



The Episcopal Parish of St. Paul
Duluth, Minnesota

Fourth Sunday after Pentecost

Holy Eucharist

June 21, 2026

10:00 am

*After this service, please join us for Coffee Hour in the Parish Hall.
All ages welcome.*



Welcome to St. Paul's Episcopal Church

I'm New

Welcome! If you would like to stay in touch, please fill out a visitor card in the pew and place it in the offering plate after the announcements.

About Our Worship Today

Worship in the Episcopal Church is participatory and embodied. We stand and kneel, make the sign of the cross at times, sing and breathe together, and walk forward for communion each week. You are welcome to participate at your own comfort level. You will likely see people engaging differently at different times. One of the gifts of the Episcopal tradition is that there are a variety of 'right' ways to participate.

Restrooms

Exit at the side door at the front of the church and go down the hall. They are the first and second doors on the left side of the hallway.

What do I do?

This service booklet will give you the words you need and instructions. The words in **bold** print are said by everyone. Hymns can be found either in this booklet or in the blue or green hymnals in your pew.

May I have communion?

Yes. All may come forward to receive communion (or the Eucharist.) No one is required to receive. We are serving both bread and wine. You may choose to receive at your own comfort level, both bread and wine or just bread. You may also come forward with your arms crossed over your chest for a blessing, or you may choose not to come forward at all. Children may receive at any age.

Worshiping with Kids

Joyful noise is most welcome here. Many families find that sitting close to the front helps children to see and engage better with the service. There is nursery located down the hall, it is not staffed during the summer months. We also have a rocking chair in the back of church for parents with infants.

About St. Paul's

We are a community dedicated to following the Way of Love as shown to us by the life, death, and resurrection of Jesus of Nazareth. Together we practice curiosity, awe, and community to love God, love our neighbors, and love ourselves.

The Liturgical Season

In the Episcopal Church, we follow a circular calendar with special seasons. We are currently in the season following Pentecost, also called Ordinary Time. This season is observed with green to symbolize the growing, abundant earth. Half of the Christian Year is this season after Pentecost, which is a season where we translate the good news for new times and places.

Weekly Service Schedule

Sundays

8:00 am

Rite I

10:00 am

Rite II

Stay in Touch

Find out more about St. Paul's or get connected with one of our leaders by emailing Rita in the parish office at office@stpaulsduluth.org.

Processional Hymn #296 — *We Know That Christ Is Raised*

Opening Acclamation

Blessed be the one, holy and living God.

Glory to God forever and ever. Amen.

Opening Collect

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Jesus Christ our Lord. **Amen.**

Gloria

Glo-ry to God in the high - est, and peace to his peo-ple on earth.

Lord God, heav-en-ly King, al-might-y God and Fa - ther, we wor-ship

you, we give you thanks, we praise you for your glo - ry. Lord Je-sus

Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, you

take a - way the sin of the world: have mer - cy on us; you are

seat-ed at the right hand of the Fa - ther: re-ceive our prayer. For you

a - lone are the Ho - ly One, you a - lone are the Lord; you

a - lone are the Most High, Je - sus Christ, with the

Ho-ly Spir - it, in the glo-ry of God the Fa - ther. A - men.

The Collect of the Day

The Lord be with you.

And also with you.

Let us pray... (*Pause for silent prayer*) O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Reading

Genesis 21:8-21

The child grew, and was weaned; and Abraham made a great feast on the day that Isaac was weaned. But Sarah saw the son of Hagar the Egyptian, whom she had borne to Abraham, playing with her son Isaac. So she said to Abraham, "Cast out this slave woman with her son; for the son of this slave woman shall not inherit along with my son Isaac." The matter was very distressing to Abraham on account of his son. But God said to Abraham, "Do not be distressed because of the boy and because of your slave woman; whatever Sarah says to you, do as she tells you, for it is through Isaac that offspring shall be named for you. As for the son of the slave woman, I will make a nation of him also, because he is your offspring." So Abraham rose early in the morning, and took bread and a skin of water, and gave it to Hagar, putting it on her shoulder, along with the child, and sent her away. And she departed, and wandered about in the wilderness of Beer-sheba.

When the water in the skin was gone, she cast the child under one of the bushes. Then she went and sat down opposite him a good way off, about the distance of a bowshot; for she said, "Do not let me look on the death of the child." And as she sat opposite him, she lifted up her voice and wept. And God heard the voice of the boy; and the angel of God called to Hagar from heaven, and said to her, "What troubles you, Hagar? Do not be afraid; for God has heard the voice of the boy where he is. Come, lift up the boy and hold him fast with your hand, for I will make a great nation of him." Then God opened her eyes and she saw a well of water. She went, and filled the skin with water, and gave the boy a drink.

God was with the boy, and he grew up; he lived in the wilderness, and became an expert with the bow. He lived in the wilderness of Paran; and his mother got a wife for him from the land of Egypt.

The Word of the Lord.

Thanks be to God.

Psalm 86: 1-10, 16-17



Bow down your ear, O LORD, and **answer me,**
for I am poor and in **misery.**

Keep watch over my life, for I am **faithful;**
save your servant who puts their trust **in you.**

Be merciful to me, O LORD, for you are my **God**;
I call upon you all the day **long**.

Gladden the soul of your **servant**,
for to you, O LORD, I lift up **my soul**.

For you, O LORD, are good and for-**giving**,
and great is your love toward all who call up-**on you**.

Give ear, O LORD, to my **prayer**,
and attend to the voice of my sup-**plications**.

In the time of my trouble I will call up-**on you**,
for you will answer **me**.

Among the gods there is none like you, O **LORD**,
nor anything like **your works**.

All nations you have made will come and worship you, O **LORD**,
and glorify your **name**.

For you are great;
you do wondrous **things**;
and you alone **are God**.

Turn to me and have mercy up-**on me**;
give your strength to your servant;
and save the child of your **handmaid**.

Show me a sign of your favor,
so that those who hate me may see it and be a-**shamed**;
because you, O LORD, have helped me **and comforted me**.

Second Reading

Romans 6:1b-11

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

The Word of the Lord.
Thanks be to God.

Gospel Verse

Please stand and face the procession as it moves to the center of the church for the reading of the Gospel.



Al - le-lu - ia! Lord and Sav - ior: o - pen now your sav - ing word.
Let it burn like fire with - in us; speak un - til our hearts are stirred.
Al - le-lu - ia! Lord, we sing for the good news that you bring.

Holy Gospel

Matthew 10:24-39

The Holy Gospel of Our Lord Jesus Christ according to Matthew.

Glory to you, Lord Christ.

Jesus said to the twelve disciples, “A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

“So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

“Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

“Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,
and a daughter against her mother,
and a daughter-in-law against her mother-in-law;
and one’s foes will be members of one’s own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.”

The Gospel of the Lord.

Praise to you, Lord Christ.

A contemplative silence is kept after the sermon

The Nicene Creed

**We believe in one God,
the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.**
**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**
**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**
**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

Form VI, BCP p. 392

Deacon: In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Sean Rowe, our Presiding Bishop, and Craig Loya, our Bishop, and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

The People may add their own petitions

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

Deacon: We pray to you also for the forgiveness of our sins.

Silence. Please kneel or sit as you are able.

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

The Peace

The peace of Christ be always with you.

And also with you.

Please greet one another with a sign of God's peace.

Announcements

Those who are celebrating a birthday or anniversary will be invited forward after the announcements.

Birthday and Anniversary Prayer

**Dear Father, we thank thee that all the year through
Thy goodness has blest them with gifts ever new.
And, oh, wilt thou grant them a happy new year,
Dear Father, we pray thee, be thou ever near. Amen.**

Walk in love, as Christ loved us, and gave himself for us, an offering and sacrifice to God.

Offering

Offertory

**Praise God, from whom all blessings flow:
Praise him, all creatures here below;
Praise him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.**

The Great Thanksgiving

Enriching Our Worship I

The Lord be with you.

And also with you.

Lift up your hearts.

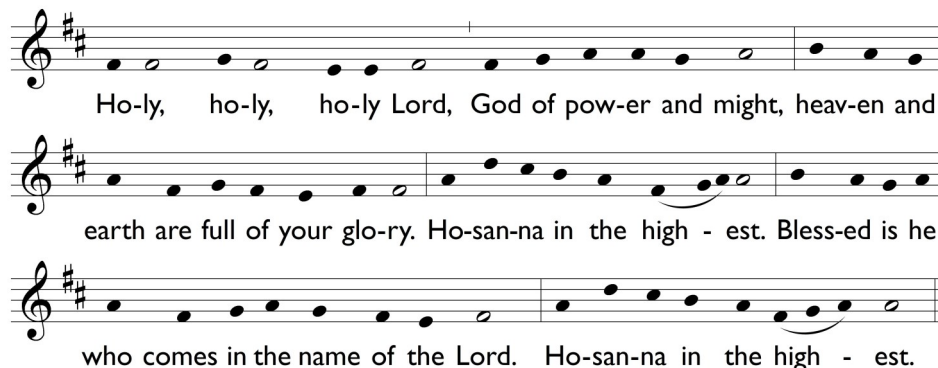
We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:



Ho-ly, ho-ly, ho-ly Lord, God of pow-er and might, heav-en and
earth are full of your glo-ry. Ho-san-na in the high - est. Bless-ed is he
who comes in the name of the Lord. Ho-san-na in the high - est.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love....

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine...

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

And lead us not into temptation, but deliver us from evil.

**For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.**

The Breaking of the Bread and the Fraction Anthem

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Invitation to Communion

*Because we believe that we gather around the Lord's table,
all are welcome and encouraged to receive communion.
Gluten-free hosts are available; please request this if needed.*

Communion Hymn — Take Up Your Cross the Savior Said

1. "Take up your cross," the Sav - ior said,
2. Take up your cross; let not its weight
3. Take up your cross and fol - low Christ,
"if you would my dis - ci - ple be;
per - vade your soul with vain a - larm;
now think till death to lay it down;
for - sake the past, and come this day,
his strength shall bear your spir - it up,
for those who hum - bly bear the cross
and hym - bly fol - low af - ter me"
sus - tain your heart, and nerve your arm.
one day will wear the glo - rious crown.

Sending (*Used when Lay Eucharistic Visitors are sent to bring communion to those unable to be with us.*)

[Name], in the name of this congregation, I send you forth bearing these holy gifts, that [Name], to whom you go, may share with us in the communion of Christ's body and blood.

We who are many are one Body because we share one bread, one cup.

Post Communion Prayer

Enriching Our Worship

Let us pray.

Loving God,

we give you thanks

for restoring us in your image

and nourishing us with spiritual food

in the Sacrament of Christ's Body and Blood.

Now send us forth

a people, forgiven, healed, renewed;

that we may proclaim your love to the world

and continue in the risen life of Christ our Savior. Amen.

Blessing

Recessional Hymn #655 — *O Jesus, I Have Promised*

Dismissal

Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia. Alleluia.

Thanks be to God. Alleluia. Alleluia.

Postlude

Salvation Has Come To Us

JS Bach

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Prayers at St. Paul's

PRAY for The Church of South India (United).

For the month of June, please pray for all Ecumenical Ministries throughout Minnesota, especially for the Minnesota Council of Churches, the ECMN Migration Caucus, Casa Maria and all those who work with social service agencies and immigration efforts.

For those who suffer and those in any trouble:

Claudia D	Tom M	Eddy M	Baby Jack & Family	Wendy R
Virginia M	Ann Marie	Natalie S	Jenni & Family	Dan D
Pat K	Charles B	Becca T	Jasmine & Family	April C
Callum	Bjørn G	Paul	Keith B	Gloria B
Jon G	David B	Ann-Sofie	Kevin M	Susan F
Stuart B	Tom P	Lucy J	Sue M	Lynn K
John D	Gary B	Kirsti J	Diana H	Linsey D
John B	Sally R	Anita R	John S	Tere Y
JoEllen S	Eric J	John B	Rick L	Kate B

For those serving in the armed forces:

Lucy Fellman, Charles Lewis, Ricky Lyle and Nora Maddy

For those who are in seminary or in discernment.

And for those who are in long-term care facilities or are homebound:

Mary Carlson, Helen Gruba, Steve Hennessy, Stan Henricksen, Maureen Matheson, Stephen & Mary Olmsted

For those who have died:

Noreen Anderson, May 31, 2026

The flowers on the altar are given to the glory of God in memory of:

- David Burton & Jane Ott Olin
- Evelyn K. Shea



This Week at St. Paul's

<u>Monday, June 22</u>	8:15 am-12:00 pm, Kitchen Reserved for Rhubarb Preparation 2:45-7:00 pm, Private Piano Lessons (CC), Third Floor
<u>Tuesday, June 23</u>	8:15 am-12:00 pm, Kitchen Reserved for Rhubarb Preparation 5:00 pm, Kindermusik with Ms. Cindy, Children's Room 6:00 pm, Blue Stone Zen Group, Carriage House
<u>Wednesday, June 24</u>	6:00-7:30 pm, LEV Team Meeting, Parish Hall
<u>Thursday, June 25</u>	8:30 am-5:00 pm, Scone Preparation, Kitchen 2:30-4:00 pm, MNDOT meetings, Olcott Room 2:45-7:00 pm, Private Piano Lessons (CC), Third Floor
<u>Friday, June 26</u>	Offices closed 8:30 am-4:00 pm, Baking, Packaging, Delivering Scones, Parish Hall/Kitchen 9:30 am, Kindermusik with Ms. Cindy, Children's Room 10:00 am, Book of Joy book club, Olcott Room 11:00 am, Al-Anon Friday Freedom Group, Carriage House
<u>Saturday, June 27</u>	6:00 am, Blue Stone Zen Group, Carriage House 9:00 am-3:00 pm, Rhubarb Festival, Asbury United Methodist Church
<u>Sunday, June 28</u>	8:00 am, Holy Eucharist Rite I, Chapel 10:00 am, Holy Eucharist Rite II, Church 11:15 am, Coffee Hour, Parish Hall 11:15 am, Children & Youth Ministry Feedback Gathering, Olcott Room

If you wish to schedule a meeting or event at St. Paul's, please contact Rita in the Parish Office, 218-724-3535 or office@stpaulsduluth.org. Thank you!

Upcoming Preaching Schedule

Over the summer, we like to invite many preachers to St. Paul's, to expand the voices that interpret scripture for us. Below is the schedule for upcoming preachers.

June 21 - Maggie Nancarrow

June 28 - Mary Dragich

July 5 - Maggie Nancarrow

July 12 - Melanie Spencer (Lay Preacher in Training)

July 19 - Lake Superior Sunday - Mary Dragich

July 26 - Maggie Nancarrow

Announcements

Chum Rhubarb Festival

Saturday, June 27, 9:00 am–3:00 pm

**Asbury United Methodist Church,
6822 Grand Ave, Duluth**

Chum's 21st annual Rhubarb Festival promises lots of rhubarb — including hundreds of pies, muffins and crisps. This year's festivities will include crafts, games, kids' activities, live music and several newly-debuted activities for the entire family.

All proceeds raised through the Rhubarb Festival go directly to Chum, a Duluth nonprofit that serves more than 8,000 people annually who are homeless, low-income, hungry or otherwise marginalized.

The St. Paul's baking team has a goal of 700 rhubarb scones this year. Sue Brown hopes to see some new volunteers along with familiar faces, to join with the prep, baking, packaging and delivery of scones. You don't have to be a baker, as there are lots of other jobs to do. The schedule for this week is as follows:

Today: Rhubarb chopping will take place in the kitchen following the 10 am service;

Thursday, June 25: Mixing and prepping scones;

Friday, June 26: Baking, packaging and delivery of scones.

Cash for ingredients or donations of butter and rhubarb are greatly appreciated!

Please contact Sue Brown with questions or to volunteer your time for this important ministry.

Children & Youth Ministry

Feedback Gathering

Sunday, June 28, after 10 am Worship

Maggie and Sophie would like feedback from families with children of all ages (birth to 18) about St. Paul's children and youth programs this last year. We want to build the best possible program for 2026-2027, and we need as many parents to provide feedback as possible. We are considering a tween youth group for 4-6th grade students, and need assistance on picking the best time for this activity.

Your RSVP helps us plan and not nag you. :) Please contact rector@stpaulsduluth.org to let us know you are coming.

Organ & Baritone Recital

Tuesday, June 30, 7:00 pm

St. Paul's Episcopal Church

Agnes Barthel and Ben Quist are an organ and baritone duo hailing from St. Olaf College in Northfield, Minnesota. This summer, they are traveling across the country to present a series of free recitals featuring the works of Bach, Vierne, Mendelssohn, and more. The program will include a combination of both vocal and organ literature, ranging from baroque to contemporary. A freewill offering will be gratefully accepted to offset their travel expenses this summer. This recital will be followed by a reception in the Parish Hall.

Beach Wednesdays

July 1, 5:00 - 7:00 pm

July 15, 5:00 - 7:00 pm

August 5, 5:00 - 7:00 pm

St. Andrew's | 2802 Minnesota Ave

Join St. Paul's families with kids and teens at the beach near St. Andrew's Episcopal Church. You're welcome to bring snacks, beach gear, or drinks that are not in glass containers. We will have access to the restroom at St. Andrew's for those who need it. Need info? Contact Sophie at kids@stpaulsduluth.org

Offices Closed One Week

Week of July 6-10

Lake Superior Sunday

Sunday, July 19, 9:45 am

St. Andrew's by the Lake Episcopal Church, 2802 Minnesota Ave, Duluth



Our service will be held jointly at St. Andrew's on Park Point. Please note that there will not be a 10 am Eucharist at St. Paul's on July 19. We will have the 8 am service in the Chapel for any who wish to worship at St. Paul's. More details in The Messenger.

St. Paul's Episcopal Clergy and Staff

Phone: 218-724-3535

Clergy

The Rev. Maggie Nancarrow, Rector

rector@stpaulsduluth.org

The Rev. Deacon Patricia Benson (*on sabbatical until 8/9/26*)

deacon@stpaulsduluth.org

Parish Staff

Rita Rosenberger, Parish Administrator

office@stpaulsduluth.org

Sophie Gray, Faith Formation Coordinator

kids@stpaulsduluth.org

Tom Hamilton, Minister of Music (*on sabbatical until 8/18/26*)

music@stpaulsduluth.org

Christine Melone, Bookkeeper

bookkeeper@stpaulsduluth.org

Bill Stapp, Sexton

bill.stapp@gmail.com

Electronic Giving

You may donate checks or cash in the alms basins during the Offertory. If you prefer to donate to St. Paul's electronically, you may use this QR code to easily access our website donation page. **Thank you for your generosity.**



Serving Today

Presider:

The Rev. Maggie Nancarrow

Vergers:

John Pastor

Altar Guild:

Carrie Miller, Lynnea Hultkrantz

Lector:

Natalie Constance

Prayer Leader:

Ann Harrington

Music:

Charles Sundquist, organist

Lay Eucharistic Ministers (Chalice):

Melanie Spencer, Sue Sommer

Acolyte:

Sig Peterson

Livestream:

Jay Austin

Ushers:

Bob Silverness, Jason Wall, Rae Finkel

Coffee Hosts:

Mark & Catherine Bauer

Lock-Up:

Bill Stapp