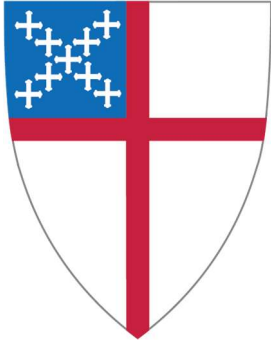


ST. PAUL'S EPISCOPAL CHURCH, DULUTH, MN



THE MESSENGER

OCTOBER, 2026

"Give us today our daily bread."



Dear Friends of St. Paul's,

I can't help but notice as we enter our fall season that I am hearing a lot about emotional, intellectual, and spiritual exhaustion. It seems to be that a lot of folks are either feeling overwhelmed, trying to help loved ones who are at a tipping point, or facing insurmountable challenges that

have taken over executive function capacity. More often than not, I hear folks say that they are feeling either outright burnt out or vaguely "not on top of things" in a way that doesn't make any sense.

If this is you, know that you aren't alone. It is definitely an experience that is shared and in the air, no matter what your workplace, your age, or your life stage. There is a lot more overwhelm out there right now than not-overwhelm.

This month, a particular line of the Lord's Prayer has meant a lot to me. Give us today our daily bread. On September 20, we heard two scripture stories about daily bread. God provides manna to the Israelites as they wander in the wilderness—but no more than their daily needs. Enough but not extra. Jesus tells a parable about a landowner who pays every one of his workers the whole

day's wage, even if they only worked for one hour: enough for today, for daily bread. While the parable has many meanings, I can't help but hear a gentle promise: God sees what you can do, and whatever that is, it is enough for today. It is daily bread, and sometimes that is enough.

Having gone to a Methodist university, I frequently hear John Wesley's famous words ringing in my head: Do all the good you can, by all the means you can, In all the ways you can... and so on. Many churches approach their ministry in this way, and for good reason. We have short lives and only a short time to do good with them. And, sometimes measuring ourselves against how much hard work we can do ends up exhausting us: God provides in the wilderness. God doesn't measure us by how hard we work. Frequently, "Doing all that you can" is actually just collecting the manna that God provides—just being attuned to what is enough for today.

So that is my invitation to you this October—noticing what is enough for today and collecting that manna that God is offering you.

Peace,

Maggie

¹ Though this quote is famously attributed to Wesley, it's impossible to find it in his own writings. Nevertheless, it was written in stone around his statue in the quad at Hamline University, so it remains an essential value statement.

Coming Together to Build Community:

Preparing for the 2027 Annual Giving Campaign



As autumn settles in, we are excited to announce the dates for our 2027 Annual Giving Campaign, which will kick off on Sunday, October 11, and conclude on Ingathering Sunday, November 8.

This year we are setting a necessary goal to exceed \$400,000 in annual stewardship for the first time in St. Paul's history. We understand everyone's expenses are increasing and equally so are St. Paul's. Achieving this goal will continue to allow us to come together, maintain our church, and further build community. This financial milestone is about the tangible work we can only do together. Reaching this goal will allow us to fund our Children and Youth Ministry more robustly by investing in our youngest members through enhanced staff development

hours, new curriculum, and refurbished third-floor youth spaces. Additionally, reaching this target will move us closer to a fully balanced operating budget and help us build a future with a solid financial footing.

To reach this historic milestone, we need maximum participation. While our recent Capital Campaign secured needed improvements to our historic stone structure, our annual operating income is what sustains our daily, living ministries.

What does it take to cross \$400,000? It takes every one of us to consider how we can become sustaining givers. For some, that might mean stepping into a foundational pledge of just \$1 a day or stretching to \$50 a month. For others, it might mean prayerfully considering a step up from your previous annual giving. Whether you are considering a baseline commitment or stretching your previous gifts, this essential work takes the whole community to fund.

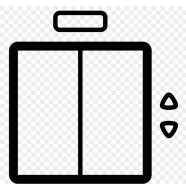
In the coming weeks, we will move away from traditional campaign appeals and invite you into hands-on experiences, like exploring the exact spaces on the third floor that your gifts will transform. We will highlight the profound, direct impact your sustaining generosity has not only on faith development here at St. Paul's, but across the broader Duluth community.

Watch your mailbox in mid-October for your campaign materials, including your 2027 stewardship card. We invite you to prayerfully consider your commitment and bring your completed card with you to return on Ingathering Sunday, November 8.

We look forward to embarking on this meaningful journey with all of you!

Chris Meeham, Eric Jundt, Diane Morin, and Diane Kolquist
2027 Annual Giving Co-Chairs

Elevator Construction Scheduled



The work on the church elevator is scheduled to begin on Tuesday, September 29, and is expected to take approximately three weeks.

Please note that the elevator will be out of service during construction. We hope the modernized elevator will be back in service by Monday, October 19.

From Deacon Pat



Who are you following? Everybody is following somebody. Most of us have “favorites”, from sports and teams, artists and musicians, performers and actors, authors and teachers, political parties and cultural ideologies. Who do you follow?

We are all disciples. The question isn't, “Are you a disciple?” but rather “Who or what are you a disciple of?” Sometimes we intentionally choose a favorite, but most often we slip into habits of following based on what we are exposed to, without really thinking about it much.

Following takes up our time and we pay attention to available information. Where we spend our time becomes a habit, and habits develop our lifestyle.

As a follower of Jesus, consider the habits that form disciples: being with Jesus, becoming like him and doing as he did. Consider how we spend our time and the habits we've developed. How do people know what your favorites are? Does your clothing shout your allegiance? Or the settings on your car radio? Or the activities you engage in? From these things I can tell a lot about you. Can I tell you think following Jesus is central to your life?

Practicing the Way is a course primer designed to get

you started on the journey of spiritual formation, help you get unstuck if you've stalled out, or just guide you into taking your next step. We learn about spiritual disciplines that Christians have practiced for decades, sampling each and finding those that nurture us as unique individuals, but we practice them in the context of community. Our group develops community gathered around the table together, sharing food and drink for our bodies while getting to know each other and finding support and nourishment for our ongoing transformation into people of love.

The course primer (eight weeks) will meet on Thursdays at 10:00 am beginning October 1, with breaks for ECMN Convention and Thanksgiving, ending on December 3.

The library we call “the Bible” can connect us to God and change who we are, but distraction, hurry, and confusion can hinder our experience with these ancient texts. Rediscover how to engage Scripture as an apprentice of Jesus and how to read it with a heart posture attuned to his presence. In late October we'll begin a 4-week series teaching Scripture as Spiritual Practice.

Contact Deacon Pat if you are interested in experiencing this journey in a small group community. It's a great way to grow personally and as companions on the journey! deacon@stpaulsduluth.org

Blessings,
Deacon Pat

Harvest Potluck and Wild Rice Talk

WILD RICE

Zizania palustris



Wednesday, September 30 at 6:00 pm

September has five Wednesdays, which means we have a special Wednesday evening gathering. The meal will be a themed potluck, featuring whatever local harvest you have from your garden, CSA, favorite coop, or however you interpret "Harvest." The meal will start at 6 pm. **Nancy Schuldtt** will give a talk about wild rice, and her work to restore local ricing habitat.

No RSVP is needed.

From Your Senior Warden



Welcome to fall the season of colorful forests, frosty mornings, hot cider, and bountiful produce.

Major Capital Projects Update: The heating system modernization project by Jamar Company is scheduled

to be completed by October 1, just in time for the heating season. The elevator renovation project by Larson Elevator Company will commence September 28, requiring about three weeks of work.

Your Vestry has been busy discerning how to move forward with the other two major capital projects. These projects include re-tuckpointing/masonry restoration of the most significantly damaged areas of the church exterior building and restoration of the Moller organ. Over the next several months the Vestry, with the help of the Property Committee and Finance Committee, will determine how much to spend on these two high-priority projects. A decision regarding

the masonry restoration may be made by November-December so a contract can be executed then allowing work to be done spring-summer 2027.

Property Committee: The Property Committee, led by Mike Maddy, has been very active with various maintenance projects and providing oversight of several major capital projects: those completed, underway, and in planning phases. This committee has received from Jamar Company a detailed study of the building's roof, gutters, flashing, and downspouts. Using drone cameras and direct visual inspection several serious defects have been revealed that will require repairs soon. Over the next month the Property Committee along with the Finance Committee and Vestry will decide what needs immediate repair, what can be deferred, and how to finance them.

Respectfully submitted,

Thomas Elliott
Senior Warden

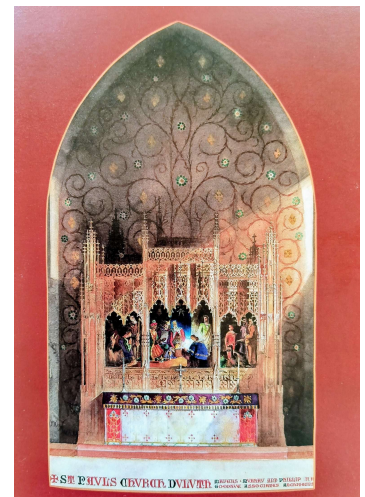
Outreach Team Updates

Grants:

The Outreach Committee welcomes proposals for grants to local organizations that help people in need. To obtain the proposal form and receive more information, contact Zabelle Stodola at kzstodola@ualr.edu

Fundraising:

- The Outreach Committee is sponsoring the first-ever St. Paul's Arts and Crafts Fair on Saturday, November 21, 2026, from 10 am to 3 pm. Families and friends from St. Paul's who are artisans and crafters are invited to obtain more information about participating from Sue Brown, spb55803@gmail.com, or Mike Maddy, maddad55@gmail.com. The crafters' modest exhibit fee will boost funds that the Outreach Committee distributes during the holiday season.
- The Outreach Committee is selling packs of ten beautiful holiday cards for \$20 showing a nativity scene that architects in 1918 originally proposed as a backdrop to the altar (a slightly different image was eventually chosen which is in the church today). Contact Zabelle to see and buy the cards, kzstodola@ualr.edu. Proceeds from card sales will help the Outreach Committee distribute more support during the upcoming holiday season.



Respectfully submitted,

Zabelle Stodola

Lost Treasures from the Archives

In honor of St. Luke's Feast Day and the anniversary of the founding of St. Luke's Hospital (October 18) please enjoy these clips from Duluth Newspapers.

August 28, 1905

MISS LYDIA BROWN NAMED FOR PLACE

**Succeeds Miss M. G. Thornton
as Superintendent of St.
Luke's Hospital.**

Miss M. G. Thornton has resigned her position as superintendent of St. Luke's hospital to take effect Oct. 1, when Miss Lydia Brown of Chauncey, N. Y., who was yesterday appointed to fill the vacancy, will assume charge. In accepting Miss Thornton's resignation the board adopted a minute of appreciation of the long and able service of the retiring superintendent.

For more than five years Miss Thornton has had general supervision of the hospital, particularly of the instruction of the nurses. She has also had the sole management of the domestic affairs and finances of the institution. Notwithstanding her arduous duties she has made many friends in Duluth, who will miss her when she goes to her home in St. Thomas, Ont., at the close of the term.

Miss Brown, the incoming superintendent, is a graduate of St. Luke's hospital, New York City, where she was for a time in charge of the operating room and later directress of its female ward. She has considerable experience in private nursing and has been for some time superintendent of the Children's village at Chauncey, N. Y. The board is well pleased with its selection in Miss Brown.

June 4, 1896

ENTER LIFE'S WORK

**Six Young Ladies are Gradu-
ated as Nurses From St.
Luke's Hospital.**

CEREMONIES VERY IMPRESSIVE

**After the Exercises the Graduates
Were Tendered a Reception By
Mrs. Wm. R. Stone.**

St. Paul's Episcopal church was handsomely decorated last evening in honor of the graduation exercises of the senior class from the St. Luke's training school for nurses. The decorations consisted of ferns, palms and roses and a great variety of potted plants very tastefully arranged. At 8:15 o'clock the graduating class composed of the Misses Flora Nesselrood, Ethel Clark, Adele Earnst, May Buckingham, Amorita Heath, Margaret Powell, entered from the church parlors, followed by the choir and a company of former graduates of the training school. The class took seats near the chancel. Dr. Ryan, rector of St. Paul's, sat near the holy table. The exercises were of a very solemn and impressive nature. An address was made by Dr. H. Speier which was congratulatory and encouraging.

The graduating class was introduced to Dr. Ryan by Miss Taylor, superintendent of St. Luke's hospital, and the diplomas were distributed. Dr. Ryan's address was one of kindly advice and encouragement.

Reports of the hospital were read by Secretary Hubbard which showed that the institution is in a very flourishing condition.

After the graduation exercises the class was tendered a reception at the residence of Mrs. William R. Stone, 108 West Third street.

Practicing The Way of Jesus

Thursdays, October 1–December 3

This program focuses on training us to live as an apprentice of Jesus. It will be offered on Thursday mornings at 10 am in the Parish Hall with coffee and fellowship as we journey together following the Way of Jesus. There is no cost to you. Please email Deacon Pat at deacon@stpaulsduluth.org to sign up.

New This Year: The 4 to 6 from 4 pm to 6 pm

Monthly, 3rd Wednesdays: September 16, October 21, November 15, and December 16

Recognizing that grades 4, 5, and 6 are critical years for big questions about God and church, we're spending special attention on this crew this year. In addition to a new upper Godly Play class, these students will have a youth group opportunity once a month. "The 4 to 6" will meet on the 3rd Wednesdays, have about an hour of gathering time, and then join the 5:15 pm Eucharist. Parents are welcome to join the Eucharist with their kids and then stay for supper. The lead teachers are Maggie and Sophie.

Upper Youth Group: Grades 7 and Up from 6:30 to 8:00 pm

1st & 3rd Wednesdays: September 16, October 7 and 21, November 4 and 18, December 2 and 16

The upper youth group is geared for pre-Confirmation students but is open to those who have already been confirmed, as it is a new curriculum and a new focus. This bi-weekly group will go more in depth into the different units we are doing from *Follow Me*. The lead teachers in this group will be Maggie, Joann, and Brad.

Thank You for the Landscaping Help!

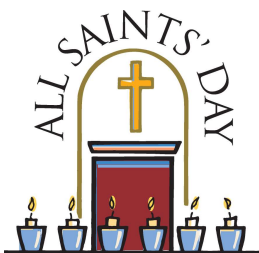
St. Paul's annual **Landscape Maintenance Workday** was held on Thursday, September 3. We thank Carol Andrews, Jay Austin, Sophie Gray (plus three friends she recruited), Kathy Marinac, Diane Morin, Kathleen Smith and Rob Thomas. The area where they hauled dirt and planted grass already looks much better!

Contact Carol Andrews (218-390-8981) if you would like to help in the future.

Feast of All Saints

Sunday, November 1

We remember all the blessed saints who have gone before us on All Saints Day, which will be solemnly celebrated at St. Paul's on Sunday, November 1. Please add the names of your loved ones who have passed away **since last November** to our clipboard list in the Sanctuary, or call Rita in the Parish Office. All the names will be read aloud at the 10 am service on All Saints' Day. We also have an enthusiastic group of elementary students getting baptized that day! It will be a wonderful service.



From Your Bookkeeper



Dear Parishioners,

Thank you all for your incredible generosity to St. Paul's Church! Your contributions allow St. Paul's to be a vital part of the community and keep our programming alive.

Continual Reminder: When making your contribution to either the Capital Campaign, Annual Pledge, or any specific project, please note on the memo line of your check to which of those Funds the contribution is to be credited. **When making Capital Campaign gifts through our online system, please make sure to select the "Capital Campaign" button to ensure that your contribution does not go to General Operating.**

August 2026 financials were presented to the Finance Committee and Vestry at their September meetings. Below is a summary of the August General Operating Fund results.

MONTHLY FIGURES: August	This Month	Year-to-Date
Total Pledges collected	\$21,429.81	\$260,527.80
Total non-pledged collection	\$2,941.90	\$29,978.39
Investment support	\$6,959.27	\$61,724.32
Total Income	\$31,330.98	\$352,230.51
Total Expenses	\$39,843.47	\$388,225.03
Amount over/(short)	(\$8,512.49)	(\$35,994.52)

Both pledge and non-pledge income were less than budgeted for the month and below budget year-to-date. St. Paul's continues to be very diligent about expenses, keeping them under budget for August, as well as year-to-date.

Building Our Legacy MONTHLY FIGURES: thru August	Start-to-date
Total Pledges collected	\$869,599.59
PIF Heritage account	\$5,862.53
Interest	\$10,900.99
Gain/loss sale of stock	-\$349.12
Total Income	\$886,013.99
Expenses:	
Campaign Expenses	\$64,216.81
Heating System Project	\$234,930.00
Elevator Deposit	\$72,652.80
Total Expenses	\$371,799.61
Amount over/(short)	\$514,214.38

Capital Campaign: As you may have noticed, the HVAC project is well underway! The elevator project is also in progress. These two projects are now being funded by our Capital Campaign donations.

If you have any questions, please call my office or email me at bookkeeper@stpaulsduluth.org.

Christine Melone,
Bookkeeper

Fall Bible Study

Fridays, 10 am, in October -- This Fall the Friday morning Bible Study will read and discuss the book of Revelation—come join us to experience the final book of the Bible with all its unexpected symbols (dragons and beasts!) and challenging visions (plagues and battles) There will be lots to talk about and consider as we encounter John's New Creation described about 100 years after Jesus died. Bring your Bible and join Reverends Marta Maddy and Barb Elliott for the discussions on Friday mornings, 10-11 am, beginning October 2.



Faith Formation



Happy Fall!

I am happy that the ball is officially rolling- quickly! Last night we hosted our first youth group sessions and Wednesday meal. It was great. My article is brief this month- most of what I have to report is already in circulation via weekly email

announcements, as well as in the bulletin. I want to

thank all the volunteers who have helped get new spaces ready for Godly Play on the third floor. Mike Maddy, Melanie Spencer, Sue Anderson, Jay Austin, Jordan Sundberg, Carol Faber, Rae Finkle, and Caitlin Gustafson. We are building something wonderful, and I'm excited to see how it takes shape. I also want to thank everyone who helped make Rally Day a success! See you in the pews! Peace to you.

Sophie Gray, Faith Formation Coordinator

New Acolyte Director

Jenny Keto has accepted the role of Acolyte Director



and will begin her duties in October. Jenny is an excellent addition to our Worship leadership team. Her two daughters currently serve as Acolytes, so she is familiar with the dedication our youth have to their Acolyte service. Jenny first attended St. Paul's when she was a student at UMD. Over the years,

she has served in a variety of roles including as a Children's Church leader, Kitchen Update Team member, and as part of the Stewardship Committee. She is looking forward to supporting our acolytes in this new role. A few fun facts about Jenny are that she has hiked the entire Superior Hiking Trail, enjoys gardening and one of her favorite foods is salt!

I would also like to give a huge Thank-You to **Holly Hansen** for picking up the Acolyte Director position in 2004. Her charismatic personality energized the program and helped us to grow our Acolyte ranks. Holly has been a wonderful guide and mentor to our youth. Holly planned fun gatherings for our Acolytes and helped them feel special. Please express your thanks to Holly next time you see her.



Respectfully submitted,
Kathleen Smith, Verger

The Philadelphia Eleven



Join your St. Paul's friends for a screening of the 2023 documentary film "The Philadelphia Eleven" at **Zinema** – 222 E. Superior St., Duluth.

The Philadelphia Eleven are the eleven women who were the first women ordained priests in the Episcopal Church on July 29, 1974, two years before General Convention affirmed and explicitly authorized the ordination of women to the priesthood.

In honor of this group of eleven brave women, we scheduled this film screening for **Wednesday, November 11!** Meet at Zinema at **6:30 pm**. Tickets will be sold only through St. Paul's Parish Office. Choose a price: \$11.11 to honor the group of eleven women; OR \$52.00 to honor the 52 years since their ordination!

Make check payable to St. Paul's, or use the website to pay electronically (choose Event Registration for the fund). Either way, please contact Rita in the Parish Office (218-724-3535) to reserve a spot!

"It took courage to follow a call to the priesthood when family, friends, church leaders, and neighbors said it was not possible for a woman to be a priest.

What gave these women the conviction to be who they were called to be despite it all? What does it take -- in the words of the Rev. Merrill Bittner -- to speak truth even as our "voices shake"?

We all may have a different way to understand and answer where our courage lies: in our community... through our vocations... and in solidarity."

-- Margo Guernsey, filmmaker

Respectfully submitted,

Rita Rosenberger, Parish Administrator



Staff Transition

Dear St. Paul's Parish,

As shared in the letter from Maggie, it is time for me to work towards retirement. My husband retired in April and our family is growing—these things pull me away from working life. I will remain on staff until a new team member is on board and trained.

I have truly loved serving on this parish staff. As some of you know, my family has long-standing ties to St. Paul's. After many years of deep involvement in an Episcopal parish in Illinois, joining the staff here felt like a natural next step. Your warm welcome has given me the opportunity to meet many parishioners, build new friendships, and renew old ones. I have also learned a

great deal through St. Paul's complex financial work. The staff of St. Paul's is a fantastic team of people, all dedicated to the life and ministries of this congregation. I am very grateful for having been given the opportunity to be a member of this team.

Once a new team member is hired, I hope to join in the volunteer ministries of St. Paul's and engage with parishioners in new ways.

Thank you for my time on this staff and your trust! I will miss working at St. Paul's but am looking forward to new adventures.

Sincerely,
Christine Melone

Help Clean the Sanctuary

This summer, St. Paul's was in the middle of "construction season." Work on the new heating system will be completed very soon. Now if any of you have done construction in your home, you are aware that dust is always involved. As our new program year begins, we will start like we do at home, cleaning. Write this date down: **Saturday, October 10**, from 10 am to 1 pm. We will have a cleaning get-together, gathering at 10 am to clean the Sanctuary. Everyone is encouraged to lend a hand to vacuum, dust and clean the wood. Feel free to bring your own gloves and supplies; but don't worry, I will also bring supplies. Bring the whole family to share in the joy of our beautiful church.

Peace be with you,

Lynnea Hultkrantz

Altar Guild Director

White Earth 2.0

Thursday, October 15 – Saturday, October 17

Parishioners from St. Paul's are invited on another visit to White Earth over MEA weekend. We will be visiting our sister church, St. Columba's, meeting community members, visiting Tribal Headquarters and the Treaty Museum, and having some fun in between. This is an all-ages trip. Please email Sophie (kids@stpaulsduluth.org) for more details!



Wednesday Night Meal Ministry

We are looking for volunteers to cook meals for Wednesday night formation gatherings at St. Paul's. We could always use more help, and if you are interested in getting involved, contact Sophie kids@stpaulsduluth.org

Jefferson Street Block Party

Saturday, October 10 from 2:00-5:00 pm

1600 block of Jefferson St

The block party is hosted by the Loaves & Fishes Community, and St. Paul's Outreach Committee is joining the fun at this potluck event, with live music, the slowest bicycle race, cider pressing, and more! Tom Diener is coming with an apple press he built (of course he did!), but we will need apples and clean plastic wide mouth bottles. Think Simply Juice large size for bottling the juice to share with our neighbors and take some home with you! Please contact Deacon Pat if you would like to join the party or have anything to contribute to the event! deacon@StPaulsDuluth.org

LAY MINISTRY SCHEDULE – OCTOBER 2026

Please find a sub if you are unavailable for your scheduled date.

This schedule is also found on our website: www.stpaulsduluth.org/connect/members

	October 4	October 11	October 18	October 25
ALTAR GUILD	K Leonard	C Conrad	C Miller	D Kolquist
	S Cox	A Sadowski	L Hultkrantz	S M Anderson
	M Malone	K Timmerman	L Kania	S Sommer
				T Jansen
LECTOR 8 am	A Mackenzie	F Witt	J Pastor	F Witt
LECTORS 10 am	M Spencer	N Constance	M Spencer	A H Peterson
	Z Stodola	N Diener	K Smith	M Gustafson
PRAYER LEADER	K Smith	J Groth	L Brunfelt	H Hansen
VERGER	K Smith	K Smith	K Smith	K Smith
LEM/CHALICE	K Smith	M Spencer	S Sommer	J Pastor
	S M Anderson	M Gustafson	S M Anderson	K Baumgarten
	Z Stodola	N Diener	Z Stodola	K Smith
NURSERY	Y Quinn-Sikorski	C Gustafson	Y Quinn-Sikorski	C Gustafson
ACOLYTES	C Gustafson (Head)	A Keto (Head)	J Shambour (Head)	E Erspamer (Head)
	R Wall	S Sundberg	T Halverson	S Peterson
	Q Wall	S Keto	M Spehar	R Quinn
LIVESTREAM	J Austin	D Barthel	C Meehan	N French
COFFEE HOST	H & J Schreck	S Anderson and N Constance	C Meehan & E Jundt	R & J Erspamer
USHERS	G Olson	N Schuldt	M Brown	D Morin
	M Gustafson	J Wall	S Brown	K Swanson
	P Waite	R Finkel	D Kolquist	J Sontag
	J Butcher	A Pettit	R Silverness	H Schreck
LOCK UP	M Brown	B Stapp	T Diener	J Austin

Altar Guild Duties for October:

Linens: K Leonard, S M Anderson

Bread-Baking: A Rouse

Stay up to date this Fall by signing up for the parish e-newsletter. Visit www.stpaulsduluth.org

Deadline to submit items for the November issue
of *The Messenger* is

8:00 am, Thursday, October 22, 2026.

Please email items to: office@stpaulsduluth.org

St. Paul's Episcopal Church
1710 E. Superior St.
Duluth, MN 55812

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Visit our website:
www.stpaulsduluth.org

Blessing of the Animals

Sunday, October 4, 10:00 am



Bring your pet (leashed or in crate) to sit in church with you!

Next Sunday, October 4, in honor of St. Francis of Assisi. Photos of pets, and stuffed animals, are also welcome. Each pet will receive a special blessing. Treats for people and their pets will be available at coffee hour.

For those of you with allergies, please be aware that there will be cats and dogs in church on October 4.