



The Episcopal Parish of St. Paul
Duluth, Minnesota

The Third Sunday after Pentecost
Holy Eucharist
June 29, 2025
10:00 am

Please join us for a Coffee Hour in the Parish Hall after this service.
All ages welcome.



Welcome to St. Paul's Episcopal Church

I'm New

Welcome! If you would like to stay in touch, please fill out a visitor card in the pew and place it in the offering plate after the announcements.

About Our Worship Today

Worship in the Episcopal Church is participatory and embodied. We stand and kneel, make the sign of the cross at times, sing and breathe together, and walk forward for communion each week. You are welcome to participate at your own comfort level. You will likely see people engaging differently at different times. One of the gifts of the Episcopal tradition is that there are a variety of 'right' ways to participate.

Restrooms

Exit at the side door at the front of the church and go down the hall. They are the first and second doors on the left side of the hallway.

What do I do?

This service booklet will give you the words you need and instructions. The words in **bold** print are said by everyone. Hymns can be found either in this booklet or in the blue or green hymnals in your pew.

May I have communion?

Yes. All may come forward to receive communion (or the Eucharist.) No one is required to receive. We are serving both bread and wine. You may choose to receive at your own comfort level, both bread and wine or just bread. You may also come forward with your arms crossed over your chest for a blessing, or you may choose not to come forward at all. Children may receive at any age.

Worshiping with Kids

Joyful noise is most welcome here. Many families find that sitting close to the front helps children to see and engage better with the service. There is a nursery located down the hall that you may use; it is not staffed today. We also have a rocking chair in the back of church for parents with infants.

About St. Paul's

We are a community dedicated to following the Way of Love as shown to us by the life, death, and resurrection of Jesus of Nazareth. Together we practice curiosity, awe, and community to love God, love our neighbors, and love ourselves.

The Liturgical Season

In the Episcopal Church, we follow a circular calendar with special seasons. We are currently in the season following Pentecost, also called Ordinary Time. This season is observed with green to symbolize the growing, abundant earth. Half of the Christian Year is this season after Pentecost, which is a season where we translate the good news for new times and places.

Weekly Service Schedule

Sundays

8:00 am

Rite I

10:00 am

Rite II

Stay in Touch

Find out more about St. Paul's or get connected with one of our leaders by emailing Rita in the parish office at office@stpaulsduluth.org.



Processional Hymn #665 (**omit stanza 4**) — *All My Hope on God Is Founded*

Opening Acclamation

Blessed be the one, holy and living God.

Glory to God forever and ever. Amen.

Opening Collect

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Jesus Christ our Lord. **Amen.**

Gloria

Glo - ry to God in the high - est, and
 peace to his peo-ple on earth. Lord God, heav'n-ly King, al -
 might-y God and Fa - ther, we wor-ship you, we give you thanks, we
 praise you for your glo - ry. Lord Je - sus Christ, on - ly Son of the
 Fa - ther, Lord God, Lamb of God, you take a - way the
 sin of the world: have mer - cy on us; you are seat - ed at the
 right hand of the Fa-ther: re - ceive our prayer. For you a - lone are the
 Ho - ly One, you a - lone are the Lord, you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spir - it, in the glo - ry of
 God the Fa - ther. A - men.

The Collect of the Day

The Lord be with you.

And also with you.

Let us pray... *(Pause for silent prayer)*

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The First Reading

2 Kings 2:1-2, 6-14

When the LORD was about to take Elijah up to heaven by a whirlwind, Elijah and Elisha were on their way from Gilgal. Elijah said to Elisha, "Stay here; for the LORD has sent me as far as Bethel." But Elisha said, "As the LORD lives, and as you yourself live, I will not leave you." So they went down to Bethel.

Then Elijah said to him, "Stay here; for the LORD has sent me to the Jordan." But he said, "As the LORD lives, and as you yourself live, I will not leave you." So the two of them went on. Fifty men of the company of prophets also went, and stood at some distance from them, as they both were standing by the Jordan. Then Elijah took his mantle and rolled it up, and struck the water; the water was parted to the one side and to the other, until the two of them crossed on dry ground.

When they had crossed, Elijah said to Elisha, "Tell me what I may do for you, before I am taken from you." Elisha said, "Please let me inherit a double share of your spirit." He responded, "You have asked a hard thing; yet, if you see me as I am being taken from you, it will be granted you; if not, it will not." As they continued walking and talking, a chariot of fire and horses of fire separated the two of them, and Elijah ascended in a whirlwind into heaven. Elisha kept watching and crying out, "Father, father! The chariots of Israel and its horsemen!" But when he could no longer see him, he grasped his own clothes and tore them in two pieces.

He picked up the mantle of Elijah that had fallen from him, and went back and stood on the bank of the Jordan. He took the mantle of Elijah that had fallen from him, and struck the water, saying, "Where is the LORD, the God of Elijah?" When he had struck the water, the water was parted to the one side and to the other, and Elisha went over.

The Word of the Lord.

Thanks be to God.

Psalmody

Psalm 77:1-2, 11-20

The **bold** words indicate when to change notes on the psalm tone.



I will cry aloud to **God;**

I will cry aloud, and God will **hear me.**

In the day of my trouble I sought the **Lord;**

my hands were stretched out by night and did not tire;

I refused to **be comforted**.
I will remember the works of the **LORD**,
and call to mind your wonders of old **time**.
I will meditate on all your **acts**
and ponder your might-**y deeds**.
Your way, O God, is **holy**;
who is so great a god as our **God**?
You are the God who works **wonders**
and have declared your power among **the peoples**.
By your strength you have redeemed your **people**,
the children of Jacob and **Joseph**.
The waters saw you, O God;
the waters saw you and **trembled**;
the very depths **were shaken**.
The clouds poured out **water**;
the skies thundered;
your arrows flashed to and **fro**;
The sound of your thunder was in the whirlwind;
your lightnings lit up the **world**;
the earth trembled **and shook**.
Your way was in the sea,
and your paths in the great **waters**,
yet your footsteps were not **seen**.
You led your people like a **flock**
by the hand of Moses **and Aaron**.

The Second Reading

Galatians 5:1, 13-25

For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery. For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself." If, however, you bite and devour one another, take care that you are not consumed by one another. Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God. By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

The Word of the Lord.
Thanks be to God.

The Gospel Acclamation

The cantor sings the alleluia. Assembly joins on the repeat.

The cantor sings the verse, and the alleluia is repeated.



Verse: Lord, to whom shall we go? You have the words of eternal life.

The Holy Gospel

Luke 9:51-62

The Holy Gospel of Our Lord Jesus Christ according to Luke.

Glory to you, Lord Christ.

When the days drew near for Jesus to be taken up, he set his face to go to Jerusalem. And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; but they did not receive him, because his face was set toward Jerusalem. When his disciples James and John saw it, they said, "Lord, do you want us to command fire to come down from heaven and consume them?" But he turned and rebuked them. Then they went on to another village.

As they were going along the road, someone said to him, "I will follow you wherever you go." And Jesus said to him, "Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head." To another he said, "Follow me." But he said, "Lord, first let me go and bury my father." But Jesus said to him, "Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God." Another said, "I will follow you, Lord; but let me first say farewell to those at my home." Jesus said to him, "No one who puts a hand to the plow and looks back is fit for the kingdom of God."

The Gospel of the Lord.

Praise to you, Lord Christ.

Sermon

The V. Rev. Rick Swenson

A contemplative silence is kept after the homily.

The Nicene Creed

**We believe in one God,
the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:**

by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Deacon: In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Sean Rowe, our Presiding Bishop, and Craig Loya, our Bishop, and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

The People may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

The People may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

Deacon: We pray to you also for the forgiveness of our sins.

Silence. Please kneel or sit as you are able.

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

The peace of Christ be always with you.

And also with you.

Announcements

Those who are celebrating a birthday or anniversary will be invited forward after the announcements.

Birthday and Anniversary Prayer

**Dear Father, we thank thee that all the year through
Thy goodness has blest them with gifts ever new.
And, oh, wilt thou grant them a happy new year,
Dear Father, we pray thee, be thou ever near. Amen.**

Walk in love, as Christ loved us, and gave himself for us, an offering and sacrifice to God.

Offering

Étude, Op. 10, No. 3

Frédéric Chopin

Offertory

**Praise God, from whom all blessings flow:
Praise him, all creatures here below;
Praise him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.**

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing:

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and
might, Ho - ly, ho - ly, ho - ly Lord,
God of pow'r and might, heav - en and earth are
full, full of your glo - ry, Ho -
san - na in the high - est. Ho - san - na in the
high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est.

We acclaim you, holy Lord, glorious in power...

and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

We praise you, we bless you,

we give thanks to you,

and we pray to you, Lord our God.

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us...

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

The Breaking of the Bread and the Fraction Anthem



Invitation to Communion

Please be seated.

*Because we believe that we gather around the Lord's table,
all are welcome and encouraged to receive communion.*

*The bread is typically received in the hand. You may dip the bread or take a sip from the cup.
Low-gluten hosts (<.002%) are available for those with wheat sensitivities.*

Communion Hymn #812 (**Wonder, Love and Praise**) — *I, the Lord of Sea and Sky*

Sending (*Used when Lay Eucharistic Visitors are sent to bring communion to those unable to be with us.*)

[Name], in the name of this congregation, I send you forth bearing these holy gifts, that [Name], to whom you go, may share with us in the communion of Christ's body and blood.

We who are many are one Body because we share one bread, one cup.

Let us pray.

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

Recessional Hymn #488 — *Be Thou My Vision*

Dismissal

Go in peace to love and serve our God. Alleluia, alleluia.
Thanks be to God. Alleluia, alleluia.

Postlude

Fantaisie in E^b: 2. Allegro molto e con fuoco

Camille Saint-Saëns

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This Week at St. Paul's

<u>Monday, June 30</u>	Church Offices Closed All Week 6:00-8:00 pm, Duluth Symphonic Winds Rehearsal, Parish Hall
<u>Tuesday, July 1</u>	Church Offices Closed All Week 10:00 am, Private Piano Lesson (LB), Olcott Room 4:30-6:30 pm, Private Piano Lessons (LB), Olcott Room 6:00 pm, Blue Stone Zen Group, Carriage House
<u>Wednesday, July 2</u>	Church Offices Closed All Week
<u>Thursday, July 3</u>	Church Offices Closed All Week
<u>Friday, July 4</u>	Church Offices Closed All Week 11:00 am, Al-Anon Friday Freedom Group, Carriage House
<u>Saturday, July 5</u>	6:00 am, Blue Stone Zen Group, Carriage House
<u>Sunday, July 6</u>	8:00 am, Holy Eucharist Rite I, Chapel 10:00 am, Holy Eucharist Rite II, Church

If you wish to schedule a meeting or event at St. Paul's, please contact Rita in the Parish Office, 218-724-3535 or office@stpaulsduluth.org. Thank you!

Prayers at St. Paul's

PRAY for the Anglican Church of Myanmar (Burma).

For the month of June, please pray for all Ecumenical Ministries throughout Minnesota, especially for the Minnesota Council of Churches and all those who work with social service agencies.

For those who suffer and those in any trouble:

JoEllen S	Victor S	Jon G	Baby Jack & Family	Natalie S.
Virginia M	Jennifer L	Barbara H	Jenni & Family	Sally R
Pat K	Charles B	Kathy S	Bjørn G	Nick & Sami
Maureen M	Bill D	Wendy R	Lorrie F	Mary O
Stan H	David B	Christie S	Dan P	Jane J
Stuart B	Tom P	Ann-Sofie	Paul	Jasmine & Family
John D	Gary B	Lucy J	Jenny	Sally M
John B	Mark K	Callum	Mary C	John & Yvette
			Ann Marie	Thomas S

For those serving in the armed forces:

Lucy Fellman, Charles Lewis, Ricky Lyle, Nora Maddy

For those who are in seminary or in discernment.

And for those who are in long-term care facilities or are homebound:

Noreen Anderson, JoAnn Chesser, Helen Gruba, Steve Hennessy, Stan Henriksen, Steve & Mary Olmsted, Anita Pollock

For those who have died.

The flowers on the altar are given to the glory of God in memory of:

George C. Zeller



Announcements

Summer Hours

June-July-August

The church offices is closed on Fridays in the summer months. The offices will be closed for the week of June 30-July 4. The Parish Office is staffed Monday-Thursday, 8:30 am - 1:30 pm.



laundry love.

Laundry Love

In 2023, Deacon Pat Benson and others teamed up to create Laundry Love Duluth as part of the national Laundry Love program. In addition to assisting people who are struggling financially and sometimes unhoused by covering the cost to wash their laundry, Laundry Love is an opportunity to make important social connections between guests and volunteers. Our goal is to treat each person with dignity and respect so that they feel seen, valued and honored. This is the core of Laundry Love.

St. Paul's provides volunteers for this program every 2nd Tuesday. Might you be called to join us? For more information please contact Carol Andrews carol.andrews@hotmail.com or 218-390-8981, or talk to one of our amazing frequent participants: Rothko Hauschildt, Rob Thomas, Lara Hill and Kathleen Smith. **We especially need a few more volunteers from 8:30 am - 11:30 am on Tuesday, July 8.**

Join Us at the Beach!

Wednesday, July 16, 5-7 pm



Please join us for some cross-congregational fun at St. Andrew's By The Lake. We will have access to the amenities that St. Andrew's offers (kitchen, bathrooms, and meeting area if the weather isn't so beachy). Bring what you need to be comfortable at the beach, as well as a dish or drink to share. See you then! — Sophie Gray Spehar

Lake Superior Sunday

Sunday, July 20, 9:45 am

St. Andrew's by the Lake Episcopal Church, 2802 Minnesota Ave, Duluth



Mark your calendars for worship on the beach, Sunday July 20. Our service will be held jointly at St. Andrew's on Park Point. Bring a chair or blanket. We will worship on the beach in good weather; or in the St. Andrew's Sanctuary if the weather is rainy. **Please note that there will not be a 10 am Eucharist at St. Paul's on July 21.** We will have the 8 am service in the Chapel for any who wish to worship at St. Paul's.

Please note that the service on the point is at 9:45 am instead of 10 am, in order to avoid getting bridged on the way to church.

Outreach Committee Update

At its quarterly meeting in June, the Outreach Committee unanimously approved the following grant requests from its \$10,965 balance for 2025:

- Damiano Center \$1,000
- Laundry Love \$1500
- Life House \$1,000
- Martin Luther King Day Breakfast Sponsorship \$500
- Rhubarb Festival Supplies up to \$150
- Safe Bay \$1,000
- Safe Haven \$1,000

The bake sale, held at the same time as the rummage sale, generated \$1,245 for general outreach, and the plant sale, a month later, generated \$1,253 earmarked for Laundry Love. The committee will zero out its remaining balance (currently \$4,965) plus any added income by the end of the year.

Grants can be submitted anytime and will be considered at the Outreach Committee's next quarterly meeting. If you'd like a grant form, please contact Zabelle at kzstodola@ualr.edu. Outreach Committee meetings are open to all parishioners. *Submitted by, Zabelle Stodola, for the Outreach Committee.*

Announcements (continued)

Celebrate Bastille Day

Sunday, July 13, 3:00 pm

**Pilgrim Congregational Church,
2310 East Fourth Street, Duluth**



The Arrowhead Chapter of the American Guild of Organists is presenting "A Summer French Festival" at Pilgrim Congregational Church, 2310 East 4th Street in Duluth, at 3:00 pm on July 13, the eve of Bastille Day. Local organists will play (and sing) French music on a French organ with French delicacies

served following the concert. Performers include Agnes Barthel, Thomas Hamilton, Rachael Kresha, Brian Kapp, Tasha Kapp and Charles Sundquist. A free-will offering (\$20 recommended donation) will be received in support of chapter programming.

St. Paul's Episcopal Clergy and Staff

Phone: 218-724-3535

Clergy

The Rev. Maggie Nancarrow, Rector
The Very Rev. Rick Swenson, Associate Rector
The Rev. Deacon Patricia Benson

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Electronic Giving

You may donate checks or cash in the alms basins during the Offertory. If you prefer to donate to St. Paul's electronically, you may use this QR code to easily access our website donation page. **Thank you for your generosity.**



Serving Today

Celebrant:	The V. Rev. Rick Swenson
Deacon:	The Rev. Deacon Patricia Benson
Verger:	Kathleen Smith
Altar Guild:	Carlyle Conrad, Sherry Hall, Amber Sadowski, Katie Timmerman, Laurie Kania
Lector:	Natalie Constance
Prayer Leader:	Adam Sundberg
Music:	Tom Hamilton, organ
Lay Eucharistic Ministers (Chalice):	Sue Sommer, Zabelle Stodola
Acolyte:	Cal Butcher
Livestream:	Gabe French
Ushers:	Mark & Sue Brown, Diane Kolquist
Coffee Hosts:	Holly Hansen
Lock-Up:	Don Pederson