



The Episcopal Parish of St. Paul  
Duluth, Minnesota

The Third Sunday in Lent  
Holy Eucharist  
March 23, 2025  
10:00 am

Please join us for Coffee Hour in the Parish Hall  
after this service. All ages welcome!



# Welcome to St. Paul's Episcopal Church

## I'm New

Welcome! If you would like to stay in touch, please fill out a visitor card in the pew and place it in the offering plate after the announcements.

## About Our Worship Today

Worship in the Episcopal Church is participatory and embodied. We stand and kneel, make the sign of the cross at times, sing and breathe together, and walk forward for communion each week. You are welcome to participate at your own comfort level. You will likely see people engaging differently at different times. One of the gifts of the Episcopal tradition is that there are a variety of 'right' ways to participate.

## Restrooms

Exit at the side door at the front of the church and go down the hall. They are the first and second doors on the left side of the hallway.

## What do I do?

This service booklet will give you the words you need and instructions. The words in **bold** print are said by everyone. Hymns can be found either in this booklet or in the blue or green hymnals in your pew.

## May I have communion?

Yes. All may come forward to receive communion (or the Eucharist.) No one is required to receive. We are serving both bread and wine. You may choose to receive at your own comfort level, both bread and wine or just bread. You may also come forward with your arms crossed over your chest for a blessing, or you may choose not to come forward at all. Children may receive at any age.

## Worshipping with Kids

Joyful noise is most welcome here. Many families find that sitting close to the front helps children to see and engage better with the service. There is a staffed nursery located down the hall. We also have a rocking chair in the back of church for parents with infants. Children aged three through fifth grade are invited to Children's Church after the opening prayer.

## About St. Paul's

We are a community dedicated to following the Way of Love as shown to us by the life, death, and resurrection of Jesus of Nazareth. Together we practice curiosity, awe, and community to love God, love our neighbors, and love ourselves.

## The Liturgical Season

In the Episcopal Church, we follow a circular calendar with special seasons. We are currently in the season of Lent, represented by the purple cloth of the altar.

Lent is a forty-day season when we prepare for the mystery of Christ's death and resurrection at Easter.

## Weekly Service Schedule

### Sundays

8:00 am

Rite I

10:00 am

Rite II

### Wednesdays

5:15 pm

Rite II

## Stay in Touch

Find out more about St. Paul's or get connected with one of our leaders by emailing Rita in the parish office at [office@stpaulsduluth.org](mailto:office@stpaulsduluth.org).

Prelude

O God, Thou Faithful God, Op. 122, No. 7

Johannes Brahms

The text for this hymn is at #681 in The Hymnal 1982. Feel free to use it for meditation before worship.

Processional Hymn #441 — In the Cross of Christ I Glory

Opening Acclamation

Bless the Lord who forgives all our sins.

**God’s mercy endures forever.**

Opening Collect

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Jesus Christ our Lord. **Amen.**

Children’s Invitation

Children are invited to come forward for a blessing, then go to Sunday School on the Lower Level and return at the Peace.

Kyrie — Feel free to sing parts as you are able.

Ky - ri - e e - lei - son. Ky - ri - e e - lei - son.  
 Chris - te e - lei - son. Chris - te e - lei - son.

Ky - ri - e e lei - son.  
 Chris - te e - lei - son.

The text is in Greek. The English translation is “Lord, have mercy; Christ have mercy; Lord have mercy.”

The Collect of the Day

The Lord be with you.

**And also with you.**

Let us pray... *(Pause for silent prayer)* Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Reading

Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, “I must turn aside and look at this great sight, and see why the bush is not burned up.” When the LORD saw that he had turned aside to see, God called to him out of the bush, “Moses, Moses!” And he said, “Here I am.” Then he said, “Come no closer! Remove the sandals from your feet, for the place on which you are

standing is holy ground.” He said further, “I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look at God.

Then the LORD said, “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.” But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?” He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.”

But Moses said to God, “If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?” God said to Moses, “I AM WHO I AM.” He said further, “Thus you shall say to the Israelites, 'I AM has sent me to you.'” God also said to Moses, “Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you':

This is my name forever,  
and this my title for all generations.”

The Word of the Lord.

**Thanks be to God.**

## Psalm 63:1-8

*Note: The assembly sings the entire verse marked, “All.”  
The **bold** words indicate when to change notes on the psalm tone.*

**One:** O God, you are my God; eager-ly I seek you;  
my soul thirsts for you, my flesh faints for you,  
as in a barren and dry land where there **is no water.**

**All:** Therefore I have gazed upon you in your **holy place,**  
that I might behold your power **and your glory.**

For your loving-kindness is better than **life itself;**  
my lips shall **give you praise.**

So will I bless you as long **as I live**  
and lift up my hands **in your Name.**

My soul is content, as with mar-**row and fatness,**  
and my mouth praises you with **joyful lips,**

When I remember you up-**on my bed,**  
and meditate on you in **the night watches.**

For you have **been my helper,**  
and under the shadow of your wings I **will rejoice.**

My soul **clings to you;**  
your right hand **holds me fast.**

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

The Word of the Lord.  
**Thanks be to God.**

Gospel Verse

Bless the Lord, my soul, and bless God's ho - ly name.

Bless the Lord, my soul, who leads me in - to life.

Holy Gospel

Luke 13:1-9

The Holy Gospel of Our Lord Jesus Christ according to Luke.  
**Glory to you, Lord Christ.**

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you

think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did.”

Then he told this parable: “A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'”

The Gospel of the Lord.

**Praise to you, Lord Christ.**

Sermon

The Rev. Maggie Nancarrow

*A brief contemplative silence is kept after the sermon*

The Nicene Creed

**We believe in one God,  
the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## The Prayers of the People

Deacon: Have mercy on us, O God, according to your loving kindness; in your great compassion, hear our prayers.

*The prayer response will be sung:*



Deacon: Create in us clean hearts, O God,

All: **and renew a right spirit within us.**

Deacon: Cast us not away from your presence,

All: **and take not your Holy Spirit from us.**

## The Confession of Sin

*Please kneel or sit. Silence is kept for reflection and self-examination.*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

The peace of Christ be always with you.

**And also with you.**

## Announcements

*Those who are celebrating a birthday or anniversary will be invited forward after the announcements.*

## Birthday and Anniversary Prayer

**Dear Father, we thank thee that all the year through  
Thy goodness has blest them with gifts ever new.  
And, oh, wilt thou grant them a happy new year,  
Dear Father, we pray thee, be thou ever near. Amen.**

Walk in love, as Christ loved us, and gave himself for us, an offering and sacrifice to God.

## Offering

### Bless the Lord, O My Soul

Mikhail M. Ippolitov-Ivanov

*Bless thou the Lord, O my soul. Blessed art Thou, O Lord.*

*Bless thou the Lord, O my soul. Bless the Lord and forget not all His benefits.*

*Bless thou the Lord, O my soul, and all that is within me bless His holy name.*

*He is full of compassion and mercy, long suffering and great in goodness.*

*He will not always be chiding nor keepeth He his wrath forever.*

*Bless thou the Lord, O my soul, and all that is within me bless His holy name.*

*O blessed art Thou, O Lord.*

## Offertory

Seed that in earth is dy - ing grows in-to ears of grain.

Grapes that are crushed in ves - sels turn in-to gold-en wine.

God, through this mys - t'ry grant us faith in your deep -

dark - ness, life in our night and death.

## The Great Thanksgiving

Eucharistic Prayer C, Book of Common Prayer, p. 369

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glorify to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the stewards of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law.




And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:



Ho-ly, ho-ly, ho-ly Lord, God of pow-er and might, heav-en and  
earth are full of your glo-ry. Ho-san-na in the high - est. Bless-ed is he  
who comes in the name of the Lord. Ho-san-na in the high - est.

And so, Father, we who have been redeemed by him...

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,**

**as we await the day of his coming.**

Lord, God of our Father; God of Abraham & Sarah, Isaac & Rebekah...

Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say:

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

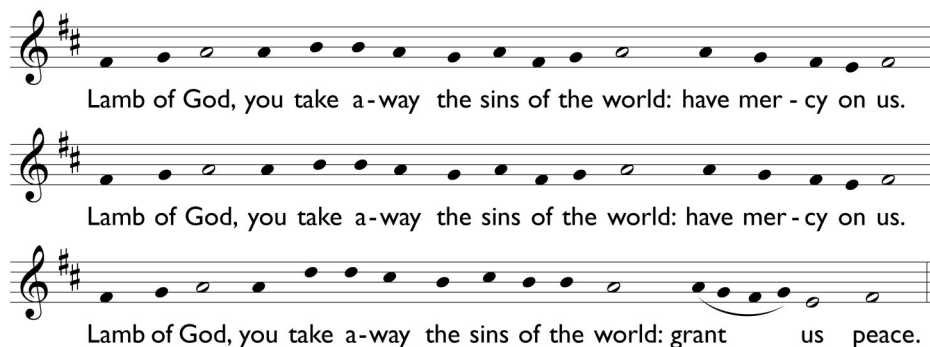
**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**forever and ever. Amen.**

## The Breaking of the Bread and the Fraction Anthem



Lamb of God, you take a-way the sins of the world: have mer - cy on us.

Lamb of God, you take a-way the sins of the world: have mer - cy on us.

Lamb of God, you take a-way the sins of the world: grant us peace.

## Invitation to Communion

*Please be seated.*

*Because we believe that we gather around the Lord's table,  
all are welcome and encouraged to receive communion.*

*The bread is typically received in the hand. You may dip the bread or take a sip from the cup.*

*Low-gluten hosts (<.002%) are available for those with wheat sensitivities.*

## Communion Music — Mercy, We Abide in You



Mer - cy we a - bide in you. Stir in us, we pray.

### Verses sung by the choir:

*In peace, may we assemble. In peace, may we unite.*

*In peace, may we be whole. Move within each heart. **Refrain***

*For all who suffer in war, for all who struggle for comfort,  
for all who slumber in ease. Move within each heart. **Refrain***

*We are broken, longing for peace, forgiveness flow among us.*

*May we be reconciled. Move within each heart. **Refrain***

**Sending** (Used when Lay Eucharistic Visitors are sent to bring communion to those unable to be with us.)

[Name], in the name of this congregation, I send you forth bearing these holy gifts, that [Name], to whom you go, may share with us in the communion of Christ's body and blood.

**We who are many are one Body because we share one bread, one cup.**

Let us pray.

**Almighty and ever living God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.**

Blessing

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

Recessional Hymn #527 — *Singing Songs of Expectation*

Dismissal

Go in peace to love and serve our God.  
**Thanks be to God.**

Postlude

Toccata on *In the Cross of Christ I Glory*

David Cherwien

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## This Week at St. Paul's

<b><u>Monday, March 24</u></b>	1:00 pm, Bible Study with Wanda, Parish Hall
<b><u>Tuesday, March 25</u></b>	1:00 am, Chum Book Study "Practical Radicals," Parish Hall 3:00-8:00 pm, Private Piano lessons, Olcott Room 6:00 pm, Blue Stone Zen Group, Carriage House
<b><u>Wednesday, March 26</u></b>	5:15 pm, Eucharist, Church 6:00 pm, Supper, Parish Hall 6:15 pm, Choir Rehearsal, Church 6:30 pm, Faith Forum "The Spirituality of Sailing," Parish Hall 6:30 pm, Youth Formation Groups meet, 4th floor 7:30 pm, Handbell Choir Rehearsal, Church
<b><u>Thursday, March 27</u></b>	10:00 am, Bible Study of 2Kings, Olcott Room 1:00 pm, Messenger bulk mailing, Parish Hall 5:30 pm, Hatha Yoga class, Carriage House
<b><u>Friday, March 28</u></b>	11:00 am, Al-Anon Friday Freedom Group, Carriage House 3:00-8:00 pm, Private Piano lessons, Olcott Room 5:30 pm, Stations of the Cross, Church
<b><u>Saturday, March 29</u></b>	6:00 am, Blue Stone Zen Group, Carriage House
<b><u>Sunday, March 30</u></b>	8:00 am, Holy Eucharist Rite I, Chapel 10:00 am, Holy Eucharist Rite II, Church 11:15 am, New Member Cohort meeting, Olcott Room

### **Parish Office Closed for Spring Break**

**Monday, March 31-Friday, April 4**

During the Public Schools Break Week, the Parish Office will be closed. Thank you for your understanding.

## Prayers at St. Paul's

**PRAY** for the Church of the Province of Central America.

**For the month of March**, please pray for those involved in specialized licensed ministries throughout the Episcopal Church in Minnesota including lay preachers, worship leaders, catechists, Eucharistic ministers and visitors, and lay readers; and for our musicians and worship committees.

**For those who suffer and those in any trouble:**

JoEllen S	Victor S	Jon G	Baby Jack & Family	Steve & Mary O
Virginia M	Jennifer L	Barbara H	Jenni & Family	Lucy J
Pat K	Charles B	Bill D	Bjørn G	Kathy S
Maureen M	Stan H	Wendy R	Tyson	Ryan E
Carol S	Thomas S	Christie S	Mark K	Dan P
Michael K	Tom P	Ann-Sofie	Sally M	Lorrie F
Brian A	Gary B	Doug M	David B	Patty T
John B	John D	Callum	Paul	Bill S

**For those serving in the armed forces:**

Lucy Fellman, Ricky Lyle, Nora Maddy

**For those who are in seminary or in discernment.**

**And for those who are in long-term care facilities or are homebound:**

Noreen Anderson, JoAnn Chessser, Helen Gruba, Steve Hennessy, Stan Henricksen, Joanne Marinac, Steve & Mary Olmsted, Anita Pollock, Robert Sederberg, Carol Spencer

**For those who have died.**

**The flowers on the altar are given to the glory of God in memory of:**

- Barbara Bell Gunderson
- Sally Rogers
- Judy Dragich



# Announcements

## The Spirituality of Sailing

**Wednesday, March 26, 6:30 pm**

Join us for this week's Faith Forum, presented by a panel of St. Paul's parishioners, including Eric Thomas, Margaret & Nelson Thomas, Wendy Saliin & Jason Wall, and others!

## Messenger Bulk Mailing

**Thursday, March 27, 1:00 pm, Parish Hall**

Please join us to fold and tab the newsletters. It is easy and fun; it only takes about an hour.

## Stations of the Cross

**Fridays, 5:30 pm, Church**

One of the most powerful prayer practices during Lent is the Stations of the Cross, which are fourteen images that depict the path Jesus walked on the day of his crucifixion. This walk, which is intended to be a journey through passion and prayer, is also known as the Way of the Cross. Join Fr. Rick each Friday, March 7-April 11, at 5:30 pm to pray the Stations.

## Guest Preacher Next Week

**Sunday, March 30, 10:00 am**

We are delighted to welcome back John Cole, Executive Director of Chum, to the pulpit next Sunday. He is a dynamic and talented preacher who will address the Gospel story of the Prodigal Son.



## Parish Office Spring Break

**Monday, March 31-Friday, April 4**

The Parish Office will be closed during the Public Schools Break Week. Thank you for your understanding.

## Carrying on the Journey with Paul - Letter to the Ephesians

**Fridays, April 4, 11 and 25**

How can we live as Christians in difficult circumstances? How do families live as Christians? Paul encourages the Christian community at Ephesus with how to walk Jesus' good road. Join us for three Friday mornings in April, in the Olcott Room, at 10:00. We study, wrestle with, and imagine the implications for our lives, with God's help.

- April 4 chapters 1-2

- April 11 chapters 3-4
- April 25 chapters 5-6

*Lara Hill, Barb Elliott, Marta Maddy*

## Easter Floral Memorials

**Wednesday, April 9 deadline**

If you would like to remember someone in a special way at Easter, please consider requesting an Altar Flower Memorial in their honor. Your contribution will help purchase the altar flowers and plants we will use to decorate St. Paul's this Easter season. And the recipient of your memorial will have their name added to our Easter Memorial list, which will be included in the Easter Sunday service programs. All new memorials must be submitted by April 9.

The suggested minimum contribution for an Altar Flower Memorial is \$25. You may request either a one-time or annual memorial. All memorials are continued from year-to-year unless you indicate otherwise.

Please contact me directly via email at [carmil4@msn.com](mailto:carmil4@msn.com) to leave your new request and information. Or you may leave a message for me with the church office.

*Carrie Miller, Altar Flowers Coordinator*

## Making Space for a Grand Piano

St. Paul's has been approached by a gracious member who would like to loan his Steinway Grand Piano to us. The Vestry, Rector, and Music Minister have discerned that this offer will be of significant benefit to St. Paul's, and we are very excited about the potential that such an instrument offers. The piano will be available for use in worship and will make our church an attractive venue for groups requiring a concert quality piano. Students who study piano here may also be able to host recitals in the church, welcoming in the wider community. In addition, this piano will provide us with a high quality instrument that can lead us in song when, in a few years time, we need to do significant repairs on our organ. In order to house the piano, we will be removing three pews from the pulpit side of the church. The removal of pews will both create space for the piano and will assist with traffic flow when serving communion. Overall, the team believes that these changes will improve our worship considerably and allow us to share music with people from beyond just our own congregation. If you have questions or concerns, please reach out to Rev. Maggie, Tom Hamilton, or Nancy Diener, Senior Warden.

## Announcements (continued)

### Recycle Your Cell Phone

#### Safe Haven, Duluth

Safe Haven always needs cell phones for its clients, and St. Paul's Outreach Committee encourages parishioners to respond to this request. Safe Haven is happy to accept old phones, new phones, working phones, and broken phones (a recycler/refurbisher takes care of needed repairs and wipes the phones clean).

Most people feel more comfortable wiping their phone before donating it (understandably!) so Safe Haven has provided some instructions for that:

For iPhones: go into Settings > General > Transfer or Reset iPhone—and that will wipe it clear and return it to factory setting mode.

For Android: go into Settings > System > Reset options > Erase all data (factory reset).

If you can help, contact Safe Haven's Director of Philanthropy, Carin Skoog, (218) 730-2468, [carin@safehavenshelter.org](mailto:carin@safehavenshelter.org)

*Thank you,*

*Zabelle Stodola, for the Outreach Committee*

### EcoFaith Summit

**Saturday, April 5, 9:30 am-5:00 pm,  
First Lutheran Church, 1100 E Superior St,  
Duluth**

2025 EcoFaith Summit of the Upper Midwest: Earth's Cries, Earth's Call: Becoming Midwives of Hope for the Healing of Creation: at First Lutheran Church in Duluth and Online. The day includes speakers, action-oriented engagement sessions, worship, art, table exhibits, and networking time to equip disciples in any community to respond to God's call in the cries of Creation. To register and for more information including a carpool discount, free registration under age 30 and free childcare provided: <https://www.ecofaithnetwork.org/ecofaith-summit-2025>.



### Wednesday Church Nights

**3.26 / 4.9 / 4.30**

Wednesday Church nights are twice monthly gatherings that include a simple service of communion, a meal, and faith education for teens and adults.

#### Every Wednesday September — May:

5:15 Weekly Wednesday Eucharist

6:15 Choir Practice

7:30 Bell Choir Practice

*Canceled on Holidays*

#### Twice-Monthly Wednesday Programming:

5:15 Weekly Wednesday Eucharist

6:00 Community Meal

6:30 Adult Forum, Middle School & Confirmation

### Can you cook in a crockpot?

Our Wednesday Night meals need you! **On 4/9, our Wednesday night meal needs 3 to 4 folks to sign up to bring a dish that feeds 10-12 people.** Sign up to bring a crockpot (or hot dish, or hearty salad) that can feed 10 to 12 people.

Visit our Sign-Up Page:

[www.stpaulsduluth.org/signup](http://www.stpaulsduluth.org/signup)

We also need additional dishwashing help and set up hosts for each evening. The Wednesday Night meal is an important part of our community gathering, and a way in which we can feed the hungry both at church and in the neighborhood. It needs your help to thrive. Please support this vital part of our community life by volunteering once this season.

We need a chef for March 26, too.

Upcoming:

3.26 *The Spirituality of Sailing*

4.9 *Holy Week Forum*

4.30 *Speaker from Safe Haven*

## St. Paul's Episcopal Clergy and Staff

**Phone: 218-724-3535**

### Clergy

The Rev. Maggie Nancarrow, Rector

rector@stpaulsduluth.org

The Very Rev. Rick Swenson, Associate Rector

associate@stpaulsduluth.org

The Rev. Deacon Patricia Benson

deacon@stpaulsduluth.org

### Parish Staff

Rita Rosenberger, Parish Secretary

office@stpaulsduluth.org

Sophie Gray Spehar, Faith Formation Coordinator

kids@stpaulsduluth.org

Thomas K. Hamilton, DMA, Minister of Music

music@stpaulsduluth.org

Christine Melone, Bookkeeper

bookkeeper@stpaulsduluth.org

Bill Stapp, Sexton

bill.stapp@gmail.com

## Electronic Giving

You may donate checks or cash in the alms basins during the Offertory. If you prefer to donate to St. Paul's electronically, you may use this QR code to easily access our website donation page. **Thank you for your generosity.**



## Serving Today

Celebrant:	The Rev. Maggie Nancarrow
Assistant:	The V. Rev. Rick Swenson
Deacon:	The Rev. Deacon Patricia Benson
Vergers:	John Pastor
Altar Guild:	Diane Kolquist, Susan M Anderson, Sue Sommer, Tamara Jansen
Lectors:	Zabelle Stodola, Natalie Constance
Prayer Leader:	Leslie Brunfelt
Music:	Chancel Choir; Thomas Hamilton, organ
Lay Eucharistic Ministers (Chalice):	Zabelle Stodola, Natalie Constance, Kathy Baumgarten
Acolytes:	Cal Butcher, Riley Wall, Matthew Devich
Livestream:	Ernie Barthel
Ushers:	Gary Olson, Paul Waite, Matt Gustafson, Rick Lyle
Nursery:	Hannah Gustafson
Coffee Hosts:	Need Volunteers
Lock-Up:	Sophie Gray Spehar