



The Episcopal Parish of St. Paul
Duluth, Minnesota

Fifth Sunday after Pentecost

Holy Eucharist

June 28, 2026

10:00 am

*After this service, please join us for Coffee Hour in the Parish Hall.
All ages welcome.*



Welcome to St. Paul's Episcopal Church

I'm New

Welcome! If you would like to stay in touch, please fill out a visitor card in the pew and place it in the offering plate after the announcements.

About Our Worship Today

Worship in the Episcopal Church is participatory and embodied. We stand and kneel, make the sign of the cross at times, sing and breathe together, and walk forward for communion each week. You are welcome to participate at your own comfort level. You will likely see people engaging differently at different times. One of the gifts of the Episcopal tradition is that there are a variety of 'right' ways to participate.

Restrooms

Exit at the side door at the front of the church and go down the hall. They are the first and second doors on the left side of the hallway.

What do I do?

This service booklet will give you the words you need and instructions. The words in **bold** print are said by everyone. Hymns can be found either in this booklet or in the blue or green hymnals in your pew.

May I have communion?

Yes. All may come forward to receive communion (or the Eucharist.) No one is required to receive. We are serving both bread and wine. You may choose to receive at your own comfort level, both bread and wine or just bread. You may also come forward with your arms crossed over your chest for a blessing, or you may choose not to come forward at all. Children may receive at any age.

Worshiping with Kids

Joyful noise is most welcome here. Many families find that sitting close to the front helps children to see and engage better with the service. There is nursery located down the hall, it is not staffed during the summer months. We also have a rocking chair in the back of church for parents with infants.

About St. Paul's

We are a community dedicated to following the Way of Love as shown to us by the life, death, and resurrection of Jesus of Nazareth. Together we practice curiosity, awe, and community to love God, love our neighbors, and love ourselves.

The Liturgical Season

In the Episcopal Church, we follow a circular calendar with special seasons. We are currently in the season following Pentecost, also called Ordinary Time. This season is observed with green to symbolize the growing, abundant earth. Half of the Christian Year is this season after Pentecost, which is a season where we translate the good news for new times and places.

Weekly Service Schedule

Sundays

8:00 am

Rite I

10:00 am

Rite II

Stay in Touch

Find out more about St. Paul's or get connected with one of our leaders by emailing Rita in the parish office at office@stpaulsduluth.org.

Processional Hymn #376 — *Joyful, Joyful We Adore Thee*

Opening Acclamation

Blessed be the one, holy and living God.

Glory to God forever and ever. Amen.

Opening Collect

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Jesus Christ our Lord. **Amen.**

Gloria

Glo-ry to God in the high - est, and peace to his peo-ple on earth.

Lord God, heav-en-ly King, al-might-y God and Fa - ther, we wor-ship

you, we give you thanks, we praise you for your glo - ry. Lord Je-sus

Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, you

take a - way the sin of the world: have mer - cy on us; you are

seat-ed at the right hand of the Fa - ther: re-ceive our prayer. For you

a - lone are the Ho - ly One, you a - lone are the Lord; you

a - lone are the Most High, Je - sus Christ, with the

Ho-ly Spir - it, in the glo-ry of God the Fa - ther. A - men.

The Collect of the Day

The Lord be with you.

And also with you.

Let us pray... *(Pause for silent prayer)* Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Reading

Genesis 22:1-14

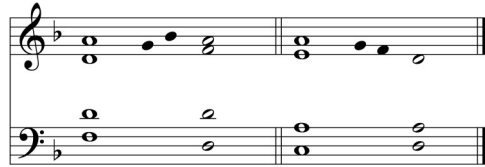
God tested Abraham. He said to him, "Abraham!" And he said, "Here I am." He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you." So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, "Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you." Abraham took the wood of the burnt offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, "Father!" And he said, "Here I am, my son." He said, "The fire and the wood are here, but where is the lamb for a burnt offering?" Abraham said, "God himself will provide the lamb for a burnt offering, my son." So the two of them walked on together.

When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt offering instead of his son. So Abraham called that place "The Lord will provide"; as it is said to this day, "On the mount of the Lord it shall be provided."

The Word of the Lord.

Thanks be to God.

Psalm 13



How long, O LORD, will you forget **me forever?**
how long will you hide your **face from me?**

How long shall I have perplexity in my mind,
and grief in my heart, day **after day?**
how long shall my enemy triumph **over me?**

Look upon me and answer me, O **LORD my God;**
give light to my eyes, lest I **sleep in death;**

Lest my enemy say, "I have prevailed **over him,"**
and my foes rejoice that **I have fallen.**

But I put my trust **in your mercy;**
my heart is joyful because of your **saving help.**

I will sing to the LORD, for God has dealt **with me richly;**
I will praise the name of the **Lord Most High.**

Second Reading

Romans 6:12-23

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

The Word of the Lord.
Thanks be to God.

Gospel Verse

Please stand and face the procession as it moves to the center of the church for the reading of the Gospel.



Al - le-lu - ia! Lord and Sav-ior: o - pen now your sav-ing word.
Let it burn like fire with-in us; speak un-til our hearts are stirred.
Al - le-lu - ia! Lord, we sing for the good news that you bring.

Holy Gospel

Matthew 10:40-42

The Holy Gospel of Our Lord Jesus Christ according to Matthew.
Glory to you, Lord Christ.

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple-- truly I tell you, none of these will lose their reward."

The Gospel of the Lord.
Praise to you, Lord Christ.

Sermon

Mary Dragich

A contemplative silence is kept after the sermon

The Nicene Creed

**We believe in one God,
the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation**

**he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

Form VI, BCP p. 392

Deacon: In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Sean Rowe, our Presiding Bishop, and Craig Loya, our Bishop, and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

The People may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.
The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

Deacon: We pray to you also for the forgiveness of our sins.

Silence. Please kneel or sit as you are able.

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

The Peace

The peace of Christ be always with you.

And also with you.

Please greet one another with a sign of God's peace.

Announcements

Those who are celebrating a birthday or anniversary will be invited forward after the announcements.

Birthday and Anniversary Prayer

**Dear Father, we thank thee that all the year through
Thy goodness has blest them with gifts ever new.
And, oh, wilt thou grant them a happy new year,
Dear Father, we pray thee, be thou ever near. Amen.**

Walk in love, as Christ loved us, and gave himself for us, an offering and sacrifice to God.

Offering

Offertory

**Praise God, from whom all blessings flow:
Praise him, all creatures here below;
Praise him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.**

The Great Thanksgiving

Enriching Our Worship I

The Lord be with you.

And also with you.

Lift up your hearts.

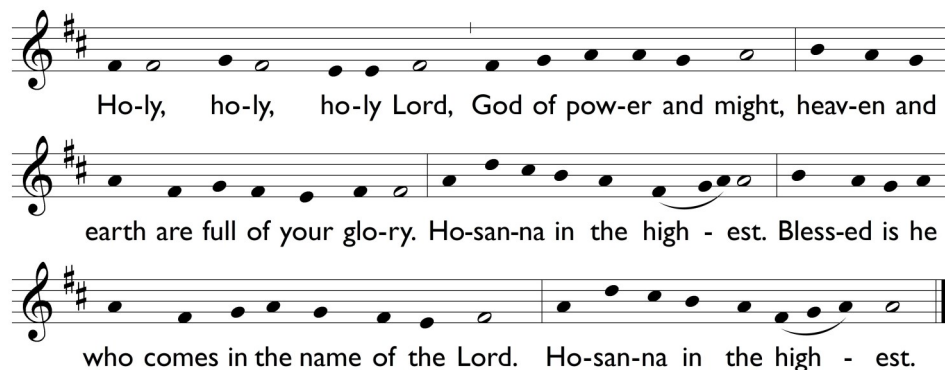
We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:



Ho-ly, ho-ly, ho-ly Lord, God of pow-er and might, heav-en and
earth are full of your glo-ry. Ho-san-na in the high - est. Bless-ed is he
who comes in the name of the Lord. Ho-san-na in the high - est.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love....

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.
Christ is risen.
Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine...

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.**

The Breaking of the Bread and the Fraction Anthem

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Invitation to Communion

*Because we believe that we gather around the Lord's table,
all are welcome and encouraged to receive communion.
Gluten-free hosts are available; please request this if needed.*

Communion Hymn — *Bless the Lord, My Soul*

The image shows a musical score for a hymn. It consists of two systems of music, each with a treble and bass staff. The key signature is one flat (B-flat major or D minor). The first system of music has the lyrics: "Bless the Lord, my soul, and bless God's ho-ly name." The second system of music has the lyrics: "Bless the Lord, my soul, who leads me in - to life." The music is written in a simple, hymn-like style with a steady rhythm.

Sending (Used when Lay Eucharistic Visitors are sent to bring communion to those unable to be with us.)

[Name], in the name of this congregation, I send you forth bearing these holy gifts, that [Name], to whom you go, may share with us in the communion of Christ's body and blood.

We who are many are one Body because we share one bread, one cup.

Post Communion Prayer

Enriching Our Worship

Let us pray.

Loving God,

we give you thanks

for restoring us in your image

and nourishing us with spiritual food

in the Sacrament of Christ's Body and Blood.

Now send us forth

a people, forgiven, healed, renewed;

that we may proclaim your love to the world

and continue in the risen life of Christ our Savior. Amen.

Blessing

Live without fear: your Creator has made you holy, has always protected you, and loves you as a Mother. Go in peace to follow the good road, and may God's blessing be with you always.

Amen.

Sending Hymn — *Build a Longer Table*



1. Build a long - er ta - ble, not a high - er wall,
2. Build a saf - er ref - uge, not a larg - er jail;
3. Build a broad - er door - way, not a long - er fence.
4. When we lived as ex - iles, ref - u - gees a - broad,



feed - ing those who hun - ger, mak - ing room for all.
where the weak find shel - ter, mer - cy will not fail.
Love pro - tects all peo - ple, spar - ing no ex - pense.
Christ be - came our door - way to the reign of God.



Feast - ing to - geth - er, strang - er turns to friend,
For an - y place where jus - tice is de - nied,
When we em - brace com - pas - sion more than fear,
So must our ta - bles wel - come those who roam.



Christ breaks walls to piec - es; false di - vi - sions end.
Christ will breach the jail wall, free - ing all in - side.
Christ tears down our fenc - es: all are wel - come here.
None can be ex - clud - ed; all must find a home.

Dismissal

Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia. Alleluia.

Thanks be to God. Alleluia. Alleluia.

Postlude

We All Believe in One God

JS Bach

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Prayers at St. Paul's

PRAY for the Anglican Church of Southern Africa.

For the month of June, please pray for all Ecumenical Ministries throughout Minnesota, especially for the Minnesota Council of Churches, the ECMN Migration Caucus, Casa Maria and all those who work with social service agencies and immigration efforts.

For those who suffer and those in any trouble:

Claudia D	Tom M	Eddy M	Baby Jack & Family	Wendy R
Virginia M	Ann Marie	Natalie S	Jenni & Family	Dan D
Pat K	Charles B	Becca T	Jasmine & Family	April C
Callum	Bjørn G	Paul	Keith B	Gloria B
Jon G	David B	Ann-Sofie	Kevin M	Susan F
Stuart B	Tom P	Lucy J	Sue M	Lynn K
John D	Gary B	Kirsti J	Diana H	Linsey D
John B	Sally R	Anita R	John S	Tere Y
JoEllen S	Eric J	John B	Rick L	Kate B

For those serving in the armed forces:

Lucy Fellman, Charles Lewis, Ricky Lyle and Nora Maddy

For those who are in seminary or in discernment.

And for those who are in long-term care facilities or are homebound:

Mary Carlson, Helen Gruba, Steve Hennessy, Stan Henricksen, Maureen Matheson, Stephen & Mary Olmsted

For those who have died.

The flowers on the altar are given to the glory of God in memory of:

- Fayth Carlson Glass
- George C. Zeller



This Week at St. Paul's

<u>Monday, June 29</u>	2:45-7:00 pm, Private Piano Lessons (CC), Third Floor
<u>Tuesday, June 30</u>	5:00 pm, Kindermusik with Ms. Cindy, Children's Room 6:00 pm, Blue Stone Zen Group, Carriage House 7:00 pm, Organ & Baritone Recital, Sanctuary
<u>Wednesday, July 1</u>	10:30 am, Staff Meeting, Olcott Room
<u>Thursday, July 2</u>	2:45-7:00 pm, Private Piano Lessons (CC), Third Floor
<u>Friday, July 3</u>	Offices closed in observance of Independence Day 11:00 am, Al-Anon Friday Freedom Group, Carriage House
<u>Saturday, July 4</u>	6:00 am, Blue Stone Zen Group, Carriage House
<u>Sunday, July 5</u>	8:00 am, Holy Eucharist Rite I, Chapel 10:00 am, Holy Eucharist Rite II, Church 11:15 am, Coffee Hour, Parish Hall

If you wish to schedule a meeting or event at St. Paul's, please contact Rita in the Parish Office, 218-724-3535 or office@stpaulsduluth.org. Thank you!

Announcements

Children & Youth Ministry Feedback Gathering

TODAY, after 10 am Worship

Maggie and Sophie would like feedback from families with children of all ages (birth to 18) about St. Paul's children and youth programs this last year. We want to build the best possible program for 2026-2027, and we need as many parents to provide feedback as possible. We are considering a tween youth group for 4-6th grade students, and need assistance on picking the best time for this activity. An online survey is available for all families with kids 0-18: <https://forms.gle/bWgR1h2T1cwPF7qbA>



Organ & Baritone Recital

Tuesday, June 30, 7:00 pm

St. Paul's Episcopal Church

Agnes Barthel and Ben Quist are an organ and baritone duo hailing from St. Olaf College in Northfield, Minnesota. This summer, they are traveling across the country to present a series of free recitals featuring the works of Bach, Vierne, Mendelssohn, and more. The program will include a combination of both vocal and organ literature, ranging from baroque to contemporary. A freewill offering will be gratefully accepted to offset their travel expenses this summer. This recital will be followed by a reception in the Parish Hall.

Beach Wednesdays

July 1, 5:00 - 7:00 pm

July 15, 5:00 - 7:00 pm

August 5, 5:00 - 7:00 pm

St. Andrew's | 2802 Minnesota Ave

Join St. Paul's families with kids and teens at the beach near St. Andrew's Episcopal Church. You're welcome to bring snacks, beach gear, or drinks that are not in glass containers. We will have access to the restroom at St. Andrew's for those who need it. Need info? Contact Sophie at kids@stpaulsduluth.org

Offices Closed One Week Week of July 6-10

Summer French Festival

Sunday, July 12, 3:00 pm

**Pilgrim Congregational Church,
2310 East Fourth Street, Duluth**

The Arrowhead Chapter of the American Guild of Organists is presenting "A Summer French Festival" at Pilgrim Congregational Church, 2310 East 4th Street in Duluth, at 3:00 pm on July 12, in honor of Bastille Day. Our own Charles Sundquist, along with other local musicians, will play (and sing) French music on a French organ with French delicacies served following the concert. A free-will offering (\$20 recommended donation) will be received in support of chapter programming.



Lake Superior Sunday

Sunday, July 19, 9:45 am

**St. Andrew's by the Lake Episcopal
Church, 2802 Minnesota Ave, Duluth**

We will once again celebrate Lake Superior Sunday together with St. Andrew's by the Lake! Our preacher will be Mary Dragich. Join us for beach church, a relaxed Eucharist on the shores of the Greatest of the Lakes. Bring a chair or blanket to sit on. Note, we will start the service at 9:45 am, which is St. Andrew's typical start time. (This allows us to time our arrival with the bridge). **Carpooling from St. Paul's is encouraged.** Since the beach is not accessible for folks with limited mobility, our 8:00 am service will be held at St. Paul's for anyone who cannot join us. If it rains, or conditions do not allow for beach church, we will worship in St. Andrew's sanctuary.



St. Paul's Episcopal Clergy and Staff

Phone: 218-724-3535

Clergy

The Rev. Maggie Nancarrow, Rector

rector@stpaulsduluth.org

The Rev. Deacon Patricia Benson (*on sabbatical until 8/9/26*)

deacon@stpaulsduluth.org

Parish Staff

Rita Rosenberger, Parish Administrator

office@stpaulsduluth.org

Sophie Gray, Faith Formation Coordinator

kids@stpaulsduluth.org

Tom Hamilton, Minister of Music (*on sabbatical until 8/18/26*)

music@stpaulsduluth.org

Christine Melone, Bookkeeper

bookkeeper@stpaulsduluth.org

Bill Stapp, Sexton

bill.stapp@gmail.com

Electronic Giving

You may donate checks or cash in the alms basins during the Offertory. If you prefer to donate to St. Paul's electronically, you may use this QR code to easily access our website donation page. **Thank you for your generosity.**



Serving Today

Presider:	The Rev. Maggie Nancarrow
Preacher:	Mary Dragich
Vergers:	Kathleen Smith
Altar Guild:	Diane Kolquist, Susan Anderson, Sue Sommer, Tamara Jansen
Lector:	Kathleen Smith
Prayer Leader:	John Groth
Music:	Charles Sundquist, organist
Lay Eucharistic Ministers (Chalice):	Matt Gustafson, Kathleen Smith
Acolyte:	Matilda Spehar
Livestream:	Nate French
Ushers:	Mark & Sue Brown, Diane Kolquist, Bob Silverness
Coffee Hosts:	Matt & Michelle Gustafson
Lock-Up:	Bill Stapp