



The Episcopal Parish of St. Paul
Duluth, Minnesota

Twelfth Sunday after Pentecost

Holy Eucharist

August 16, 2026

10:00 am

*After this service, please join us for Coffee Hour in the Parish Hall.
All ages welcome.*

Welcome to St. Paul's Episcopal Church

I'm New

Welcome! If you would like to stay in touch, please fill out a visitor card in the pew and place it in the offering plate after the announcements.

About Our Worship Today

Worship in the Episcopal Church is participatory and embodied. We stand and kneel, make the sign of the cross at times, sing and breathe together, and walk forward for communion each week. You are welcome to participate at your own comfort level. You will likely see people engaging differently at different times. One of the gifts of the Episcopal tradition is that there are a variety of 'right' ways to participate.

Restrooms

Exit at the side door at the front of the church and go down the hall. They are the first and second doors on the left side of the hallway.

What do I do?

This service booklet will give you the words you need and instructions. The words in **bold** print are said by everyone. Hymns can be found either in this booklet or in the blue or green hymnals in your pew.

May I have communion?

Yes. All may come forward to receive communion (or the Eucharist.) No one is required to receive. We are serving both bread and wine. You may choose to receive at your own comfort level, both bread and wine or just bread. You may also come forward with your arms crossed over your chest for a blessing, or you may choose not to come forward at all. Children may receive at any age.

Worshipping with Kids

Joyful noise is most welcome here. Many families find that sitting close to the front helps children to see and engage better with the service. There is an unstaffed nursery located down the hall. We also have a rocking chair in the back of church for parents with infants.

About St. Paul's

We are a community dedicated to following the Way of Love as shown to us by the life, death, and resurrection of Jesus of Nazareth. Together, we practice curiosity, awe, and community to love God, love our neighbors, and love ourselves.

The Liturgical Season

In the Episcopal Church, we follow a circular calendar with special seasons. We are currently in the season following Pentecost, also called Ordinary Time. This season is observed with green to symbolize the growing, abundant earth. Half of the Christian year is this season after Pentecost, which is a season where we translate the Good News for new times and places.

Weekly Service Schedule

Sundays

8:00 am

(no 8 am services in August)

Rite I

10:00 am

Rite II

Stay in Touch

You can find email addresses for our parish leaders on the back of this bulletin. Please don't hesitate to reach out if you'd like more information.

Processional Hymn #493 — *O for a Thousand Tongues to Sing*

Opening Acclamation

Blessed be the one, holy, and Living God.

And blessed be God's kingdom, now and forever. Amen.

Opening Collect

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name, through Jesus Christ our Lord. **Amen.**

Gloria

S 280

Glo - ry to God in the high - est, and
peace to his peo-ple on earth. Lord God, heav'n-ly King, al -
might-y God and Fa - ther, we wor-ship you, we give you thanks, we
praise you for your glo - ry. Lord Je - sus Christ, on - ly Son of the
Fa - ther, Lord God, Lamb of God, you take a-way the
sin of the world: have mer - cy on us; you are seat-ed at the
right hand of the Fa-ther: re - ceive our prayer. For
you a-lone are the Ho-ly One, you a-lone are the Lord, you a-
lone are the Most High, Je-sus Christ, with the Ho-ly Spir-it, in the
glo - ry of God the Fa - ther. A - men.

The Collect of the Day

The Lord be with you.

And also with you.

Let us pray. Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

First Reading

Genesis 45:1-15

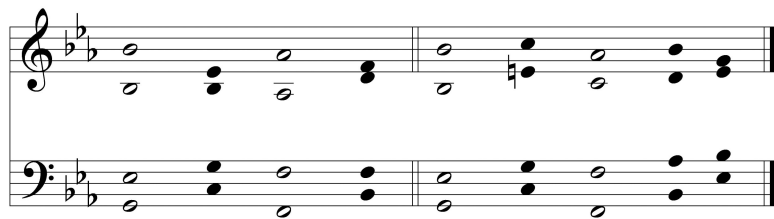
Joseph could no longer control himself before all those who stood by him, and he cried out, "Send everyone away from me." So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.' And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here." Then he fell upon his brother Benjamin's neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

The Word of the Lord.

Thanks be to God.

Psalm 133



Oh, how good and pleasant it **is**,
when people live together in **unity**!
It is like fine oil upon the **head**
that runs down upon the **beard**,
Upon the beard of **Aaron**,
and runs down upon the collar of his **robe**.
It is like the dew of **Hermon**
that falls upon the hills **of Zion**.
For there the Lord has ordained the **blessing**:
life forev-**ermore**.

Second Reading

Romans 11:1-2a, 29-32

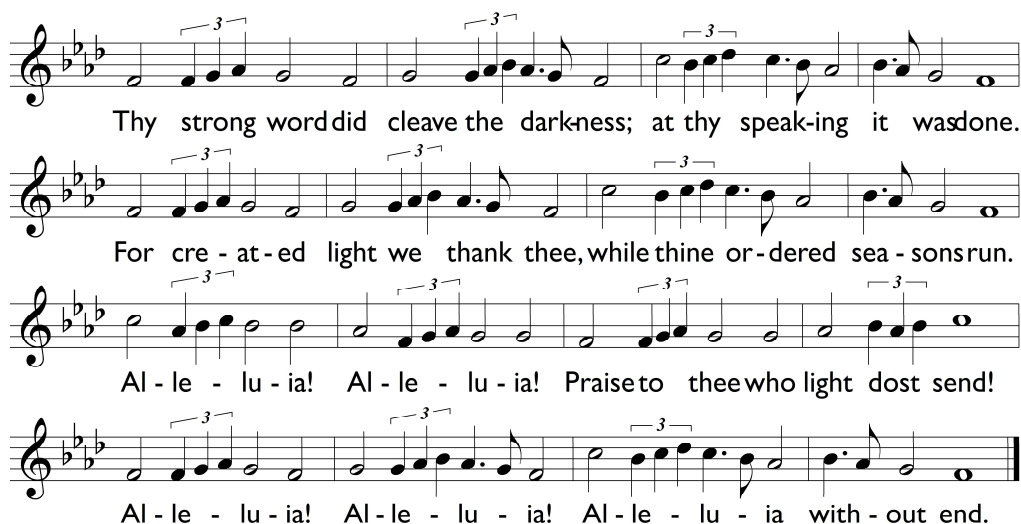
I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew.

For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

The Word of the Lord.
Thanks be to God.

Gospel Acclamation

Please stand and face the procession as it moves to the center of the church for the reading of the Gospel.



The Holy Gospel of Our Lord Jesus Christ according to Matthew.

Glory to you, Lord Christ.

Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile."

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

The Gospel of the Lord.

Praise to you, Lord Christ.

Sermon

The Rev. Sarah Hoch

The Nicene Creed

**We believe in one God,
the Father, the Almighty, maker of heaven and earth,
all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;**

he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Form IV, BCP p. 388-389

Deacon: Let us pray for the Church and for the world.

After each prayer, the leader says Lord in your mercy,
The People respond **Hear our prayer.**

The celebrant adds a concluding collect.

The Confession

Enriching Our Worship p. 56

Let us confess our sins to God.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The Absolution

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit, keep you in eternal life. **Amen.**

The Peace

The peace of Christ be always with you.
And also with you.

Please greet one another with a sign of God's peace.

Announcements

Those who are celebrating a birthday or anniversary will be invited forward after the announcements.

Birthday and Anniversary Prayer

**Dear Father, we thank thee that all the year through
Thy goodness has blest them with gifts ever new.
And, oh, wilt thou grant them a happy new year,
Dear Father, we pray thee, be thou ever near. Amen.**

Walk in love, as Christ loved us, and gave himself for us, an offering and sacrifice to God.

Offering

I Call to You, Lord Jesus Christ, BWV 639

J. S. Bach

Offertory

**Praise God, from whom all blessings flow:
Praise him, all creatures here below;
Praise him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.**

The Great Thanksgiving

Canadian Supplementary Eucharistic Prayer 2

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Eternal God, Source of all being,

we give you thanks and praise

for your faithful love.

You call us into friendship

with you and one another

to be your holy people,

a sign of your presence in the world.

When those we trust betray us,

unfailing you remain with us.

When we injure others,

you confront us in your love

and call us to the paths of righteousness.

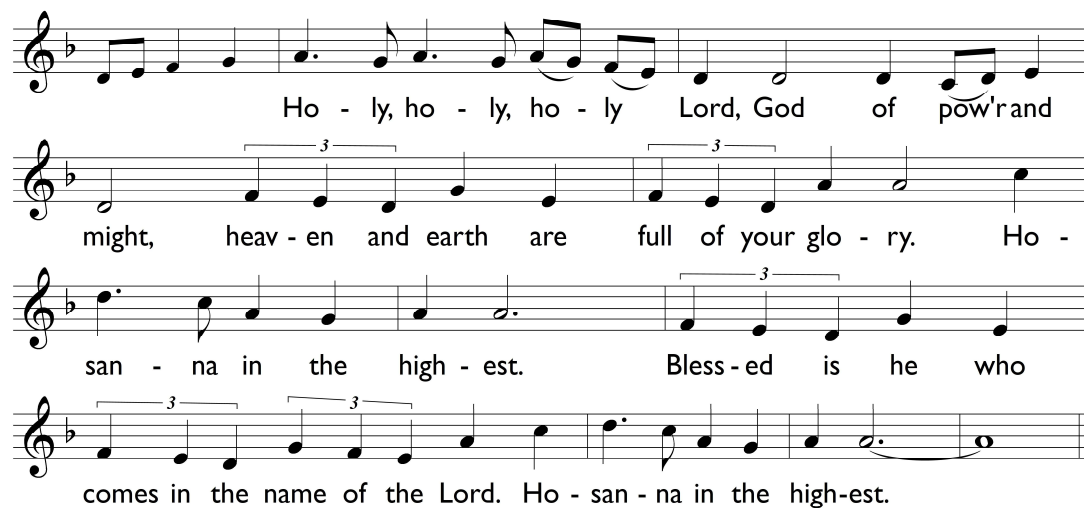
You stand with the weak,

and those, broken and alone,

whom you have always welcomed home,

making the first last, and the last first.

Therefore we raise our voices with angels and archangels, forever praising you and singing:



Blessed are you, O Holy One:
when Hagar was driven into the wilderness
you followed her and gave her hope.
When Joseph was sold into bondage,
you turned malice to your people's good.
When you called Israel out of slavery,
you brought them through the wilderness
into the promised land.
When your people were taken into exile
you wept with them by the river of Babylon
and carried them home.

At the right time you sent your Anointed One
to stand with the poor, the outcast, and the oppressed.
Jesus touched lepers, and the sick, and healed them.
He knew the desolation of the cross
and opened the way for all humanity
into the redemption of your reconciling love.

On the night he was betrayed,
Jesus, at supper with his friends,
took bread, gave you thanks, broke the bread,
gave it to them, and said, "Take and eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine,
and when he had given thanks,
he gave it to them, and said,
"Drink this, all of you:
this is my blood of the new covenant
which is shed for you and for all
for the forgiveness of sins.

Whenever you drink it,
do this for the remembrance of me.”

Loving and Holy One,
recalling Christ’s death and resurrection,
we offer you these gifts,
longing for the bread of tomorrow
and the wine of the age to come.

Therefore we proclaim our hope:

**Dying you destroyed our death,
rising you restored our life.
Lord Jesus, come in glory.**

Pour out your Spirit on these gifts
that through them you may sustain us
in our hunger for your peace.
We hold before you
all whose lives are marked by suffering,
our sisters and brothers.
When we are broken and cast aside,
embrace us in your love.

Through Christ, with Christ, and in Christ
in the unity of the Holy Spirit,
all honor and glory are yours,
O Source of all life,
now and forever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

The Breaking of the Bread and the Fraction Anthem



Invitation to Communion

*Because we believe that we gather around the Lord's table,
all are welcome and encouraged to receive communion.
Gluten-free hosts are available; please request this if needed.*

Communion Music #470 — *There's a Wideness in God's Mercy*

Sending (Used when Lay Eucharistic Visitors are sent to bring communion to those unable to be with us.)

[Name], in the name of this congregation, I send you forth bearing these holy gifts, that [Name], to whom you go, may share with us in the communion of Christ's body and blood.

We who are many are one Body because we share one bread, one cup.

Post-Communion Prayer

Enriching Our Worship, p. 70

Let us pray.

Loving God,

we give you thanks

for restoring us in your image

and nourishing us with spiritual food

in the Sacrament of Christ's Body and Blood.

Now send us forth

a people, forgiven, healed, renewed;

that we may proclaim your love to the world

and continue in the risen life of Christ our Savior. Amen.

Blessing

Recessional Hymn # 540 — *Jesus Shall Reign*

Dismissal

Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia. Alleluia.

Thanks be to God. Alleluia. Alleluia.

Postlude

Love Divine, All Loves Excelling

Ralph Vaughan Williams

Prayers at St. Paul's

PRAY for The Church in Wales.

For the month of August, please pray for all hospital chaplaincies, counseling chaplaincies and Spiritual Directors throughout ECMN. Pray for faith community nurses, health ministers and all those who minister to the sick.

For those who suffer and those in any trouble:

Rick L	Tom M	Eddy M	Baby Jack & Family	Lynn K
Virginia M	Ann Marie	Natalie S	Jenni & Family	Kate B
Pat K	Charles B	Becca T	Jasmine & Family	April C
Callum	Bjørn G	Paul	Keith B	Amber S
Jon G	David B	Ann-Sofie	Kevin M	Gerri W
Stuart B	Tom P	Lucy J	Dan D	Ray A
John D	Gary B	Kirsti J	Wendy R	Bonnie E
John B	Sally R	Anita R	John S	LeeAnn R
JoEllen S	Susan F	Sue M	Tere Y	
		Annie H	Doug E	

For those serving in the armed forces:

Lucy Fellman, Charles Lewis, Ricky Lyle and Nora Maddy

For those who are in seminary or in discernment.

And for those who are in long-term care facilities or are homebound:

Mary Carlson, Helen Gruba, Steve Hennessy, Maureen Matheson, Stephen & Mary Olmsted

For those who have died.

The flowers on the altar are given to the glory of God in memory of:

- Dan & Mary Levenduski
- Norman & Mary Bourestom; Norman Bourestom, Jr.; John Killen



ANNOUNCEMENTS

Welcome the Rev. Sarah Hoch

Today we welcome the Rev. Sarah Hoch to St. Paul's to preach and preside while Maggie is on vacation. Sarah manages the Holy Orders process for ECMN and supports individuals who are in formation. She was ordained a priest in Minneapolis in 2023.

Sock It To Me (for Chum)

The Chum Outreach Team is in desperate need of new socks, all sizes. Melanie Spencer has volunteered to lead a Sock Drive here at St. Paul's for them. There is a basket in the foyer area outside of the sanctuary where you may bring new socks to donate to Chum. She will take all the socks to



Chum on August 31 (that gives us three Sundays to donate). Please be generous.

Become an Acolyte

St. Paul's is looking for tweens and teens (ages 11-18) interested in becoming church acolytes. Being an acolyte is a great way to serve your church and an opportunity to make new friends! Please consider this, discuss it with your parents, and contact Holly Hansen by September 15 to sign up or ask questions. Phone: 218-310-1674; email: hlhansen13@gmail.com



REMINDER - St. Paul's has excellent scholarship opportunities for teens who are involved in the life of the parish! The easiest way to get involved is to serve as an acolyte.

Messenger Deadline

Thursday, August 20, 8:00 am

If you have an item to submit for the September issue of the Messenger, please email it to office@stpaulsduluth.org by August 20. Thanks!

Help Mail the Messenger

Thursday, August 27, 1:00 pm

Pop by the Parish Hall to fold, tab, and address the

newsletters. It's a quick and fun hour to serve and socialize at church.

Landscape St. Paul's

Thursday, September 3, 4:30-6:30 pm

St. Paul's annual Landscape Maintenance Work Day will be Thursday, September 3, (rain date = September 8). Join us any time 4:30 - 6:30 pm. Projects include planting a few hostas and a tree, hauling and placing mulch and installing deer fences. Bring garden gloves; optional: shovels, pitchfork, wheelbarrow. Contact Carol Andrews (218-390-8981) or Kathy Marinac (218-341-8448) for more information.

Celebrate Pride Sunday

Sunday, September 6

The Duluth-Superior Pride celebration takes place on Labor Day Weekend. This year, we join with Peace UCC, the UUs of Duluth, and Pilgrim Congregational for a joint worship service at St. Paul's. We hope to share the rich tradition of the Episcopal Church with all who are longing for a liturgical church that truly welcomes and affirms LGBTQIA+ folks. Help us spread the word and celebrate Pride on Sunday, September 6. We will use special texts for the occasion at 10 am and have a 'regular' Rite I service at 8 am with the texts appointed for the day.

Rally Day

Sunday, September 13

Rally Day will be held on Sunday, September 13. There will be a picnic and play space for the kids. Mark your calendars!

Do You Want to Be Baptized?

September 13 and November 1

St. Paul's has two baptism dates coming up this fall: Sunday, September 13 (Rally Day) and Sunday, November 1 (All Saints Sunday). If you are



seeking baptism for your child(ren), please reach out to the Parish Office to begin the process. There will be a preparation class for parents and elementary-aged candidates on August 30 and October 25 at 11:30 am. Parents of infants will make separate arrangements for time with the Rector in advance of the baptism. Adults seeking baptism are invited pursue a course of study over the fall and winter, culminating in baptism at the Easter Vigil on March 27, 2027. Adults interested in baptism should reach out to the parish office in the early fall to begin the process.

St. Paul's Episcopal Clergy and Staff

Phone: 218-724-3535

Clergy

The Rev. Maggie Nancarrow, Rector

The Rev. Deacon Patricia Benson

rector@stpaulsduluth.org

deacon@stpaulsduluth.org

Parish Staff

Rita Rosenberger, Parish Administrator

Sophie Gray, Faith Formation Coordinator

Thomas Hamilton, DMA, Minister of Music (*sabbatical until 8/18/26*)

Christine Melone, Bookkeeper

office@stpaulsduluth.org

kids@stpaulsduluth.org

music@stpaulsduluth.org

bookkeeper@stpaulsduluth.org

Electronic Giving

You may donate checks or cash in the alms basins during the Offertory. If you prefer to donate to St. Paul's electronically, you may use this QR code to easily access our website donation page. **Thank you for your generosity.**



Serving This Sunday

Presider

Deacon

Verger

Altar Guild

Lector

Prayer Leader

Lay Eucharistic Ministers (Chalice)

Acolyte

Music

Livestream

Ushers

Coffee Hosts

Lock Up

The Rev. Sarah Hoch

The Rev. Deacon Patricia Benson

Kathleen Smith

Carrie Miller, Lynnea Hultkrantz, Laurie Kania

Nancy Diener

Holly Hansen

Susan M. Anderson, Sue Sommer

Sig Peterson

Rev. Dr. David Tryggstad

Jay Austin

Nancy Schuldt, Jason Wall, Rae Finkel

Sue & Mark Brown

Sophie Gray