

The Episcopal Parish of St. Paul Duluth, Minnesota

The Sixth Sunday after the Epiphany Holy Eucharist February 16, 2025 10:00 am

Please join us for Coffee Hour in the Parish Hall after this service. All ages welcome!



Welcome to St. Paul's Episcopal Church

I'm New

Welcome! If you would like to stay in touch, please fill out a visitor card in the pew and place it in the offering plate after the announcements.

About Our Worship Today

Worship in the Episcopal Church is participatory and embodied. We stand and kneel, make the sign of the cross at times, sing and breathe together, and walk forward for communion each week. You are welcome to participate at your own comfort level. You will likely see people engaging differently at different times. One of the gifts of the Episcopal tradition is that there are a variety of 'right' ways to participate.

Restrooms

Exit at the side door at the front of the church and go down the hall. They are the first and second doors on the left side of the hallway.

What do I do?

This service booklet will give you the words you need and instructions. The words in **bold** print are said by everyone. Hymns can be found either in this booklet or in the blue or green hymnals in your pew.

May I have communion?

Yes. All may come forward to receive communion (or the Eucharist.) No one is required to receive. We are serving both bread and wine. You may choose to receive at your own comfort level, both bread and wine or just bread. You may also come forward with your arms crossed over your chest for a blessing, or you may choose not to come forward at all. Children may receive at any age.

Worshiping with Kids

Joyful noise is most welcome here. Many families find that sitting close to the front helps children to see and engage better with the service. There is a staffed nursery located down the hall. We also have a rocking chair in the back of church for parents with infants. Children aged three through fifth grade are invited to Children's Church after the opening prayer.

About St. Paul's

We are a community dedicated to following the Way of Love as shown to us by the life, death, and resurrection of Jesus of Nazareth. Together we practice curiosity, awe, and community to love God, love our neighbors, and love ourselves.

The Liturgical Season

In the Episcopal Church, we follow a circular calendar with special seasons. We are currently in the season of Epiphany. The word Epiphany comes from the Greek word for "manifestation" or "appearance." During this season we read stories about discovering who Jesus is through baptism, the calling of the disciples, and his early ministry. Epiphany continues until Ash Wednesday, which is on March 5 this year.

Weekly Service Schedule

Sundays 8:00 am Rite I

10:00 am Rite II

Wednesdays

5:15 pm Rite II

Stay in Touch

Find out more about St. Paul's or get connected with one of our leaders by emailing Rita in the parish office at office@stpaulsduluth.org. Processional Hymn #544 — Jesus Shall Reign

Opening Proclamation

Blessed be the one, Holy and Living God. And blessed be God's Kingdom, now and forever. Amen.

Opening Collect

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Jesus Christ our Lord. **Amen.**

Children's Invitation

Children are invited to come forward for a blessing, then go to Sunday School and return at the Peace.

Gloria



The Collect of the Day

The Lord be with you.

And also with you.

Let us pray... (Pause for silent prayer) O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Reading

Jeremiah 17:5-10

Thus says the LORD:

Cursed are those who trust in mere mortals and make mere flesh their strength, whose hearts turn away from the LORD.

They shall be like a shrub in the desert, and shall not see when relief comes.

They shall live in the parched places of the wilderness, in an uninhabited salt land.

Blessed are those who trust in the LORD, whose trust is the LORD.

They shall be like a tree planted by water, sending out its roots by the stream.

It shall not fear when heat comes, and its leaves shall stay green;

in the year of drought it is not anxious, and it does not cease to bear fruit.

The heart is devious above all else; it is perverse-who can understand it?

I the LORD test the mind and search the heart,

to give to all according to their ways, according to the fruit of their doings.

The Word of the Lord. **Thanks be to God.**

Psalm 1



Happy indeed are they who refuse the way of evil, nor walk the road of sinners, nor join the mockers of God. *Refrain*

Joy shall be in the hearts of those who delight in the law of God, for they recite the law, they speak it day and night. **Refrain**

They are like green trees that grow by clear flowing waters, they bear their fruit in due season, their leaves fade not, they prosper. **Refrain**

It is not so for all, not so with evil doers, they blow like chaff in the wind, they fall by the weight of the truth. *Refrain*

God upholds the just, God knows the way of the righteous, but the evil ones shall perish, shall perish by their deeds. *Refrain*

Second Reading

1 Corinthians 15:12-20

Now if Christ is proclaimed as raised from the dead, how can some of you say there is no resurrection of the dead? If there is no resurrection of the dead, then Christ has not been raised; and if Christ has not been raised, then our proclamation has been in vain and your faith has been in vain. We are even found to be misrepresenting God, because we testified of God that he raised Christ--whom he did not raise if it is true that the dead are not raised. For if the dead are not raised, then Christ has not been raised. If Christ has not been raised, your faith is futile and you are still in your sins. Then those also who have died in Christ have perished. If for this life only we have hoped in Christ, we are of all people most to be pitied.

But in fact Christ has been raised from the dead, the first fruits of those who have died.

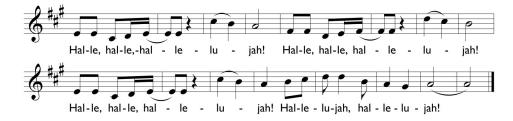
The Word of the Lord. Thanks be to God.

Gospel Verse

During the season of Epiphany, we will sing Alleluias from different countries in order to highlight the fact that Jesus came to redeem the whole world. This Alleluia is from the Caribbean.

All sing:

Choir: Rejoice, and leap for joy, for surely your reward is great in heaven.



The Alleluia is repeated.

Holy Gospel

Luke 6:17-26

The Holy Gospel of Our Lord Jesus Christ according to Luke. **Glory to you, Lord Christ.**

Jesus came down with the twelve apostles and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. They

had come to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all in the crowd were trying to touch him, for power came out from him and healed all of them. Then he looked up at his disciples and said:

"Blessed are you who are poor,

for yours is the kingdom of God.

"Blessed are you who are hungry now,

for you will be filled.

"Blessed are you who weep now,

for you will laugh.

"Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets."

"But woe to you who are rich,

for you have received your consolation.

"Woe to you who are full now, for you will be hungry.

"Woe to you who are laughing now,

for you will mourn and weep.

"Woe to you when all speak well of you, for that is what their ancestors did to the false prophets."

The Gospel of the Lord. **Praise to you, Lord Christ.**

Sermon

The Rev. Maggie Nancarrow

A brief contemplative silence is kept after the sermon

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again

in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Deacon

As we join the wise men from the East and humbly offer gifts at the feet of Jesus, let us offer prayers to God who shows the glory of Christ in all the world.

After each of the petitions that follow, the leader says We pray to you, O God. **Hear our prayer.**

Celebrant

God of the stars of night, accept the prayers of your people. In the multitude of your mercies, look with compassion on us and all who turn to you for help. For you are gracious, O lover of souls, and to you we give glory, through Jesus Christ our Lord. **Amen.**

Deacon

Certain of God's steadfast love, let us now kneel or sit and confess our sins against God and our neighbor:

The Confession of Sin

Please kneel or sit. Silence is kept for reflection and self-examination.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

The peace of Christ be always with you. And also with you.

Announcements

Those who are celebrating a birthday or anniversary will be invited forward after the announcements.

Birthday and Anniversary Prayer

Dear Father, we thank thee that all the year through Thy goodness has blest them with gifts ever new. And, oh, wilt thou grant them a happy new year, Dear Father, we pray thee, be thou ever near. Amen.

Walk in love, as Christ loved us, and gave himself for us, an offering and sacrifice to God.

Offering

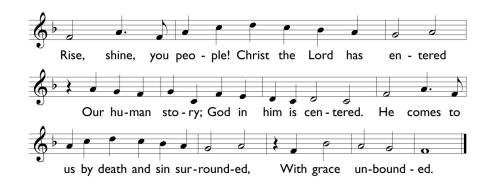
You Are Holy

Per Harling

You are holy, you are whole. You are always evermore than we ever understand. You are always at hand. Blessed are you coming near. Blessed are you coming here to your church in wine and bread, raised from soil, raised from dead.

You are holy; you are wholeness, you are present. Let the cosmos praise you God. Hallelujah, hallelujah, hallelujah, hallelujah, our God.

Offertory



The Great Thanksgiving

The Lord be with you. And also with you. Lift up your hearts. We lift them to the Lord. Let us give thanks to the Lord our God. It is right to give God thanks and praise.

It is the joy of our salvation, God of the universe, to give you thanks through Jesus Christ. ...

During Epiphany, in honor of the wise men who came from distant countries, we are using Eucharistic prayers from Anglicans throughout the world. This Sunday we are using the Thanksgiving and Praise prayer from <u>A New Zealand</u> <u>Prayerbook</u>, p. 485-487. It has been slightly adapted. Therefore, with all your witnesses who surround us on every side, countless as heaven's stars, we praise you for our creation and our calling, with loving and joyful hearts:



Blessed are you, most holy, in your Son, who washed his disciples' feet ... Therefore, with this bread and wine, we recall your goodness to us.

God of the past and present, We your people remember your Son. We thank you for his cross and rising again, we take courage from his ascension; we look for his coming in glory and in him we give ourselves to you.

Send your Holy Spirit ... For you, the heavenly one, make all things new; You are the beginning and the end, the last and the first.

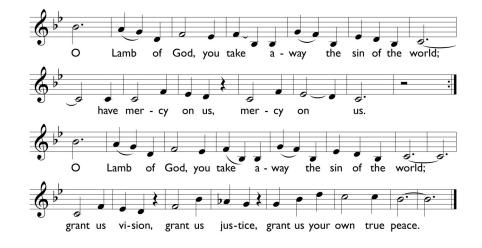
Praise, glory, and love be yours this and every day, from us and all people, here and everywhere. AMEN.

As Christ teaches us, let us pray:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Breaking of the Bread and the Fraction Anthem

The fraction anthem is from Finland.



Invitation to Communion

Please be seated.

Because we believe that we gather around the Lord's table,

all are welcome and encouraged to receive communion.

The bread is typically received in the hand. You may dip the bread or take a sip from the cup. Low-gluten hosts (<.002%) are available for those with wheat sensitivities.

Communion Hymn #304 — I Come with Joy

Sending (Used when Lay Eucharistic Visitors are sent to bring communion to those unable to be with us.)

[Name], in the name of this congregation, I send you forth bearing these holy gifts, that [Name], to whom you go, may share with us in the communion of Christ's body and blood. We who are many are one Body because we share one bread, one cup.

Post Communion Prayer

Enriching Our Worship, p. 69

Let us pray. God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Holy eternal Majesty, Holy incarnate Word, Holy abiding Spirit, Bless you now and for evermore. **Amen.**

Recessional Hymn #372 - Praise to the Living God

Dismissal

Go in peace to love and serve our God. Alleluia. Alleluia. **Thanks be to God. Alleluia. Alleluia.**

Postlude

We All Believe in One True God

J.S. Bach

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This Week at St. Paul's

Monday, February 17	Church Offices closed for Presidents Day
<u>Tuesday, February 18</u>	10:00 am-12:00 pm, Rector's Office Hours 1:00 pm, Laundry Love Meeting, Olcott Room 3:00-8:00 pm, Private Piano lessons, Olcott Room 6:00 pm, Vestry meeting 6:00 pm, Blue Stone Zen Group, Carriage House
<u>Wednesday, February 19</u>	 8:30 am-1:00 pm, St. Paul's Volunteers serve lunch at Damiano 10:30 am, Staff Meeting 5:15 pm, Eucharist, Church 6:15 pm, Choir Rehearsal, Church 7:30 pm, Handbell Choir Rehearsal, Church
<u>Thursday, February 20</u>	8:00 am, Deadline for March Messenger 10:00 am, Bible Study of 1Kings, Olcott Room 5:30 pm, Hatha Yoga class, Carriage House 5:30 pm, History of Christian Spirituality, Parish Hall
Friday, February 21	10:00 am, Bible Study of Acts, Olcott Room 11:00 am, Al-Anon Friday Freedom Group, Carriage House 3:00-8:00 pm, Private Piano lessons, Olcott Room
Saturday, February 22	6:00 am, Blue Stone Zen Group, Carriage House
Sunday, February 23	8:00 am, Holy Eucharist Rite I, Chapel 10:00 am, Holy Eucharist Rite II, Church

Prayers at St. Paul's

PRAY for the Church of Bangladesh.

For the month of February, please pray for those who serve on Council, Mission Area Teams, Trustees, Standing Committee, Commission on Ministry, Disciplinary Board, Chancellors and for the treasurer of the Episcopal Church in Minnesota.

For those who suffer and those in any trouble:

JoEllen S	Victor S	Jon G	Baby Jack & Family	Paul
Virginia M	Jennifer L	Barbara H	Jenni & Family	Steve & Mary O
Pat K	Charles B	Bill D	Bjørn G	Lucy J
Maureen M	Stan H	Wendy R	Tyson	Connie D
Carol S	Thomas S	Christie S	Mark K	Kathy S
Michael K	Tom P	Ann-Sofie	Sally M	Leif P
Brian A	Gary B	Doug M	John B	Ryan E
Sharon M	John D	Callum	David B	Dan P
				Lorrie F

For those serving in the armed forces:

Lucy Fellman, Ricky Lyle, Nora Maddy

For those who are in seminary or in discernment.

And for those who are in long-term care facilities or are homebound:

Noreen Anderson, JoAnn Chesser, Helen Gruba, Steve Hennessy, Stan Henricksen, Joanne Marinac, Mary Olmsted, Anita Pollock, Robert Sederberg, Carol Spencer

For those who have died.

The flowers on the altar are given to the glory of God in memory of:

- Jerome E. & Luella K. Machamer
- Bill & Jean Kruschke

Announcements

Presidents' Day

Monday, February 17

All St. Paul's Offices will be closed on Monday, February 17, in observance of this federal holiday.

Welcome Guest Preacher Next

Week and Forum

Sunday, February 23, 10:00 am

Next Sunday we will have a guest preacher, **Pastor Mark Olson.** He works as the White Earth Mission developer for the ECMN and the Northwestern Synod of the ELCA.



This ecumenical position develops shared ministries in indigenous contexts, developing leaders and cross-cultural theological education. Mark has worked for many decades at Leech Lake and White Earth. After church, Mark will host a coffee hour forum about the faith communities he serves in White Earth, some of which are historically native congregations affiliated with Enmegabowh.

Our Call to Support Migrants

Sunday, March 2: Special Collection

"The clearest and most consistent moral imperative throughout all of scripture is to welcome the stranger." Bishop Loya has asked Episcopal Churches in Minnesota to respond to the ongoing crisis facing immigrants in the United States. He has asked congregations in Minnesota to advocate, pray, and donate to a newly established diocesan Migrant Support Fund. This fund will be used to support those in ECMN who are working with migrants at the grassroots level. At Bishop Loya's request, St. Paul's will be taking a special offering on Sunday, March 2 to contribute to this fund. All cash and non-pledge offerings given this Sunday will be sent to the diocese to support Fund" in the memo line. Rev. Maggie will match up to \$1,500 in parish donations from her Rector's Discretionary fund.

Shrove Tuesday Pancake Supper and Talent Show

Tuesday, March 4, 6:00 pm, Parish Hall

Enjoy a fun, all-ages pancake supper and be amazed by all the

talent in our parish community! It's the last chance to kick up our heels before Lent begins the next day. If you, or your family, would like to share a talent, please sign up on the sheet on the bulletin



board in the stairwell. If you can help cook and serve the pancakes, please sign up for that! Contact Sophie for more information.

Ash Wednesday Services

Wednesday, March 5, 12:00 pm and 5:15 pm

Start Lent by attending one of our Ash Wednesday services. Both services will include Eucharist and imposition of ashes. A simple meal will be provided in the Parish Hall after each service.



Nourish Body & Soul

Thursday, March 13, 3:00 pm, Parish Kitchen

Join us for a special baking event, sharing in fellowship as we make biscotti and Irish soda bread together. Let's bake, share and uplift our spirits together! Register in advance by texting Jim Sontag: 908-239-5596, attn: Baking at St. Paul's

Diocesan Youth Event

Friday-Sunday, April 6-8, St. Paul, MN

This spring retreat will take place April 4-6, 2025, and will be a space for high-school students to pray and play together as we explore deeply what it means to each of us, as individuals and as a community, to be beloved by God and to follow the way of Jesus.

The retreat will be located at Messiah Episcopal Church in Saint Paul. Cost \$100 to cover all meals and activities. Register before March 1 to receive a 25% discount! Scholarships are available from the Brian N. Prior Youth Scholarship Fund. Registration at <u>www.episcopalmn.org</u> Talk to Sophie to learn more.

Announcements (continued)

Chum Assembly

Tuesday, February 18, 6:00 pm Gloria Dei Lutheran Church 219 N Sixth Ave E, Duluth

Join in a meal and learn more about the new shelter expansion at the Chum Assembly and Annual Meeting. Please register online: www.chumduluth.org/events

Celebrate Mardi Gras with Chum

Thursday, February 27, 5:00 pm Clyde Iron Works, 2920 W Michigan St, Duluth

Join us for the Expansion Extravaganza to support Chum's operations and shelter expansion. Help us raise critical funds and show your commitment to providing a safe space for people experiencing homelessness. Event includes food, lively entertainment and more. Tickets are \$40 in advance or \$50 at the door. To learn more visit www.chumduluth.org.



Deacon Call Day

Saturday, March 15, 12-3 pm St. Mark's Cathedral, Minneapolis

Are you eager to help your faith community recognize and share its gifts with the world? Do you feel called to bring the concerns of the world into your church? Do you want to help the church "walk the talk?" Does the term "servant leadership" stir your soul? If so, you may be interested in learning more about the diaconate!

Deacon Call Day is an opportunity to meet current ECMN deacons, learn more about the call of the diaconate as well as the process of discernment and formation for the diaconate, and hear from those who have dedicated their lives to this unique ministry. Join us, and share this widely with anyone in your faith community whom you believe may be called to the order of deacons.

Registration at <u>www.episcopalmn.org</u>

Talk to Deacon Pat to learn more.

Wednesday Church Nights 2.26 / 3.12 / 3.26

Wednesday Church nights are twice monthly gatherings that include a simple service of communion, a meal, and faith education for teens and adults.

Every Wednesday from September to May:

5:15 Weekly Wednesday Eucharist6:15 Choir Practice7:30 Bell Choir Practice*Canceled on Holidays*

Twice-Monthly Wednesday Programming:

5:15 Weekly Wednesday Eucharist6:00 Community Meal6:30 Adult Forum, Middle School & Confirmation

Can you cook in a crockpot?

Our Wednesday Night meals need you! On 2/26 and 4/9, our Wednesday night meals need 3 to 4 folks to sign up to bring a dish that feeds 10-12 people. Sign up to bring a crockpot (or hot dish, or hearty salad) that can feed 10 to 12 people.

Visit our Sign-Up Page:

www.stpaulsduluth.org/signup

We also need additional dishwashing help and set up hosts for each evening. The Wednesday Night meal is an important part of our community gathering, and a way in which we can feed the hungry both at church and in the neighborhood. It needs your help to thrive. Please support this vital part of our community life by volunteering once this season.

Upcoming:

2.26 The Spirituality of Sailing3.12 Celtic Spirituality: Saints3.26 Celtic Spirituality: Pilgrimage

St. Paul's Episcopal Clergy and Staff Phone: 218-724-3535

Clergy

The Rev. Maggie Nancarrow, Rector The Very Rev. Rick Swenson, Associate Rector The Rev. Deacon Patricia Benson

Parish Staff Rita Rosenberger, Parish Secretary Sophie Gray Spehar, Faith Formation Coordinator Thomas K. Hamilton, DMA, Minister of Music Christine Melone, Bookkeeper Bill Stapp, Sexton rector@stpaulsduluth.org associate@stpaulsduluth.org deacon@stpaulsduluth.org

office@stpaulsduluth.org kids@stpaulsduluth.org music@stpaulsduluth.org bookkeeper@stpaulsduluth.org bill.stapp@gmail.com

Electronic Giving

You may donate checks or cash in the alms basins during the Offertory. If you prefer to donate to St. Paul's electronically, you may use this QR code to easily access our website donation page. **Thank you for your generosity.**



Serving Today				
Celebrant:	The Rev. Maggie Nancarrow			
Assistant:	The V. Rev. Rick Swenson			
Deacon:	The Rev. Deacon Patricia Benson			
Verger:	Kathleen Smith			
Altar Guild:	Carrie Miller, Lynnea Hultkrantz, Char McConnell			
Lectors:	Zabelle Stodola, Sue Sommer			
Prayer Leader:	Leslie Brunfelt			
Music:	Chancel Choir; Charles Sundquist, organ			
Lay Eucharistic Ministers (Chalice):	Zabelle Stodola, Sue Sommer, Nancy Diener			
Acolytes:	Ernie Barthel, Jack Shambour, Riley Wall			
Livestream:	Rick Lyle			
Ushers:	David Barthel, Diane Morin & Karen Swanson, James Sontag			
Nursery:	Hannah Gustafson, Janice Schreck			
Coffee Hosts:	Bob & Kathy Silverness			
Lock-Up:	Sophie Spehar			