Barthel	R Lyle	D Barthel	R Lyle
COFFEE HOST	C Meehan & E Jundt	RALLY DAY	C Andrews and J Peterman	M & B Minter	French Family
USHERS	D Barthel	G Olson	B Dinan	M Brown	D Barthel
	D Morin	P Waite	C Dinan	S Brown	D Morin
	K Swanson	M Gustafson	N Schuldt	D Kolquist	K Swanson
	J Sontag	R Lyle			J Sontag
LOCK UP	C Fellman	J Austin	D Pederson	B Stapp	C Fellman

Deadline to submit items for the October issue of
The Messenger is
8:00 am, Thursday, September 19, 2024.
Please email items to:
office@stpaulsduluth.org

Other Altar Guild Duties for September

September Linens:

V Groth, L Hultkrantz

October Brass Cleaning:

D Kolquist, S Hall, P Markert

Bread-Baking:

A Rouse, M Dragich



St. Paul's Episcopal Church
1710 E. Superior St.
Duluth, MN 55812

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Duluth, MN

ADDRESS SERVICE REQUESTED

To receive an electronic copy of the newsletter, email us at office@stpaulsduluth.org or call 218-724-3535

Visit our website:
www.stpaulsduluth.org

Rally Day

Sunday, September 8 at 10 am

Get stoked for the return of Sunday School programming, Wednesday night programming including meals, adult and youth faith formation, choir and handbell rehearsals!



We will gather for a joyful 10 am service, followed by a picnic for everyone. Special thanks to Vestry Members Eric Thomas and Diane Morin for coordinating this event, and to Sophie Gray Spehar for coordinating the bouncy house and children's activities.