



The Episcopal Parish of St. Paul  
Duluth, Minnesota

Sixth Sunday of Easter

Holy Eucharist

May 10, 2026

10:00 am

*After this service, please join us for Coffee Hour in the Parish Hall.  
All ages welcome.*



## Welcome to St. Paul's Episcopal Church

### I'm New

Welcome! If you would like to stay in touch, please fill out a visitor card in the pew and place it in the offering plate after the announcements.

### About Our Worship Today

Worship in the Episcopal Church is participatory and embodied. We stand and kneel, make the sign of the cross at times, sing and breathe together, and walk forward for communion each week. You are welcome to participate at your own comfort level. You will likely see people engaging differently at different times. One of the gifts of the Episcopal tradition is that there are a variety of 'right' ways to participate.

### Restrooms

Exit at the side door at the front of the church and go down the hall. They are the first and second doors on the left side of the hallway.

### What do I do?

This service booklet will give you the words you need and instructions. The words in **bold** print are said by everyone. Hymns can be found either in this booklet or in the blue or green hymnals in your pew.

### May I have communion?

Yes. All may come forward to receive communion (or the Eucharist.) No one is required to receive. We are serving both bread and wine. You may choose to receive at your own comfort level, both bread and wine or just bread. You may also come forward with your arms crossed over your chest for a blessing, or you may choose not to come forward at all. Children may receive at any age.

### Worshipping with Kids

Joyful noise is most welcome here. Many families find that sitting close to the front helps children to see and engage better with the service. There is a staffed nursery located down the hall. We also have a rocking chair in the back of church for parents with infants.

### About St. Paul's

We are a community dedicated to following the Way of Love as shown to us by the life, death, and resurrection of Jesus of Nazareth. Together we practice curiosity, awe, and community to love God, love our neighbors, and love ourselves.

### The Liturgical Season

In the Episcopal Church, we follow a circular calendar with special seasons. We are currently in the season of Easter, which lasts seven Sundays or 50 days. During this season we celebrate the resurrection of Jesus, the appearances to his disciples, and God's power to conquer death and domination with love.

### Weekly Service Schedule

#### Sundays

*No 8 am on May 17 or May 24*

8:00 am

Rite I

10:00 am

Rite II

#### Wednesdays

*weekly until Memorial Day*

5:15 pm

Rite II

### Stay in Touch

Find out more about St. Paul's or get connected with one of our leaders by emailing Rita in the parish office at [office@stpaulsduluth.org](mailto:office@stpaulsduluth.org).

## Prelude

## Processional Hymn #782 **Wonder, Love and Praise**

— *Gracious Spirit, Give your Servants*

## Easter Acclamation

Alleluia. Christ is risen.

**Christ is risen indeed. Alleluia.**

## Opening Collect

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Jesus Christ our Lord. **Amen.**

## Children's Invitation and Blessing

*Children are invited to come forward for a blessing, then go to Sunday School and return at the Peace.*

## Hymn of Praise — *This Is the Feast*

*Choir:*



This is the feast of vic-to-ry for our God. Al-le - lu - ia.

*All:*



Wor - thy is Christ, the Lamb who was slain, whose blood set us



free to be peo-ple of God. Pow-er and rich - es and wis-dom and



strength, and hon - or and bless-ing and glo-ry are his.



This is the feast of vic-to-ry for our God. Al-le - lu - ia.



Sing with all the peo - ple of God and join in the



hymn of all cre - a - tion: Bless-ing and hon - or and glo - ry and



might be to God and the Lamb for - ev - er. A - men.



## The Collect of the Day

The Lord be with you.

**And also with you.**

Let us pray... (*Pause for silent prayer*) O God, you have prepared for those who love you such good things as surpass our understanding: Pour into our hearts such love towards you, that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## First Reading

Acts 17:22-31

Paul stood in front of the Areopagus and said, "Athenians, I see how extremely religious you are in every way. For as I went through the city and looked carefully at the objects of your worship, I found among them an altar with the inscription, 'To an unknown god.' What therefore you worship as unknown, this I proclaim to you. The God who made the world and everything in it, he who is Lord of heaven and earth, does not live in shrines made by human hands, nor is he served by human hands, as though he needed anything, since he himself gives to all mortals life and breath and all things. From one ancestor he made all nations to inhabit the whole earth, and he allotted the times of their existence and the boundaries of the places where they would live, so that they would search for God and perhaps grope for him and find him—though indeed he is not far from each one of us. For 'In him we live and move and have our being'; as even some of your own poets have said,

'For we too are his offspring.'

Since we are God's offspring, we ought not to think that the deity is like gold, or silver, or stone, an image formed by the art and imagination of mortals. While God has overlooked the times of human ignorance, now he commands all people everywhere to repent, because he has fixed a day on which he will have the world judged in righteousness by a man whom he has appointed, and of this he has given assurance to all by raising him from the dead."

The Word of the Lord.

**Thanks be to God.**

## Psalm 66:7-18



Bless our God, you **peoples**;  
make the voice of praise to be **heard**;  
Who holds our souls in **life**,  
and will not allow our feet **to slip**.  
For you, O God, have **proved us**;  
you have tried us just as silver is **tried**.  
You brought us into the **snare**;  
you laid heavy burdens upon **our backs**.  
You let enemies ride over our **heads**;  
we went through fire and water;  
but you brought us out into a place of re-**freshment**.  
I will enter your house with burnt-offerings  
and will pay you my **vows**,  
which I promised with my lips  
and spoke with my mouth when I was **in trouble**.  
I will offer you sacrifices of fat beasts with the smoke of **rams**;  
I will give you oxen and **goats**.  
Come and listen, all you who fear **God**,  
and I will tell you what God has done **for me**.  
I called out to God with my **mouth**,  
and God's praise was on my **tongue**.  
If I had found evil in my **heart**,  
the Lord would not **have heard me**;  
But in truth God has **heard me**;  
and has attended to the voice of my **prayer**.  
Blessed be God, who has not rejected my **prayer**,  
nor withheld God's love **from me**.

## Second Reading

1 Peter 3:13-22

Now who will harm you if you are eager to do what is good? But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, but in your hearts sanctify Christ as Lord. Always be ready to make your defense to anyone who demands

from you an accounting for the hope that is in you; yet do it with gentleness and reverence. Keep your conscience clear, so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil. For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Word of the Lord.  
**Thanks be to God.**

Sequence Hymn #516 — *Come Down, O Love Divine*

*Please stand and face the procession as it moves to the center of the church for the reading of the Gospel.*

Holy Gospel

John 14:15-21

The Holy Gospel of Our Lord Jesus Christ according to John.  
**Glory to you, Lord Christ.**

Jesus said, "If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you.

"I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them."

The Gospel of the Lord.  
**Praise to you, Lord Christ.**

Sermon

The Rev. Maggie Nancarrow

*A contemplative silence is kept after the sermon*

## The Nicene Creed

**We believe in one God,  
the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## The Prayers of the People

*Celebrant:* Let us pray for the church and for the world.

*After each petition, the prayer leader says "Risen Lord," The congregation responds: **Hear our prayer.***

*Celebrant:* God of Easter hope, hear the prayers of your people today. Empower us with your Holy Spirit that we might boldly share your love in the world around us, through Jesus Christ, our Risen Lord. **Amen.**

## The Peace

The peace of Christ be always with you.

**And also with you.**

*Please greet one another with a sign of God's peace.*

## Announcements

*Those who are celebrating a birthday or anniversary will be invited forward after the announcements.*

## Birthday and Anniversary Prayer

**Dear Father, we thank thee that all the year through  
Thy goodness has blest them with gifts ever new.  
And, oh, wilt thou grant them a happy new year,  
Dear Father, we pray thee, be thou ever near. Amen.**

Walk in love, as Christ loved us, and gave himself for us, an offering and sacrifice to God.

## Offering

*Thy Holy Wings*

arr. Michael Mazzatenta

## Offertory

**Praise God, from whom all blessings flow:  
Praise him, all creatures here below;  
Praise him above, ye heavenly host;  
Praise Father, Son, and Holy Ghost. Amen.**

## The Great Thanksgiving

*Eucharistic Prayer A, Book of Common Prayer, p. 361*

The Lord be with you. **And** al - so with you.

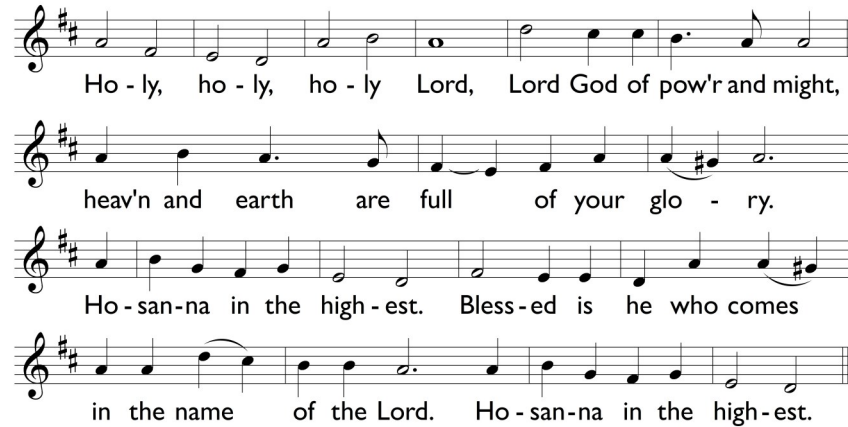
Lift up your hearts. **We lift** them to the Lord.

Let us give thanks to the Lord our God.

**It is right** to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. . . .

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

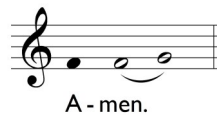


Ho - ly, ho - ly, ho - ly Lord, Lord God of pow'r and might,  
 heav'n and earth are full of your glo - ry.  
 Ho - san-na in the high - est. Bless - ed is he who comes  
 in the name of the Lord. Ho - san-na in the high - est.

Holy and gracious Father: in your infinite love you made us...  
 Therefore we proclaim the mystery of faith:

**Christ has died.**  
**Christ is risen.**  
**Christ will come again.**

We celebrate the memorial of our redemption...  
 By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Al-  
 mighty Father, now and for ever.



A - men.

And now, as our Savior Christ has taught us, we are bold to say:

**Our Father, who art in heaven,**  
**hallowed be thy Name,**  
**thy kingdom come,**  
**thy will be done, on earth as it is in heaven.**  
**Give us this day our daily bread.**  
**And forgive us our trespasses,**  
**as we forgive those who trespass against us.**  
**And lead us not into temptation,**  
**but deliver us from evil.**  
**For thine is the kingdom,**  
**and the power, and the glory,**  
**forever and ever. Amen.**

## The Breaking of the Bread and the Fraction Anthem

Lamb of God, you take a-way the sin of the world; have mer-cy on  
 us. Lamb of God, you take a-way the sin of the world; have  
 mer-cy on us. Lamb of God, you take-a-way the  
 sin of the world; grant us peace, grant us peace.

## Invitation to Communion

*Because we believe that we gather around the Lord's table,  
 all are welcome and encouraged to receive communion.  
 The bread is typically received in the hand. You may take a sip from the cup.  
 Gluten-free hosts are available; please request this if needed.*

## Communion Music — *Thy Holy Wings*

1. Thy ho - ly wings, O Sav - ior, spread gent - ly o - ver me,  
 2. Oh, let me nes - tle near thee, with - in thy down - y breast  
 3. Oh, wash me in the wa - ters of No - ah's cleans-ing flood.  
 and let me rest se - cure - ly through good and ill in thee.  
 where I will find sweet com-fort and peace with - in thy nest.  
 Give me a will - ing spir - it, a heart both clean and good.  
 Oh, be my strength and por - tion, my rock and hid - ing place,  
 Oh, close thy wings a - round me and keep me safe - ly there,  
 Oh, take in - to thy keep - ing thy chil - dren great and small,  
 and let my ev - 'ry mo - ment be lived with - in thy grace.  
 for I am but a new-born and need thy ten - der care.  
 and while we sweet-ly slum - ber, en - fold us one and all.

Sending (*Used when Lay Eucharistic Visitors are sent to bring communion to those unable to be with us.*)

[Name], in the name of this congregation, I send you forth bearing these holy gifts, that [Name], to whom you go, may share with us in the communion of Christ's body and blood.

**We who are many are one Body because we share one bread, one cup.**

Post Communion Prayer

*Book of Common Prayer, p. 366*

Let us pray.

**Almighty and ever living God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.**

Blessing

Recessional Hymn #408 — *Sing Praise to God*

Dismissal

Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia. Alleluia.  
**Thanks be to God. Alleluia. Alleluia.**

Postlude

Copyright Acknowledgments

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*This Is the Feast, Sanctus, and Lamb of God:* Music: Ronald A. Nelson, ©1978, 2006, Used by permission of Augsburg Fortress Publishers.

## This Week at St. Paul's

<b><u>Monday, May 11</u></b>	2:45-7:00 pm, Private Piano Lessons (CC), Third Floor 3:00-6:00 pm, Private Piano Lessons (TKH), Olcott Room 4:00-6:00 pm, DSHA dance lessons, Parish Hall
<b><u>Tuesday, May 12</u></b>	2:45-7:00 pm, Private Piano Lessons (CC), Third Floor 6:00 pm, Blue Stone Zen Group, Carriage House
<b><u>Wednesday, May 13</u></b>	5:15 pm, Eucharist Service, Church
<b><u>Thursday, May 14</u></b>	9:00 am-3:00 pm, Venture Upward Home School, Parish Hall 10:00 am, Bible Study with Rev. Sue, Olcott Room 2:45-7:00 pm, Private Piano Lessons (CC), Third Floor 5:30 pm, Gentle Yoga class, Carriage House
<b><u>Friday, May 15</u></b>	9:00 am, The Book of Joy, Olcott Room 11:00 am, Al-Anon Friday Freedom Group, Carriage House 3:00-6:00 pm, Private Piano Lessons (LB), Olcott Room
<b><u>Saturday, May 16</u></b>	6:00 am, Blue Stone Zen Group, Carriage House 10:00 am, Altar Guild Meeting, Parish Hall Noon, Set up Art Show, Parish Hall
<b><u>Sunday, May 17</u></b>	No 8 o'clock service this day 10:00 am, Confirmation, Reception, and Holy Eucharist Rite II, Church 11:15 am, Art Show and Coffee Hour, Parish Hall

If you wish to schedule a meeting or event at St. Paul's, please contact Rita in the Parish Office, 218-724-3535 or [office@stpaulsduluth.org](mailto:office@stpaulsduluth.org). Thank you!

## Prayers at St. Paul's

**PRAY** for The Church of Pakistan (United).

**For the month of May**, please pray for all academic graduates, for all educational institutions, and for the specialized chaplaincies in those institutions. Remember especially Breck School and Shattuck-St. Mary's and this chaplains, University Episcopal Community and all those who work with campus ministries.

**For those who suffer and those in any trouble:**

Claudia D	Tom M	Eddy M	Baby Jack & Family	Wendy R
Virginia M	Ann Marie	Natalie S	Jenni & Family	Dan D
Pat K	Charles B	Becca T	Jasmine & Family	April C
Callum	Bjørn G	Paul	Keith B	Mary J
Jon G	David B	Ann-Sofie	Kevin M	Gloria B
Stuart B	Tom P	Lucy J	Sue M	Susan F
John D	Gary B	Kirsti J	Diana H	<b>Lynn K</b>
John B	Sally R	Anita R	John S	<b>Linsey D</b>
JoEllen S	Eric J	John B	Rick L	

**For those serving in the armed forces:**

Lucy Fellman, Charles Lewis, Ricky Lyle and Nora Maddy

**For those who are in seminary or in discernment.**

**And for those who are in long-term care facilities or are homebound:**

Noreen Anderson, Mary Carlson, Helen Gruba, Steve Hennessy, Stan Henricksen, Maureen Matheson, Stephen & Mary Olmsted

**For those who have died.**

**The flowers on the altar are given to the glory of God in memory of:**

- Dorothy D. Zeller
- Lois Salo
- Brian Leonzal
- Michael A. Wilcox



# Announcements

## Confirmation Sunday

**Sunday, May 17, 10:00 am**

The Rt. Rev. Craig Loya, X Bishop of ECMN, will celebrate Holy Eucharist, Confirmation, Reception and Reaffirmation with St. Paul's, Duluth, next Sunday.

*There will be no 8 am service that day.* We want all the youngsters to see and experience the Confirmation service, so we'll be "All In" and will not have a dismissal for Children's Church next week. The Confirmands are hosting the Art Show at Coffee Hour after the service.

## Blessing of the Port

**Thursday, May 14, 5:00 pm**

You are invited to the annual Blessing of the Port, at the Lake Superior Maritime Visitor Center and Museum (600 Canal Park Dr, Duluth). Enjoy a self-directed tour of the museum at 4:00 pm, followed by the Blessing of the Port at 5:00 pm. Free. Sponsored by the Twin Ports Ministry to Seafarers.

## Altar Guild Meeting

**Saturday, May 16, 10:00 am**

All members of the Altar Guild are invited to the Spring Meeting in the Parish Hall on May 16.

## All Things Bright and Beautiful

**Saturday, May 16, 2:00-4:00 pm,**

**St. Andrew's by the Lake,  
2802 Minnesota Ave, Duluth**

You are invited to the opening reception of an exhibition of works by the late Henry Roberts. This exhibit features Henry's photographs of florals, digitized and enlarged, expressing his appreciation of nature. All pieces are for sale. Proceeds will be donated to the ECMN Migrant Support Fund.

## Messenger Deadline

**Monday, May 18, 8:00 am**

Please submit all newsletter items to Rita at [office@stpaulsduluth.org](mailto:office@stpaulsduluth.org).

## Plant Sale

**Saturday, May 23, 10:00 am-2:00 pm**

The Outreach Committee will sponsor its second annual plant sale from 10 am to 2 pm. We will set up

tables in front of the church on Superior Street. All funds raised will support Laundry Love. Donations of plants or money would be welcomed. Any plants not sold Saturday will be available Sunday after church.



## Memorial Day Observed

**Monday, May 25**

Church Offices will be closed on May 25 in observance of the holiday. Also, we will have limited office coverage from May 26 to June 12 when Rita is on vacation.

## Messenger Mailing

**Tuesday, May 26, 1:00 pm**

Please help fold and label the newsletter. Meet in the Parish Hall.

## Graduation Sunday

**Sunday, May 31, 10:00 am**

St. Paul's is delighted to honor all students who are graduating this year with a special blessing on May 31. Also, all of our high school seniors are invited to speak at this service. If you have a 12th grader, please contact Rita in the Parish Office, 218-724-3535, or [office@stpaulsduluth.org](mailto:office@stpaulsduluth.org) to be included. Seniors who may not wish to speak, but are willing to participate in a more introvert-friendly way are also welcome to do so — please let us know. Graduates of college and all other academic programs will also be listed in the bulletin and receive a blessing. Please submit names to Parish Office by May 11!

## Register for Summer Camp

ECMN summer camps are a lot of fun. Youth Camp is for students in grades 6 through 12, and takes place June 21-25. Family Camp is July 26-30. Both sessions are located near Spicer, MN. The Diocese firmly believes that these events shall not be cost prohibitive and gladly offers camperships! Registrations can be found at [episcopalmn.org](http://episcopalmn.org) under "Events." If you have questions about camp, please email Sophie at [kids@stpaulsduluth](mailto:kids@stpaulsduluth)

## Announcements (continued)

### Youth Formation

#### Godly Play:

- May 17: no Children's Church downstairs. It's the big confirmation service and the Bishop will be there, so all kids will be upstairs observing and partaking.
- May 24: Memorial Day Weekend WITH Children's Church
- May 31: no Children's Church downstairs, but a coffee hour, end-of-year celebration after the service

**New to St. Paul's?** If you wish to have your child involved in a youth group, please email our Faith Formation Coordinator, Sophie, at [kids@stpaulsduluth.org](mailto:kids@stpaulsduluth.org)

### Wednesday Forums

#### Our Faithful Ancestors:

#### Saints for Our Times

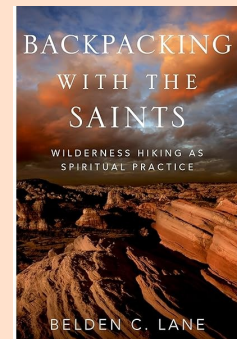
**Supper at 6:00 pm | Forum at 6:30 pm**  
**1st and 3rd Wednesdays of the Month**

*Wednesday Eucharist is at 5:15 pm weekly until Memorial Day, even if there is no forum or supper.*

#### Final Forum of 2025-26

**May 20: Backpacking with the Saints — Wilderness Hiking as a Spiritual Practice** *Selected Chapters*

To wrap up our series on the saints and to prepare to enjoy the outdoors this summer, we take a look at a spiritual memoir by an author who brought the saints along on his wilderness adventures. We'll share a PDF copy of the chapter we'd like to discuss ahead of time. Participants can purchase the book and continue reading over the summer.



## St. Paul's Episcopal Clergy and Staff

**Phone: 218-724-3535**

### Clergy

The Rev. Maggie Nancarrow, Rector

rector@stpaulsduluth.org

The Rev. Deacon Patricia Benson

deacon@stpaulsduluth.org

### Parish Staff

Rita Rosenberger, Parish Administrator

office@stpaulsduluth.org

Sophie Gray, Faith Formation Coordinator

kids@stpaulsduluth.org

Thomas K. Hamilton, DMA, Minister of Music

music@stpaulsduluth.org

Christine Melone, Bookkeeper

bookkeeper@stpaulsduluth.org

Bill Stapp, Sexton

bill.stapp@gmail.com

## **Electronic Giving**

You may donate checks or cash in the alms basins during the Offertory. If you prefer to donate to St. Paul's electronically, you may use this QR code to easily access our website donation page. **Thank you for your generosity.**



## Serving Today

Presider:	The Rev. Maggie Nancarrow
Vergers:	Kathleen Smith
Altar Guild:	Carlyle Conrad, Sherry Hall, Amber Sadowski, Katie Timmerman, Laurie Kania
Lectors:	Natalie Constance, John Pastor
Prayer Leader:	Leslie Brunfelt
Music:	Chancel Choir; Handbell Choir; Thomas Hamilton, organ
Lay Eucharistic Ministers (Chalice):	Natalie Constance, John Pastor, Kathy Baumgarten
Acolytes:	Jupiter Sadowski, Matilda Spehar, Hazel Buck
Nursery Attendants:	Ya'myali Quinn-Sikorski, Arna Rennan
Livestream:	David Barthel
Ushers:	Diane Morin & Karen Swanson, James Sontag
Coffee Hosts:	Mark & Sue Brown
Lock-Up:	Don Pederson